

February 2024

»»» WAYNE COUNTY 4-H «««
Monthly Newsletter

CLOVER CHRONICLES



IN THIS MONTH'S EDITION

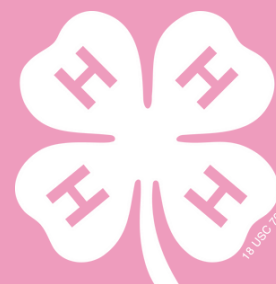
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HAVE A QUESTION? CONTACT US!

The Wayne County 4-H Team:

- Ryan Kincaid, 4-H Team Leader: rkk73@cornell.edu, ext. 114
- Amy Pelton, 4-H Educator: alp257@cornell.edu, ext. 113
- Melissa Spoon, Food & Fitness Educator: mss466@cornell.edu, ext. 108

CCE Office Number: (315)331-8415



WE LOVE OUR VOLUNTEERS!!

We like to take every opportunity we can to recognize and appreciate all of the time, effort, knowledge, and kindness our wonderful volunteers contribute to help Wayne County 4-H be a success.

We are excited to share that our very own 4-H volunteer

Kathy Eckert

has been named the CCE Volunteer of the Month for February!!!



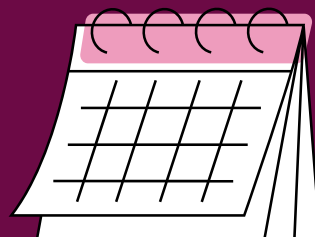
Kathy can often be found at the office - entering enrollments, filing, or attending an Advisory Committee meeting - or leading one of our long-running clubs, Spirits of Tomorrow, which began during the 1976-77 program year!

We are so grateful for you, Kathy!

Background Checks

If you have not yet completed a background check, you will be emailed soon. It will be coming from “First Choice Background Screening”. The link is only available for a few days, so please be sure to respond quickly. Thank you!

Join us!



Our next Advisory Committee Meeting will take place on Wednesday, March 6th at 6:15pm. We will have a “Club Leader Meet-Up” immediately following this meeting. This will be an opportunity for you to chat with other club leaders, brainstorm ideas, and see what resources we have available to borrow from CCE.

Volunteer Hours

We are going to try using [this spreadsheet](#) to track volunteer hours. Please add your name and the total number of hours you volunteer with Wayne County 4-H each month.

We recommend that you save the link for easy access.



DO YOU HAVE A 5-7 YEAR OLD WHO WOULD LIKE TO JOIN A CLUB?

Check Out Our New Cloverbud Club!

We are starting a Cloverbud Club for youths ages 5-7. This opportunity is especially geared for youths **not** already in another club so they can get the club experience. The club will meet once a month and will be led by Laura and Maeve. Sessions will generally take place on the weekend at CCE in Newark, and we are hoping for the same youths to attend each month. Each session will include such activities as: crafts, cooking/food prep, game, book, etc. The first three sessions are scheduled for:

Sun., 1/21 (1-2:30pm)

Sun., 2/18 (1-2:30pm)

Sat., 3/30 (10-11:30am)

There are limited spots available, so club membership will be on a first-come first served basis. If you would like to sign your 5-7 year old up for the Cloverbud Club, please email Ryan with the information below:

- Youth's Name
- Youth's Age
- Youth's Interests
- If the youth is available on the dates listed above





LOOKING FOR A COMMUNITY SERVICE OPPORTUNITY?

We are looking for youths/clubs to assist with the building of our new Learning Garden!! If you are available during February break and interested in helping out, please contact Melissa.



TEEN ACTIVITY NIGHT: UPDATE

We will not be having a Teen Activity session in February.

Our earring-making session has been rescheduled for
Wednesday, March 20th at 6:30pm.



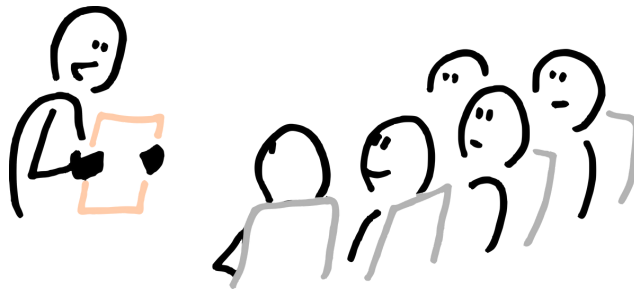
Thank you to everyone who joined
us for our painting session in January
- we had a fun evening!



