

Clover News

MARCH—APRIL | 2024

Albany &
Schenectady
County
Youth
Programs

Cornell Cooperative Extension

Hello 4-H'er!

Spring is almost here – maybe??!! The weather sure has been a bit peculiar these past several weeks but better days are ahead! We can count on that! There are lots of things happening in the 4-H world:

- We have once again scheduled some fun programs during the Spring break week which will take place April 1st - 5th from 9:00 am to 3:00 pm at the 4-H office. Read on for more details!
- 4-H Public Presentations will take place on Friday, April 5th from 5:00 - 8:00 pm, Saturday, April 6th from 9:00 am - 12:00 pm and Monday, April 8th from 6:00 - 8:00 pm. Youth sign up for a one-hour time slot to give their own presentation and watch other 4-H members give theirs! Check out the information included in this News.
- There is a beginner Archery series scheduled for May 16th, 23rd and 30th.
- Dates for Youth Gardening Adventure are July 1st - 3rd – our Master Gardeners are really looking forward to this program! More details in this issue!
- 4-H Dog Adventure is scheduled for July 15th - 19th Read on for details!
- 4-H Farm Animal Adventure is scheduled for the week of July 22nd - 26th. Read on to find out more details and registration information for all of the Adventure programs.

Our 4-H teen trips will also be taking place again this year—4-H Capital Days is scheduled for May 19th - 21st and the Career Exploration trip to Cornell will take place June 26th - 28th. Space is limited but if you're interested in attending, please make sure you reach out so that we can provide you with details. There is a cost to attend the trips but the 4-H Scholarship Fund will help to defray some of the expenses for youth who participate. Please make sure you check out all of the good stuff in this issue!!

Looking forward to seeing you soon!!

~Barb



SAVE!
THE DATE

STAR

May 3rd-5th, 2024

New York State Fairgrounds
Syracuse, NY

4H
NEW YORK

Decorative icons at the bottom: a heart with hands, a gear, a plant, a heart, a heart with hands, a gear, and a plant.



UPCOMING EVENTS

Register Today!

2024 4-H Capital Days

Sunday, May 19 - Tuesday, May 21, 2024

Albany, NY

4-H Capital Days is a NYSACCE4-HE sponsored event that gives youth an opportunity to meet and interact with legislators and tell their 4-H story. 4-H Capital Days helps youth identify career opportunities in New York State government, better understand state government, and network with delegates from other counties. Delegates are chosen by their county 4-H program. **Registration required by May 1st.** For more information and registration, please contact Rachel at rcl227@cornell.edu | 518-765-3543.

4-H Beginner Archery Series

Open to all youth ages 10+

(Albany & Schenectady Counties)

May 16, 23 & 30, 2024 | 6:00 pm - 7:00 pm

Rain date: June 6th

CCE Albany County, 24 Martin Rd, Voorheesville

Come learn the basics of archery! We will be delving into firing a bow, scoring and firing accuracy. No experi-

ence is necessary and we provide all equipment. Limit 10 youth. **Registration required by May 10th.** For more information and registration, please contact Rachel at rcl227@cornell.edu | 518-765-3543.

2024 Career Explorations

Wednesday, June 26 - Friday, June 28, 2024

Cornell University, Ithaca, NY

Join 4-H youth and chaperones from across New York State in this action-packed, three-day event at Cornell University in Ithaca, NY. Youth will immerse themselves in exploring their future education, career opportunities, and experience campus life. Cornell faculty and graduate students conduct engaged-learning workshops in two age-specific tracks:

- Focus for Teens programs for youth entering grades 10-12
- University U programs for youth entering grades 8-9

Registration required by May 1st. For more information and registration, please contact Rachel at rcl227@cornell.edu | 518-765-3543.



4-H Spring Break Adventure Week

April 1 - 5, 2024 | 9:00 am - 3:00 pm | CCE Albany County

Open to all youth ages 7-12 (Albany & Schenectady Counties)

Join Albany County 4-H educators for five days of fun!

Youth will focus on a different theme every day, completing a variety of hands-on activities.

The tentative daily schedule will be as follows:

Monday – Animals and Dairy

Tuesday – Art Fun

Wednesday – Environmental Adventures

Thursday – Cooking up Fun with Rachel!

Friday – Water All Around Us

Cost: \$100.00/week or \$25.00/day

Registration is required by March 25th

For more information or to register:

albany@cornell.edu

Barb 518-765-3541 | Rachel 518-765-3543

CLUB UPDATES & UPCOMING MEETINGS

4-H Pet Friends Club

For our last two meetings the Pet Friends have been busy learning about animal adaptations by playing a variety of games. We learned about how animals are adapted to eat, hide from predators, walk in their environment, and survive the cold. During our February meeting we made fun pet-themed valentines using recycled materials. We also talked about how Valentine's Day is about celebrating all who we love, pets included. During our March meeting we will have a special guest speaker from 5 Rivers Environmental Center. We cannot wait to learn more! For more information or to sign up, contact Rachel at rcl227@cornell.edu | 518-765-3543.



Clover Chefs Cook up fun!

During our February meeting Clover Chefs transported themselves to a warmer climate by learning about the foods, music and cultural practices of Hawaii. We made and tried a wide variety of Hawaiian foods including spam musubi, pineapple salsa, and pineapple upside down cake. We also learned about the variety of global cultures that have influenced Hawaiian foods. We also watched clips of the Merrie Monarch Festival where people compete in Hawaiian dance, storytelling, and music. All of the 4-Hers had a wonderful time and are looking forward to our next meeting in March.

