



Recommended Native Plants for the Capital District, New York

Page 1

Master Gardener Volunteers ~ Schenectady County ~ New York

PERENNIALS

Latin Name	Common Name	Native to NY	Native to EcoRegion 591
<i>Achillea millefolium</i>	Common Yarrow	X	X
<i>Agastche scrophularlifolia</i>	Purple Giant Hyssop	X	x
<i>Anaphalis margaritacea</i>	Pearlyeverlasting	X	X
<i>Anemone canadensis</i>	Canada Anemone	X	X
<i>Antennaria neglecta</i>	Pussytoes	X	X
<i>Aquilegia canadensis</i>	Wild Columbine	X	X
<i>Asarum canadense</i>	Wild Ginger	X	X
<i>Asclepias incarnata</i>	Swamp Milkweed	X	X
<i>Asclepias syriaca</i>	Common Milkweed	X	X
<i>Asclepias tuberosa</i>	Butterfly Weed	X	X
<i>Baptisia tinctoria</i>	Wild Indigo	X	X
<i>Chelone glabra</i>	White Turtlehead	X	X
<i>Cirsium discolor</i>	Pasture Thistle	X	X
<i>Claytonia virginica</i>	Spring Beauty	X	X
<i>Coreopsis lanceolata</i>	Long-Stalked Tickseed	X	X
<i>Dicentra cucullaria</i>	Dutchman's breeches	X	X
<i>Doellingeria umbellata</i>	Tall Flat-Topped Aster	X	X
<i>Eupatorium perfoliatum</i>	Boneset	X	X
<i>Eurybia divaricata</i>	White Wood Aster	X	X
<i>Eurybia macrophylla</i>	Large-Leaved Aster	X	X
<i>Eutrochium fistulosum</i>	Hollow Joe Pye Weed	X	X
<i>Eutrochium maculatum</i>	Spotted Joe Pye Weed	X	X
<i>Geranium maculatum</i>	Wild Geranium	X	X
<i>Geum fragariodes</i>	Barren Strawberry	X	X
<i>Helenium autumnale</i>	Common Sneezeweed	X	X
<i>Helianthus divaricatus</i>	Woodland Sunflower	X	X
<i>Hepatica americana</i>	Round-lobed Hepatica	X	X
<i>Heuchera americana</i>	American Alumroot	X	X
<i>Houstonia caerulea</i>	Common Bluets	X	X
<i>Hydrophyllum virginianum</i>	Virginia Waterleaf	X	X
<i>Iris versicolor</i>	Blue Flag	X	X

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Latin Name	Common Name	Native to NY	Native to EcoRegion 59I
<i>Lespedeza capitata</i>	Round-Headed Bush Clover	X	X
<i>Lobelia cardinalis</i>	Cardinal Flower	X	X
<i>Lobelia siphilitica</i>	Great Blue Lobelia	X	X
<i>Maianthemum racemosum</i>	False Solomon's Seal	X	X
<i>Mimulus ringens</i>	Allegheny Monkey Flower	X	X
<i>Mitella diphylla</i>	Two-Leaved Mitrewort	X	X
<i>Monarda didyma</i>	Oswego Tea	X	X
<i>Monarda fistulosa</i>	Wild Bergamot	X	X
<i>Monarda punctata</i> var. <i>villicaulis</i>	Hairy Horse Mint	X	X
<i>Packera aurea</i>	Golden Ragwort	X	X
<i>Penstemon hirsutus</i>	Hairy Beardtongue	X	X
<i>Phlox divaricata</i>	Wild Blue Plox	X	X
<i>Podophyllum peltatum</i>	May Apple	X	X
<i>Polygonatum biflorum</i>	Solomon's Seal	X	X
<i>Pycnanthemum tenuifolium</i>	Narrow-Leaved Mountain Mint	X	X
<i>Rudbeckia hirta</i>	Black-Eyed Susan (not native,naturalized in NY)		
<i>Sanguinaria canadensis</i>	Bloodroot	X	X
<i>Senna hebecarpa</i>	Northern Wild Senna	X	X
<i>Solidago bicolor</i>	Silver Rod	X	X
<i>Solidago caesia</i>	Blue-stemmed Goldenrod	X	X
<i>Solidago flexicaulis</i>	Zigzag Goldenrod	X	X
<i>Solidago rigida</i>	Stiff Flat-Topped Goldenrod	X	
<i>Solidago rugosa</i>	Common Wrinkle-Leaved Goldenrod	X	X
<i>Symphyotrichum cordifolium</i>	Heart-Leaved Aster	X	X
<i>Symphyotrichum laeve</i>	Smooth Aster	X	X
<i>Symphyotrichum lateriflorum</i>	Calico Aster	X	X
<i>Symphyotrichum novae-angliae</i>	New England Aster	X	X
<i>Symphyotrichum prenanthoides</i>	Crooked-Stemmed Aster	X	X
<i>Symphyotrichum praealtum</i>	Willow-leaved Aster	X	X
<i>Thalictrum dioicum</i>	Early Meadow Rue	X	X
<i>Tiarella stolonifera</i>	Foamflower	X	X
<i>Uvularia grandiflora</i>	Large-Flowered Bellwort	X	
<i>Verbena hastata</i>	Blue Vervain	X	
<i>Vernonia noveboracensis</i>	New York Ironweed (Naturalized in NY)	X	
<i>Viola canadensis</i>	Canada Violet	X	
<i>Viola pubescens</i>	Downy Yellow Violet	X	X
<i>Viola sororia</i>	Common Blue Violet	X	X
<i>Zizia aurea</i>	Golden Alexanders	X	X