PUBLIC PRESENTATIONS 2024

Related Dates:

- Saturday, February 10th from 10 to 11:30am ~ Practice Public Presentation Workshop
- Thursday, March 7th: 5-8pm, Friday, March 8th: 2-8pm, & Saturday, March 9th: 9am-6pm ~ Wayne County Public Presentations
- Saturday, April 20th ~ Finger Lakes District Public Presentations *(for youths selected to move on to this level)*



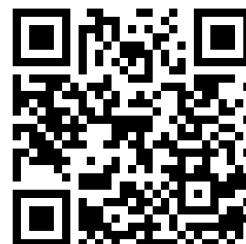
CALL FOR JUDGES



Each year, we hear from 4-H youths and families that the Public Presentations are one of the most valuable learning experiences 4-H has to offer. It helps prepare our young people to be confident, comfortable presenters which sets them up for success later in life. Are you interested in being an evaluator (or assisting in some other way)? If so, please scan the QR code to the left or reach out to Ryan for more information. Thank you in advance!

YOUTH REGISTRATION FORM

Click [here](#) or scan the QR code to the right to register a **Youth Presenter** for this year's event.



FAMILY COOKING CHALLENGE



Wayne County 4 – H Program



February Chopped Challenge *Inspired by the TV show "Chopped"*

A Chopped at home challenge is a fun way to use up random pantry ingredients and get your family involved in cooking! A Chopped Challenge is a competition made from the Food Network show, Chopped. In the show, professional chefs get a mystery basket filled with random foods. The challenge is to combine all the foods in the basket into a creative dish. You can do a Chopped challenge at home with your own set of foods! In the show, there is a panel of judges who judge them based on their level of creativity, how well the dish tastes, use of all the ingredients, and how well it's plated (does it look good or gross?).

Chopped Competition Style Challenge (Option 1)

To do a Chopped competition make 2 or more baskets with the same ingredients and have each person/team compete against each other. Teams compete for or share resources in the kitchen (like the oven). Each team is judged on the outcome of their dish and there will be winners and losers. This is a great option for bigger families (3+ people), people who love competition, or if you want to make your challenge as close to the real Food Network Chopped as possible.

Chopped Teamwork Style Challenge (Option 2)

In this option, there is just one basket and you work together to make the best meal possible. You can have a small team and a judge, or just the team. If you don't have a judge, then rate yourselves and discuss what worked and what didn't. The fun comes from collaborative creativity and trying something new! This is a great option for 2-3 people, or families who prefer a fun experience without clear winners and losers.

Steps for how to do a Chopped Challenge: (Skip steps 1-3 if you only have 1 team)

- 1. Choose the teams:** Divide your family into teams, plus a judge (optional). Each team can be an individual, a pair, or a small group. If you want an official judge, that person shouldn't be on any team. You could have the parents do the challenge while the kids judge, or have older kids do the competition while the adult's judge!
- 2. Agree on the rules:** Is this a cut-throat competition with a first come first served attitude, or a collaborative competition where everyone works together and shares resources? For example, there's only one oven, so communicate beforehand to decide what you'll do if both teams want to use the same equipment for their recipe. Does the first team to use it get it, forcing the second team to change their plans, or will you share it?
- 3. Set up workstation(s):** Set up a workstation for each team in your kitchen. Depending on your kitchen, you might have a separate counter space for each team, or one team at the counter, another at the table. If you have a super tiny kitchen, I'd opt for the teamwork style challenge.
- 4. Set up the basket(s):** Make a basket of mystery food for each team. The baskets should all have the same ingredients. If you only have one can of something, but more than one team, divide it between the teams.
- 5. Set the Timer:** Set a timer for however long you want the competition to last. Make sure you give yourselves at least 30 minutes, or more if cooking is required.