Livestock Club

The Livestock Club met on February 5th to do a woodworking project. Here are a few pictures of the bears/snowmen the kids made at our last meeting. We had a combination of three clubs make bears/snowmen; Livestock 4-H Club, Crazy Horse 4-H Club and Dream Big 4-H Club. Thank you to Vin & Joey Whiting and the others who operated the drills. If you would like to join us, we meet the first Monday of the month. March 4th is our next meeting. Contact Amanda at ajt247@cornell.edu | 518-765-3519.



Wunsapana Llama Club

January 2024

Today at Wunsapana Llama Farm we learned about winter llama care. It was good timing, too, because we were greeted with a winter squall!

We learned that to keep the animals healthy and comfortable in the winter you:

- keep the top barn doors shut if it is windy and cold
- put coats on them if they are shivering
- make sure they have warm water to drink (not ice!)
- feed them lots of hay
- put straw down for warm bedding

-Abby & Lucy (10 years old)



AOC Kids Unleashed 4-H Dog Club News



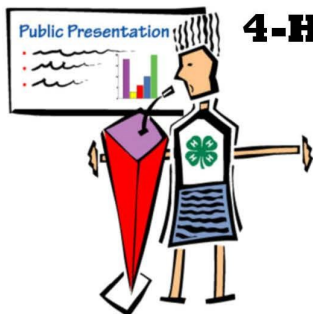
After learning how to tie a fleece tug toy at our November meeting, Suneva made several for family and friends for Christmas- all of them well received.

Addison, who was already a tug toy expert, made and donated 10 tug toys and five hand-tied cat beds to the Mohawk Hudson Humane Society in December. Wow! Great job to you both!

Sue led the dog handling fun at our meeting on January 20th, providing helpful hints for beginning the sit/stay needed for agility and beginner novice obedience competition, then, pairing the sit/stay with four agility exercises – jumps, tire jump, tunnel and A-frame. Snacks and some valentine card making followed. Most of the kids focused their creative energies on a single, masterpiece of a card. Maggie, the artist, embellished her card with her own artwork. Suneva was able to create several great cards, each one different. So much fun!

On February 10th, Jessica VanArsdal, from All Ears K9 and her chocolate Labrador retriever, Nykie, treated us to a super great program. Lots of amazing demonstrations, followed by instructions for the young handlers. Jess's teaching skills were demonstrated by the performance of the young handlers on a variety of equipment and exercises. Suneva's Mom brought ice cream and cones as our special treat. Yum! Yum! Thank you! Thank you!

Cornell Cooperative Extension Albany County



4-H Public Presentations Registration

Friday, Saturday & Monday

April 5, 6 & 8, 2024

CCE Albany County, Voorheesville

Name: _____ Club: _____

Age: ____ # years in 4-H ____ # Public Presentations done ____

Presentation Title: _____

Public Presentation Type: (circle one) Demonstration – Illustrated Talk – Recitation – Formal Speech – Dramatic Interpretation-Interview-Cloverbud

Horse Communications Type: (circle one) Individual-Team-Public Speaking-Cloverbud

Power Point Presentation? ____ Yes ____ No

Please register for One Time Period:

Friday, April 5, 2024

_____ 5:00 - 5:45 pm

_____ 6:00 - 6:45 pm

_____ 7:00 - 7:45 pm

Saturday, April 6, 2024

_____ 9:00 - 9:45 am

_____ 10:00 - 10:45 am

_____ 11:00 - 11:45 am

Monday, April 8, 2024

_____ 6:00 - 6:45 pm

_____ 7:00 - 7:45 pm

Please return no later than Monday, April 1, 2024

CCE Albany County

Attn: 4-H/Barb Stevens (bes13@cornell.edu)

24 Martin Rd.,

Voorheesville, NY 12186

★ INTRODUCTION

☾ BODY

This is where you introduce yourself and the topic.

- a. Greet your audience.
- b. Introduce yourself.
- c. Tell what you are going to present and why.
- d. Tell how you became interested in the topic.

This is the show and tell portion of the presentation.

- a. List the steps to be shown in the order in which you will show them and decide how you are going to do each step.
- b. List the supplies that you need for your presentation. Plan an arrangement for their efficient use.
- c. Decide what you are going to say to your audience as you do each step.

☼ SUMMARY

This is your last chance to put your points across.

- a. Show the results of your presentation to the audience.
- b. Re-state or briefly repeat the main points.
- c. Give the names of resources you used in your presentation—for example, books and encyclopedias, internet, etc.
- d. Give the audience ample opportunity to ask questions.
- e. Thank the audience for attending the presentation.
- f. Give out samples or materials (optional).

Before the Presentation:

1. Practice as much as possible to work out the rough spots.
2. Be able to say all the main points without reading from your notes.
3. Know what the judges will be looking for. Get a copy of an evaluation form from your leader.
4. Make a list of all the equipment you will need and check it before you begin.

During the Presentation:

1. Speak in a loud, clear voice.
2. **Smile!**
3. Use correct grammar.
4. Look at your audience while you speak.
5. Use natural hand and face expressions.
6. Stand up straight.
7. Wear casual, neat clothes.
8. Do not let your movements become distracting.
9. