



4-H Highlights

March 2024

CALLING ALL ARTISTS

FAIR BOOK COVER CONTEST

The 2024 Saratoga County Fair is quickly approaching! We need our 4-H artists to create a Fair Book Cover that demonstrates the theme:

“REACHING NEW HEIGHTS WITH 4-H”

PLEASE SUBMIT ALL ENTRIES TO THE 4-H OFFICE BY APRIL 1ST AS A PHYSICAL COPY. NAME, CLUB & AGE SHOULD BE ON THE BACK OF THE PAPER.

Entry Requirements:

- White 8.5x11" paper in portrait orientation
- Include official 4-H clover
- Entries must depict multiple 4-H projects



The SARATOGA
COUNTY FAIR

July
23rd-28th
2024

Upcoming Events & Deadlines

March

2nd— Public Presentations Day
5th—4-H Shooting Sports 6 Week Course Begins
9th—Regional Horse Bowl
9th-10th—Teen Council Lock-In
11th—Leader's Association
14th—Tractor Safety Orientation
16th—District Dairy Bowl
18th-22nd—Ag Lit Week
20th—CPR Training
25th—Shooting Sports Committee

April

1st-6th—4-H Tractor Safety
4th—Knitting Workshop
13th—Teen Council Meeting
16th—4-H Shooting Sports 6 Week Course Concludes
20th—District Public Presentations
27th—Regional Horse Communications and Hippology
29th—Shooting Sports Committee

4-H Teen Council

4-H Teen Council is THE Place for all teens to come together in a safe and welcoming environment to make new friends, learn new skills and take on new challenges. We hope you will consider joining us this month!

What: 4-H Teen Council Lock-In

When: Saturday, March 9th-Sunday, March 10th

Who: All 4-H Teens

Where: 4-H Office (50. W. High St.)

Join us as we resume our annual 4-H Teen Council Lock-In! This is a WHOLE NIGHT of Fun, Games and Friends.

4-H Teens: Mark your calendars for 2024 STARR - May 3-5

This statewide 3-day event brings together 4-H teens from all across New York so that they can develop leadership skills, learn new projects and most importantly make new 4-H friends.

This year's event will take place at 4-H Camp Shankitunk in Delaware County. The location promises many fun new opportunities for this year's program.

Registration and workshop materials are not available just yet, but past years have seen projects related to: Animal Care, STEM, Outdoor Education, Performance Art and Shooting Sports, just to name a few.

We will release more information when it is available, but if you know that you would like to sign-up or if you have any questions, please contact the 4-H office.



2024 4-H Capital Days

Are you interested in learning more about Government and Public Service? Would you like to be an advocate for 4-H with our New York State Government? The 2024 Capital Days event will be held from May 19-21 in Albany. Teens who participate will have the opportunity to meet other teens from across the state, participate in educational activities centered around Government and Public Service, and share their voices as a 4-H'er with our elected officials.



If you would like to participate as a 4-H Teen Delegate in this year's 4-H Capital Days event, please contact the 4-H office by calling 518-885-8995, or email Greg at grs9@cornell.edu. We will be happy to provide you with more information and get you registered for this year's event.

CPR and First Aid Training: Wednesday, March 20th

All CCE Volunteers and 4-H Teens are invited to participate in a CPR and First Aid Training on Wednesday, March 20th from 5:00-8:00pm at the CCE Office.

Cost is \$30, and pizza will be provided for participants.

To sign-up, please call the 4-H Office or register online at:

https://reg.cce.cornell.edu/CCECPR_241

Please register no later than Friday, March 15th.



2024 4-H Golf Classic...How Can You Help?!

As plans continue for the 23rd Annual 4-H Golf Classic on June 1st at the Fairways of Halfmoon questions arise on how 4-H leaders and families can support this annual event. Once again, leaders will be sent a brochure and an extra letter asking you to seek out support for our tournament. There are many alternatives that are available. Sponsorships, donations, and **items for our raffle** and participant goodie bags are all appreciated.

For those 4-H families who do not receive a letter in the mail, we have copies of the letters and brochures available at the 4-H office.

