

## REASONS TO SHOP **ALL 11 Farmers Markets!**

- Kids ALWAYS Welcome!
- Get FREE Recipe Ideas & Tips
- Meet the Farmers (They love meeting you!)
- Support Our Local Economy
- Discover New Foods
- Enjoy the Seasons!
- Connect with Your Neighbors
- Special Events
- Enjoy Just-Picked Fruits & Vegetables...
- ...Plus Meat, Eggs, Dairy, Baked Goods, Syrup & More!

NEW! Select farmers markets are accepting FreshConnect Checks for Veterans and Families, contact us to learn more.

**Cornell Cooperative Extension Sullivan County** 

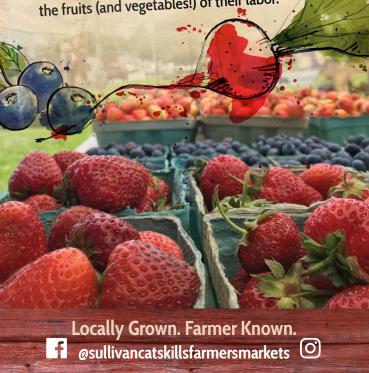




SullivanCatskillsFarmersMarkets.com

# GOOD FOR YOU. GOOD FOR FARMERS!

Dring the best to your table. Choose food that's Homegrown with Heart in the Sullivan Catskills. At each of the 11 Sullivan Catskills Farmers Markets listed, you can buy direct from local farmers and producers who love sharing the fruits (and vegetables!) of their labor.



#### 2025 MARKET SCHEDULE

**Barryville Farmers' Market** SATURDAYS / 10am-1pm May 17 - Oct. 25

United Methodist Church 3045 Scenic Route 97 · Barryville, NY barryvillefarmersmarket.org

FMNP FCC RX



#### Callicoon Farmers' Market

**OUTDOOR MARKET** SUNDAYS / 11am-2pm April - Nov. Callicoon Creek Park A. Dorrer Drive . Callicoon, NY

INDOOR MARKET SUNDAYS / 11am-2pm

Dec. - March

**Delaware Youth Center** 8 Creamery Road • Callicoon, NY callicoonfarmersmarket.org

FMNP SNAP FCC RX

## **leffersonville Farmers Market**

SATURDAYS / 11am-2pm May 25-Aug. 31

4906 NY-52 • Jeffersonville, NY Adjacent to the Jeffersonville Bake Shop jeffersonvilleny.com/farmers-market

Kauneonga Lake Farmers' Market

SATURDAYS / 11am-2pm

June 28-Sept. 6

3579 State Route 55 . Kauneonga Lake, NY kauneongalakefarmersmarket.org

FMNP FCC RX

#### **Liberty Farmers' Market**

FRIDAYS / 3pm-6pm June 27-Sept. 12

Creekside Park 119 North Main Street . Liberty, NY Operated by Catskill Mountainkeeper

catskillmountainkeeper.org FMNP SNAP FCC RX



**Livingston Manor Farmers' Market** SUNDAYS / 10am-1pm

May 25 - Oct. 12

62 Main St. . Livingston Manor, NY livingstonmanorny.com

**FMNP FCC** 

#### Narrowsburg Farmers' Market SATURDAYS / 10am-1pm

May 17 - Oct. 25

THANKSGIVING MARKET: Nov. 22 at 11am-1pm

7 Erie Avenue • Narrowsburg, NY Behind The Narrowsburg Union narrowsburgfarmersmarket.org

FMNP FCC RX

#### Sullivan Fresh Monticello Farmers Market THURSDAYS / 10am-1pm

June 26-Sept. 25

10 Jefferson Street • Monticello, NY Behind the Ted Stroebele Recreation Center Operated by Cornell Cooperative Extension Sullivan County

sullivanfreshmarkets.org FMNP SFMNP SNAP FCC RX

#### **Rock Hill Farmers' Market**

SATURDAYS / 10am-1pm

June 7-Sept. 27

Rock Hill Fire Dept. • 61 Glenwild Rd • Rock Hill, NY rockhillfarmersmarket.com

FMNP SNAP FCC RX

#### Roscoe Farmers' Market SUNDAYS / 10am-2pm May 18-Oct. 12

Niforatos Field • 1978 Old Route 17 • Roscoe, NY roscoeny.com

## **Wurtsboro Farmers' Market**

THURSDAYS / 4pm-7pm

June 12 - Aug. 28

Veterans' Park • 3rd St & Sullivan St • Wurtsboro, NY wurtsboro.org/farmers-market-info

FMNP FCC RX

#### YOUR CURRENCY BENEFITS ARE WELCOME!

Farmers Market Nutrition Program (WIC)

Supplemental Nutrition Assistance Program

Fresh Connect Checks

RX Fresh Rx





#### Sullivan Fresh Mobile Market

Runs Tuesday - Friday at different locations in Liberty, Woodridge, South Fallsburg, and Loch Sheldrake.