COOKING CHALLENGE, CONTINUED



6. **Start cooking:** Teams work together and plan for the ingredients. Gather other ingredients needed to complete the dish and get to cooking!
7. **Plating:** Before the timer ends, make sure to have time to plate your dish, make it look nice!
8. **Judging:** After the timer goes off, all teams must present their dish to the judge. The judge will taste and rate each dish based on the criteria below. If you're doing self-judging, you can formally rate your dish or just have a conversation about it with your teammates. What went well? What could we have done differently?

Judging Criteria: Use a scale between 1-5

If you choose to have judges, make sure to decide in advance what the judging criteria will be, so the teams can make sure they address all the scoring criteria! The judge should try to give praise to each team, not just the winning team. Even if one dish is a total fail, try to find something positive to say about their effort, creativity or something else. The point of the challenge should be about having fun and trying something new, not discouraging each other from ever cooking again!

Taste:

- 1 – totally disgusting. Even the dog won't like it!
- 5 – delicious! I'd order this in a restaurant!

Presentation:

- 1 – looks sloppy or unappealing
- 5 – wow! It looks like it came from a high-end restaurant. Lots of attention to detail.

Use of ingredients:

- 1 – didn't use one or more ingredients
- 3 – used the ingredients but they didn't work well together, or you can't even tell one or more ingredient is used (can't see or taste it)
- 5 – used all the ingredients and made them work well together

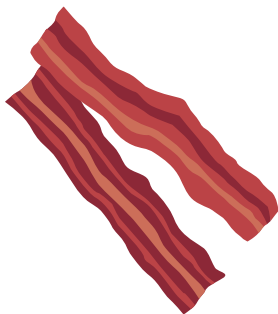
Creativity/technicality:

- 1 – made a recipe we've already made before, or included the ingredients in almost the same form as they were in the basket (ex: just cut it up and added it to the plate)
- 5 – high level of creativity or skill was used. Tried new techniques or new dish.

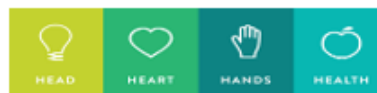
Mystery Basket Ideas:

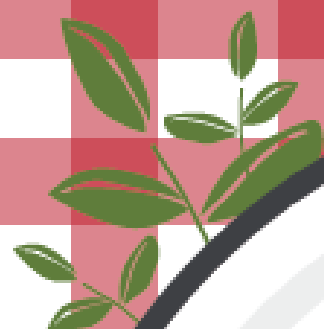
Bowtie pasta bacon broccoli chili flakes	chicken Alfredo sauce whole peppercorns parmesan cheese
leftover spaghetti noodles (cooked) eggs sausage canned diced tomatoes	canned pumpkin canned tomatoes white beans plain yogurt
pizza dough jarred Alfredo sauce frozen spinach capers	canned tuna saltine crackers pickle juice celery
oatmeal peanut butter chia seeds sea salt	chicken corn flakes Italian Seasoning cheese
pita bread tahini cucumber chickpeas	ramen noodles egg curry powder zucchini

Note: If you're doing a kid's chopped challenge with beginner cooks or younger kids, choose ingredients that easily go together in a variety of ways and not use a random ingredient at all. This would still help their creativity and learning kitchen skills with a higher chance that they'll enjoy eating what they make. They'll gain points for trying to use the ingredients in a different way than you've used them before.



Enjoy family time in the kitchen!
We would love to see what you come up with, share your recipes and photos with us!





4-H TEEN EXCHANGE



Spaghetti DINNER

Saturday

2.10.24

SNOW DATE 2.17

5:00-7 PM

United Methodist Church
93 Williams Street

Lyons, NY



\$8 PRESALE / \$9 WALK-IN
PASTA, SALAD, ROLL + DESSERT

TICKETS: WAYNE COUNTY 4-H OFFICE 315.381.8415 | ALP257@CORNELL.EDU OR TEEN EXCHANGE MEMBER

\$\$ PREMIUMS \$\$

Still need to pick up your/your child's premiums from the 2023 County & State Fair? They can be picked up from the CCE Office Monday through Friday, 9am to 4pm until March 1st.