All proceeds for the 4-H Golf Classic go directly back into the program by way of the Leaders Association through scholarships, and other opportunities for our 4-H youth and leaders. If you have any questions, please call Greg at the 4-H office at 518-885-8995 or email at grs9@cornell.edu.



4-H GOLF CLASSIC



2024 CAREER EXPLORATIONS CORNELL UNIVERSITY

Are you interested in experiencing college life at Cornell University? Career Explorations is a chance to visit the Cornell campus, meet the students and staff, and get a taste of the college experience. Participants stay in a dorm, eat in the dining facility, and spend the day learning about science, technology, consumer science, and themselves.

UNIVERSITY U

- For 4-H'ers entering grades 8 and 9 in the fall
- Tour the Cornell campus
- Interact with faculty and students while engaging in fun workshops and experiments
- 4-H'ers attend this program one time



FOCUS for TEENS

- For 4-H'ers entering grades 10-12 in the fall
- Teens select one department or topic for an in-depth experience
- Work with Cornell faculty and staff, hands-on learning, field



Tuesday, June 26—Thursday, June 28

Cost Estimate: \$50-\$100, thanks to the generous donations from the

Leaders Association and Teen Council

Registration application available soon. Call our Office at 518-885-8895 or email grs9@cornell.edu.



Learn to Knit

4-H Fiber Arts Series

Thursday April 4, 2024

9am to 2pm

\$20

4-H youth 8 years old and up

Join Saratoga County 4-H as we learn the beautiful and relaxing art of knitting. Youth will create a dish scrubber or a coaster and leave with a kit that contains all that they need to continue building this lifelong skill!



Register at:

https://reg.cce.cornell.edu/4HKNT2024_241

518-885-8995
glb76@cornell.edu

Cornell Cooperative Extension
Saratoga County

SAVE THE DATE!

**4-H CAPITAL DISTRICT
LIVESTOCK SKILLATHON
AND JUDGING CLINIC**

**MORE DETAILS
COMING SOON!**

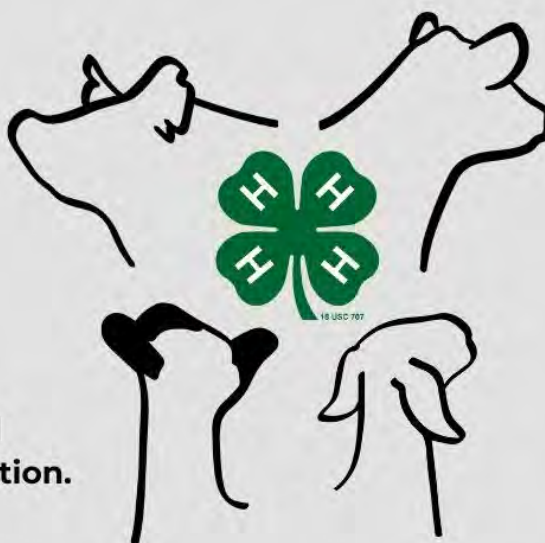
WHEN:

MAY 11TH 2024

WHERE:

SUNY COBLESKILL

Email rjl287@cornell.edu or call
(518)885-8995 for more information.



Youth Showmanship Clinic

June 15th 2024

at the
Washington County Fairgrounds

Cornell Cooperative Extension
Washington County



TACK SALES

March 17th & April 7th

4-H Training Center 556 Middleline Rd, Ballston Spa, NY 12020

March 17th

\$10 a spot (indoors)

- A table is an additional \$5 (set up yourself)

\$20 to sell out of your trailer (outside)

Call or Text Linda to reserve your spot!

518-577-3387

April 7th

More information to come...

Hosted by
Classic Country Horse Assoc.
& Saratoga County 4-H



9am – 2pm

Free Admission

Food Concession

NO LIVE ANIMAL SALES

CAPITAL DISTRICT DOG SHOW



JUNE 1, 2024

GROOMING & HANDLING
AGILITY
RALLY
OBEDIENCE



9:30 REGISTRATION | 10AM START

SARATOGA COUNTY 4-H TRAINING CENTER
556 MIDDLELINE RD. BALLSTON SPA, NY 12020

\$25

REGISTRATION FEE :
PAYABLE TO YOUR COUNTY
EXTENSION OFFICE

ENTRIES DUE MAY 15, 2024

REGISTRATION LINK:

[HTTPS://CORNELL.CA1.QUALTRICS.COM/JFE/Form/SV_8HA1CD86F1KTP1Q](https://cornell.ca1.qualtrics.com/JFE/Form/SV_8HA1CD86F1KTP1Q)

RULES AND CLASS LIST:

[HTTPS://SC4H.ORG/RULES&CLASSES](https://sc4h.org/rules&classes)



Market Auction Meeting

Our next Market Auction Meeting will be May 15th at 6PM at the 4-H Training Center, Indoor Arena. We will have a mandatory weigh in for Hogs and Sheep. We will also have a mock showmanship class. Please let me know if you are not able to attend or need accommodations. Email rjl287@cornell.edu.

The Market Auction Committee Meeting (for parents and adults) is March 20th at 6:30PM.



NYS 4-H VIRTUAL POULTRY JUDGING SERIES

MAY 8TH, 15TH AND 22ND

May 8th, 7 p.m. - Biology and Physiology of Production Hens

As hens move through their life phases, they experience a number of physiological shifts as their bodies prepare, sustain and eventually cease laying eggs. Learn what causes these changes and how to identify them. This information will be useful as students begin structuring their oral reasons.

May 15th, 7 p.m. - Handling Hens and Placing Classes

In this lesson, we'll use live examples of hens to review handling flighty birds and how to remove birds from cages. We'll also use examples of hens from red and white production strains to review how to place birds and how to back up those decisions with oral reasons.

May 22nd, 7 p.m. - Placing Classes Practice

Students will be given free online practice classes through livestockjudging.com to score and provide oral reasons on their own. This week's lesson will review the answers to those practice classes, provide the explanation as to why the classes were placed that way, and provide the opportunity for students to get their questions answered.

To Register Visit:

<http://tinyurl.com/yc8sbysa>

Any questions contact

Brian Aukema at bj14@cornell.edu

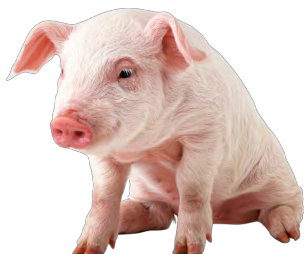


Animal Crackers 2024

The Cornell University Department of Animal Science will present Animal Crackers on May 4th at Cornell University. This year they will be highlighting FOUR species!

They will include Horse, Goat, Swine, and Dog!

If you have never been to Animal Crackers before, this is geared to 4-H members involved in animal science projects. The suggested age range is 8-12, but anyone over 8 is welcome.



Cost of the program is \$20 per youth, adult chaperones are free. All groups must have at least one chaperone per species with youth attending. Attendees must bring their own lunch and provide self-transportation. For more information or to register please call the 4-H Office by Friday April 19th.

4-H Fiber Project of the Month

Pocket Tissue Holder by Sewmuch2love.com



1. Cut 4 rectangles 5 1/4" by 3 3/4".

2. Take 2 of the pieces and fold them in half lengthwise with wrong sides together and press.



3. Take remaining 2 rectangles and match them wrong sides together. Place the 2 pressed pieces on top with the folded edges toward the center.

4. Using a small stitch setting (I set my machine to 2), stitch around all 4 sides (1/4" seam allowance). I backstitch where the 2 folded edges meet. This is a stress point so it's good to have a bit of strength there.



5. Turn to the outside and *gently* push out the corners. You can press the tissue cover at this point if you want to. Insert a package of tissues and you're done!



We had SEW MUCH FUN! at the 2024 4-H Project Day! We are thankful for the volunteers who assisted our sewers. The 4-H'ers had a great time making pillow cases and tie pillows.





4-H Horse News

Straight From The Horses Mouth

Important Dates

County Horse Communication / Presentations March 2nd

Evaluations March 15th

Tack Sale March 17th

Regional Horse Communication / Presentations April 27th

Regional Hippology Competition April 27th

Hippology will start right after Regional Horse Communications



Horse and Riding Evaluations

Below are the following dates and times for the 2024 4-H Horse evaluations.

Friday, March 15th
5pm—9pm

Saturday, April 6th
8am—12pm

Saturday, May 4th
8am—12pm

Tuesday, May 7th
5pm—9pm

Saturday, May 25th
8am—12pm

If you would like to or need to evaluate with your horse this year you will need to contact our educator to schedule your evaluation for one of the dates above.

If there are no sign ups for that days evaluations it will not be held. You will need to RSVP ahead of time. Evaluations can be done on a 1 on 1 basis when a special circumstance arises. This will be determined between the educator and the 4-H'er / Guardians.

Magic, No-Bake Peppermint Treats

Ingredients

6 peppermints
¼ cup of water (add more if the mixture is still dry)
1 tablespoon of molasses
1 cup of rolled oats

Directions

1. Mix the oats and water until everything is wet. You can add more oats or water depending on the mixture. You don't want it soggy or pudding, just damp.
2. Add the molasses to the mixture and stir. Everything should be sticky and you can add more molasses if the mixture is still not clumping.
3. Take a small handful and roll it into a ball. These can be adjusted to the size you want, but this mixture usually makes 4-6 horse treats. I tend to make mine smaller and get about six treats out of it.
4. Take the peppermints and press one peppermint into the middle of each ball to make a cookie.
5. Place on a dish or pan with wax paper (you don't have to, but it makes it easier) and put them in the fridge until they harden.

Now you have some inexpensive horse treats that your horses will love and you had fun making. Nothing is too much for our equine companions.

*** Great Fair Entry Idea!**

“

Pullorum Clinic

Monday, June 17th, 2024

10:00AM to 1:00PM

Saratoga County Fair Grounds

162 Prospect St. Ballston Spa, NY 12020

”



YOUTH/ADULT REGISTRATION

 Name

 Address

 City/Town Zip

 Birthdate __/__/__

 Home Phone Cell
 Email:

Current 4-H Member? Yes or No (circle)

 Parent/Guardian Name
(youth only)

 Dog's Name Age
 Breed
Class Choice(s):
 Beginner 6:30 PM ☐ 7:30 PM ☐ Either ☐
(time slot not guaranteed)

 Novice 6:30 PM only ☐

 Agility 6:30 PM (Beginner Youth) ☐
7:30 PM (Advanced Youth) ☐

 Beginner Rally 6:30 PM ☐ 7:30 PM ☐

 Please return by **April 12**
Make checks payable to: CCE Saratoga

 Total \$
PAYMENT

(for all 8 weeks)

Adults - \$80

4-H Youth - \$20

Non- 4-H Youth - \$25

Youth Agility - \$20


**WE ENCOURAGE OUR 4-H
YOUTH TO PARTICIPATE IN
THE SARATOGA COUNTY
DOG PROGRAM!**
CONTACT US

(518)885-8995

rjl287@cornell.edu

www.ccesaratoga.com



Please return to CCE Office


**CANINE
TRAINING
CLASSES**

**SPONSORED BY
SARATOGA COUNTY 4-H**
Monday Evenings
Begins May 6th
8 week course

 4-H Training Center
556 Middle Line Road
Ballston Spa, NY 12020

**Cornell Cooperative Extension
Saratoga County**

Champions Choice Camps

2024 Schedule

April 20 • Centreville, Maryland
April 27 • Waterloo, Illinois
May 4 & 5 • Circleville, Ohio
May 18 • Union, Oregon
May 18 • Honey Brook, Pennsylvania
May 19 • Ballston Spa, New York
May 25 • Jackson, Michigan
June 1 • Sidney, Montana
June 7 • Bozeman, Montana
June 29 • McArthur, California
June 29 • Jasper, Georgia
June 30 • Knoxville, Tennessee
October • Tonkawa, Oklahoma



Registration Now Open!

For More Information:

Tracy Dendinger • 740.505.6505

ChampionsChoiceCamps@gmail.com

www.ChampionsChoiceCamps.com

SAVE THE DATE



Sunday, April 28th

4-H SHOOTING SPORTS



FUN SHOOT

OPEN TO ALL 4-H YOUTH
12 AND OLDER

WHO HAVE PARTICIPATED IN A
4-H SHOOTING SPORTS PROGRAM



FISH HOUSE FISH AND GAME CLUB
478 FAYVILLE RD
BROADALBIN, NY



**4-H
Horticulture
Training**

Agriculture

Have you ever thought you might like to know the names of all the flowers spotted in the garden, or perhaps wonder what vegetables are best to grow? This can be an interesting way to learn about these and more while having some fun at the same time.

If the answer is yes to any of these questions plan to join us. You will begin to learn how to identify plants from cuttings, twigs, seeds and more, along with learning a little about their growing conditions and what problems they may encounter along the way. You will also spend some time learning how to judge plant material, and much, much more!

Upcoming Dates:

March 12

April 9

May 14

So, mark your calendar today and plan to join us at the Cornell Cooperative Extension office from 6:30pm to 8pm on the above date to learn and have fun. Hope to see you there!!

If you have any questions, please contact Susan Beebe at 518-885-8995.

Leader Spotlight!

Meet Laurie Kruppenbacher!

Laurie Kruppenbacher grew up on a dairy farm in upstate NY and was involved in 4-H throughout her Junior High and High School years showing animals and sewing projects. She personally experienced the benefits of the programs available through 4-H which guided her to pursue a BS degree in Education, Family and Consumer Sciences with a major in textiles. Laurie and her husband manage a small farm in Charlton raising Cotswold Sheep, Aberdeen Angus, pigs, chickens and rabbits.

As an educator, Laurie loves working with youth, helping them to see and achieve their full potential. In 2007, Laurie started the Stoney Meadows 4-H Club on their farm in Charlton as her five children were growing up. The early members of the club are now finished with college and have moved on to a variety of careers as well as Master's degree programs and Vet school. The Stoney Meadows 4-H club has continued adding new members throughout the years and is still active in 2024. Along with the many positive opportunities that 4-H offers, one of Laurie's most favorite is Presentation Day. The strength of this program is underestimated and the skillset that it develops in the members that participate in it lasts a lifetime, building confidence and the ability to communicate clearly with others.

Laurie also enjoys working with and caring for animals, and knows from personal experience that preparing livestock for show is a year's long process, many times beginning with breeding. Teaching youth about agriculture and food industry animals is also a priority for Laurie. She leads the Saratoga Shepherds club with several very involved families that raise a variety of sheep in Saratoga County. This is a growing group of shepherds who show their sheep all over the country as well as at many local events. The Saratoga Shepherds raised funds for a new show ring for the Saratoga County Fair that is now used by the sheep and goat 4-H clubs. The Saratoga Shepherds also brought back the Sheep OPEN show to the Fair, which has had over 100 sheep entered in the competition each year for the past couple of years. The Stoney Meadows 4-H Club and the Saratoga Shepherds work together to participate in the annual Charlton Founder's Day as well as other 4-H sponsored community events such as the 4-H Ag Days. Laurie also teamed up with Fred Tracy to lead the Beefy Bunch 4-H club for several years; highlighting beef production and teaching about raising cattle, with club members showing cattle at the Saratoga County Fair. In addition, over the years, Laurie has helped lead the Saratoga County Woodturning 4-H group, served on the Ag Program Committee for CCE, served as an ad-hoc for the Peck Building at the Fair, and been involved in numerous other CCE functions.



Saratoga County 4-H Dairy Calf Scholarship

Open to all 4-H'ers in Saratoga County who are interested in owning a registered calf and do not own any cattle. A calf award will be given this year. Applicants for the calf must meet the following criteria:

- Be a member of the Saratoga 4-H Dairy Club or willing to join
- Have suitable housing facilities for the animal
- Welcome periodic farm visits
- Show the animal at the Saratoga County Fair 4-H Show
- Have parent/guardian permission
- Agree to breed the calf to a registered sire
- Agree to return to the 4-H Calf Program the first heifer calf born from this award calf or a heifer calf of "like quality"



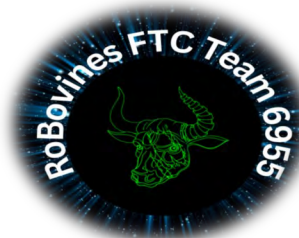
This is a great opportunity to own a registered calf! Many Saratoga County 4-H'ers benefited from this great opportunity. To apply, you will need to submit a 1-2 page essay. The essay should include:

- Why are you interested in the calf?
- What are your responsibilities on your farm or farm where you work?
- Why do you feel you are worthy of this animal?
- How would you develop this calf to her fullest potential?
- What other activities and interests do you have?

