## Cooking Matters In Your Community Cooking Demonstration 2025

## **Sullivan County**

**Tuesday, 5/20:** 1:00-2:30pm at CCE Sullivan (Teaching Kitchen)

**Sunday, 6/1:** 12:00-1:30pm at Callicoon Farmers Market

**Thursday, 7/3:** 3:00-4:30pm at Mamakating Library

Wednesday, 7/16: 11:00-12:30pm at Fallsburg Senior Center

**Tuesday, 7/22:** 11:00-12:30pm at Liberty Public Health

**Friday, 8/1:** 4:00-5:30pm at Liberty Farmers Market (LaPolt Park)

If you qualify, earn FreshRx bucks to spend at participating Farmers' Markets! For more information, call 845-292-6180 ext. 101 or email freshrx@cornell.edu

Register at

sullivancce.org/food-nutrition/rx-program



Fresh

Garnet Health

Cornell Cooperative Extension Sullivan County

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