CALL FOR NEWSLETTER ADDITIONS

We would love to use this platform to showcase artwork, photos, and updates featuring various 4-H youths, as well as club activities, highlight outstanding volunteers, and promote various opportunities. Additionally, we'd like to include an interview with a current or recent 4-H'er to show how 4-H helps young people thrive. If you have any of these types of submissions and would like them to be considered for a future newsletter, please email them to Ryan Kincaid, with "Newsletter Additions" in the subject line, by the 25th of the month (for the following month's newsletter).

The newsletter will be sent via email to the emails we have on file, and a hard copy will be mailed to all club leaders on or shortly after the first of the month.



The cow artwork on the front was drawn by current 4-H member Lillie Spoon!

Other Exciting Opportunities:

Model Horse Show: Saturday, February 24th (Hosted by Steuben County: "Bring your Breyers, Stones or other brand of model horses you have and show with us!")

NYS 4-H Horse Program Newsletter



Do you know a youth who is interested in dairy? They have an opportunity to win a Guernsey calf! Applications are due March 15th.

Additionally, Dairy Discovery will take place March 29th - 30th.

Advancement in Agricultural Studies Scholarship:

Due April 15th

(This scholarship opportunity is offered by SAGES - the Student Association of the Geneva Experiment Station at Cornell AgriTech (Formerly NYS Agricultural Experiment Station).



CHECK OUT OUR FACEBOOK PAGE FOR MORE INFORMATION REGARDING EACH OF THE OPPORTUNITIES ABOVE.

MARK YOUR CALENDARS

- Friday, February 2nd to Sunday, February 4th ~ Wayne County 4-H S'More Fun Winter Weekend *
- Saturday, February 10th from 10 to 11:30am ~ Practice Public Presentation Workshop (*The Teen Jewelry-Making Session has been postponed*)
- Saturday, February 10th from 5 to 7pm ~ 4-H Teen Exchange Spaghetti Dinner in Lyons
- Sunday, February 18th from 1 to 2:30pm ~ Cloverbud Club *
- Wednesday, February 28th ~ LAP Educational Meeting about Goats & Lambs **
- Wednesday, March 6th at 6:15pm ~ 4-H Advisory Committee Meeting, followed by Club Leader Meet-Up
- Wednesday, March 6th ~ LAP Educational Meeting about Swine **
- Thursday, March 7th: 5-8pm, Friday, March 8th: 2-8pm, & Saturday, March 9th: 9am-6pm ~ Wayne County Public Presentations*
- Saturday, March 9th ~ Dairy Bowl at Jordan Hall in Geneva
- Wednesday, March 13th ~ LAP Educational Meeting about Rabbits **
- Tuesday, March 19th (Time TBD) ~ Supervisor for a Day *
- Saturday, March 30th from 10 to 11:30am ~ Cloverbud Club *
- Wednesday, April 17th ~ LAP Educational Meeting about Poultry **
- *Saturday, April 20th ~ Finger Lakes District Public Presentations (for youths selected to move on to this level)*
- Monday, April 22nd ~ Earth Day (*Clubs are encouraged to do an eco-friendly/ nature activity on or near this date*)
- April 24th to May 5th ~ Spring Paper Clover Campaign at Tractor Supply Co. (A great promotion opportunity for clubs!)
- May 3rd to May 5th ~ STAR @ NYS Fairgrounds *
- Saturday, May 11th ~ LAP Goat & Sheep Showmanship/Fitting Clinic **
- Saturday, June 15 - Sunday, June 16th ~ Wayne County 4-H Horse Show *
- Monday, July 8th - Friday, July 12th ~ Camp Beechwood @ Beechwood State Park *
- Saturday July 13th - Sunday, July 14th ~ Wayne County 4-H Horse Show *
- Monday, August 12th - Saturday, August 17th ~ Wayne County Fair
- October 2nd to 13th ~ Fall Paper Clover Campaign at Tractor Supply Co. (A great promotion opportunity for clubs!)

* Registration Required: See newsletter or reach out to the 4-H Office for more information.

** All are welcome at these LAP events, even if you're not a member of the Livestock Auction Program

Please see the January edition for information and registrations regarding:

- Local Horse Knowledge Events & Horse Knowledge Practices
- Virtual 4-H Dairy Bowl Practices
- NYS 4-H Livestock Summit
- 4-H Winter Round-Up
- Lending Closet (Great opportunity/resource for Club Leaders!)

