



CAREERBOUND

Young Adult Employment Program

Work Hard, Save Smart: Summer Budgeting Tips

Summer is an established time of relaxation and fun. But, it can also be expensive for young adults who are just starting out. Budgeting is a great way to relieve the stress of summer expenses.

One way to do so is allocating money towards expected costs. Weighing **needs vs. wants** is an important aspect of budgeting. Minimize living expenses by turning off electricity when unnecessary. Purchase seasonal foods at low cost and take advantage of outdoor spaces.

Utilizing summer discounts can be another way to reduce costs. Never be afraid to ask vendors **“Do you offer a student or summer discount?”** These deals are put in place to be used.

Budget smart, save strong, enjoy the summer and your financial growth. CareerBound is invested in providing financial literacy skills to all program participants.



Interested in keeping in touch with CareerBound? Follow us on Facebook and Instagram @careerboundcce
Not enrolled in CareerBound yet? Reach out to Holly (607-760-2568)



To All Program Participants!

Are you looking for assistance with your job search?

Do you need help revamping your resume and cover letter?

While CareerBound has specific time slots set aside for job search, we are always happy to accommodate schedules.

To schedule a time to come in please contact Caroline at 607-760-1798 or email her at ckd43@cornell.edu



Where Are They Now?

Interested in Enrolling? Contact Holly @ (607) 760-2568



Christina is making strides toward her goals in the medical field. She is currently working at UHS as a Nurse Assistant and as a Clinical Assistant at Guthrie. **Christina** enjoys working alongside people of different healthcare specialties to learn how to provide the best standard of care to her patients. We are very proud of Christina's strong work ethic and love of the medical field.