



4-H Capital Days Application

Name _____

Phone _____

Address _____

Age _____ Grade in School _____

Birth Date _____ Years in 4-H _____

As the applicant's parent/guardian, I support her/his desire to act as a 4-H delegate for this trip.

Signed: _____ Date: _____

Attach this form to your essay. The essay should be 200-300 words answering the question:

“If you had 5 minutes to talk to your State Senator or Assemblyman, what would you tell them about 4-H in Rensselaer County?”

Submit your application to

4-H Office (ATTN: Eileen DePaula)

CCE of Rensselaer County

99 Troy Road

Suite 203

East Greenbush, NY 12061