Essays must be received in the **4-H Office by Friday, April 12th**. If you have any questions, please call the 4-H office at 518-885-8995 or email Rylie at rjl287@cornell.edu.

SARATOGA COUNTY 4-H RoBovines Pancake Breakfast

Saturday, March 23, 2024 | 7 AM—11 AM
Saratoga County 4-H Training Center
556 Middle Line Road, Ballston Spa



About RoBovines

"RoBovines is Saratoga County 4-H's FIRST Tech Challenge robotics team consisting of students from BHBL, Ballston Spa, Albany, and Saratoga Springs. They organize and run robotics programs for preschool through 12th grade while designing and manufacturing a robot that competes across New York State. Learn more at robiovines.org."

4-H For Leaders

Mark Your Calendars! 4-H Leaders Meeting March 11th, 6:30pm- William Schwerd Center

All 4-H volunteers are encouraged to be a part of the Saratoga County 4-H Leaders Association. The Saratoga County 4-H Leaders Association is a group of 4-H Leaders from across the county who come together to provide support for our county 4-H program in a variety of ways, while working collaboratively to develop and learn new skills that can benefit their own clubs and programs.

For more information about the 4-H Leaders Association, please contact the 4-H office.



2024 4-H Tractor Safety

Saratoga County 4-H would like to welcome all area youth who are 14 years and older, to participate in the 2024 Capital District 4-H/HOSTA Tractor Safety Program. This program is a great opportunity for youth who currently work on farms or around machinery, those who will be seeking employment on a farm, or anyone who would just like to learn more about farm and machinery safety. Participants will gain hands-on experience with a variety of equipment including tractors and implements, skid steers, ATVs and chainsaws. They will also visit a variety of agribusinesses, and receive HOSTA certification upon successful completion of the program.

The orientation for this years event will be via Zoom on March 14th at 6:00pm.

Cost is \$30 per participant. For more information please call the CCE Office at 518.885.8995 or email Leland at glb76@cornell.edu.

To sign-up, please visit:
https://reg.cce.cornell.edu/4HTractorSafety-2024_241

A poster for the 4-H Tractor Safety program. The background is a photograph of a blue tractor in a field at sunset. The text "4-H Tractor Safety" is written in large, bold, black letters at the top. Below it, "STARTING MARCH 14TH" is written in bold, black letters. Further down, "REGISTER AT" is written in bold, black letters. A QR code is located in the center-right of the poster. At the bottom, "OPEN TO YOUTH 14 AND OLDER" is written in bold, black letters. A green four-leaf clover with the 4-H logo is in the bottom right corner.

March 2024

| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------------------|---|---------------------------------|--|-------------------------------------|-----|---|
| | | | | | 1 | 2 Public Presentations |
| 3 | 4 Vet Science Program | 5 Shooting Sports Course | 6 Public Presentation Make-Up Day | 7 | 8 | 9 District Horse Bowl Teen Councl Lock-In |
| 10 Teen Council Lock-In | 11 Vet Science Program | 12 Shooting Sports Course | 13 | 14 Tractor Safety Orientation | 15 | 16 District Dairy Bowl Teen Council Lock-In |
| 17 Teen Council Lock-In | 18 Vet Science Program | 19 Shooting Sports Course | 20 CPR Training 5pm Ag Literacy Week | 21 | 22 | 23 |
| 24 | 25 Vet Science Program Shooting Sports Committee | 26 Shooting Sports Course | 27 | 28 | 29 | 30 |

Cornell Cooperative Extension
of Saratoga County
50 West High Street, Ballston Spa, NY 12020

NON PROFIT ORG.
US POSTAGE PAID
Ballston Spa, NY 12020
Permit #19

Address Service Requested

4-H Office Phone: 518-885-8995
4-H Office Fax: 518-885-9078



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Kristine O'Rourke
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Schuylerville
Ballston Spa
Milton
Fort Johnson
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Ballston Spa
Gansevoort

Teens

Henry LaBarge
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Milton
Malta

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Saratoga County

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Facebook!!!**



www.facebook.com/SaratogaCounty4-H

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