



NEW YORK STATE

4-H

NYS 4-H Universal Evaluation & Information Sheet - *Food and Nutrition*

Self-Reflection/4-H Story

Name _____

District/County WYOMING

Age _____ Year in Project _____ Section _____ Class _____

Exhibit Description _____

What new skills did you learn in creating this exhibit? Some of the most important lessons learned were:

List steps in making exhibit *or* attach the recipe. Some of the most important lessons learned were:

List the challenges that you faced and how you handled them:

What would you change about the exhibit?

Did you complete all criteria for this section and exhibit?

Evaluator Feedback - *Food and Nutrition*

Evaluator Initials _____

	Above Average	Average	Can Improve	Comments
Appearance	☐	☐	☐	
Recipe/product Information	☐	☐	☐	
Flavor	☐	☐	☐	
Container/Label	☐	☐	☐	
Design/Creativity	☐	☐	☐	
Developmentally Appropriate	☐	☐	☐	

Exhibits should NOT be evaluated against other exhibits. Evaluation is based on an individual's skills gained, including life skills, exhibit of mastery, personal and professional knowledge gained in relation to the exhibit being created.