The mobile markets sells products from local farms, such as fruits, vegetables, meats, eggs and dairy.

You can also receive and redeem **Double Up Food Bucks** to match your SNAP/EBT dollars up to \$50 on purchases of fruit, vegetables and culinary herbs.

Operated by Cornell Cooperative Extension Sullivan County. Visit sullivanfreshmarkets.org for the complete schedule.



FMNP SNAP FCC RX



## Sullivan Fresh Wellness Program

Customers receive up to \$10 in **Sullivan Fresh Bucks** after attending a wellness program or recipe demo. Sullivan Fresh Bucks can be used for fruits, vegetables, dairy, meat, and eggs at a Sullivan Fresh Market.

Visit facebook.com/SullivanFresh to learn more.





### **Sullivan County Harvest Festivals**

Sullivan County offers a variety of festivals throughout the season.

Visit the Sullivan Catskills Visitors Association to learn more sullivancatskills.com.



Bethel Woods Harvest Festival SUNDAYS / 11am-4pm • Aug. 31-Sept. 8

Bethel Woods Center for the Arts 200 Hurd Rd • Bethel, NY bethelwoodscenter.org

## Stretch Your Food Dollars with the Different Currency Programs at Different County Farmers Market and Mobile Markets!

|  | What Food Can You Buy? |  | Value &  | Where Can I Get  | Farmers Markets  |
|--|------------------------|--|--|--|--|
| What is it?  | Fruits/Vegetables      | Other Food   | Expiration   | the Benefits?  | Accepting Benefits   |
| SNAP/EBT   |                        | Bread Seeds/Plants Meat that Produce Food Eggs Baked Goods for Cheese Milk Jams/Jellies Maple Syrup Honey Pickles Sauces/Soups | \$1 and \$5<br>Tokens<br>No Expiration Date  | Do you qualify for SNAP/EBT?  Exchange your SNAP/EBT benefits for tokens at the market with vendors  Dept. of Family Services 16 Community Lane, Liberty, NY 12754 845-292-0100  | Callicoon Liberty Rock Hill Sullivan Fresh Market at Monticello Sullivan Fresh Mobile Market Stops   |
| Fresh Connect  **20XX**  * |                        | Same as SNAP/EBT (above)   | \$2 Coupon for<br>every \$2 in<br>SNAP/EBT used.<br>\$50 per visit.<br>Expires:<br>November 30, 2025 | Farmers Market Market Manager  | Barryville Callicoon Kauneonga Lake Liberty Livingston Manor Rock Hill Narrowsburg Sullivan Fresh Market at Monticello Sullivan Fresh Mobile Market Stops Wurtsboro      |
| Double Up Food Bucks   |                        | Culinary Herbs   | \$1 SNAP/EBTmatch<br>for every \$1 spent.<br>\$50 per visit.<br>Expires:<br>November 30, 2025        | Farmers Market Market Manager  | Sullivan Fresh Mobile<br>Market Stops  |
| Farmers Market Nutrition Program (FMNP, WIC, and Seniors over 60 yrs.)   |                        | Culinary Herbs   | Five checks worth<br>\$5 each<br>Expires:<br>November 30, 2025                                       | Sun River Health 19 & 23 Lakewood Avenue, Monticello, NY 12701 845-791-3350 sunriver.org/social-support/programs/wic  Office for the Aging Sullivan County Government Building 100 North Street, Monticello, NY 12701 845-794-3000  Sullivan Fresh Market Manager 845-292-6180 sullivancce.org/agriculture/sullivan-fresh                          | Barryville Callicoon Jeffersonville Kauneonga Lake Liberty Livingston Manor Monticello Narrowsburg Rock Hill Sullivan Fresh Markets Wurtsboro                            |
| Fresh RX   |                        |  | \$40 recieved<br>per class<br>Expires:<br>November 30, 2025  | Wellness Class by Garnet Health or Cornell Cooperative Extension (CCE) Sullivan Find a list of participating farmers: sullivancce.org/food-nutrition/fresh-rx-program Contact Joy Leon jll362@cornell.edu or 845-292-6180 ext. 101  To learn more and enroll or the Garnet Health Diabetes Prevention Program: garnethealth.org/diabetesprevention | Barryville Callicoon Kauneonga Lake Liberty Mamakating Monticello Narrowsburg Rock Hill Sullivan Fresh Market at Monticello Sullivan Fresh Mobile Market Stops Wurtsboro |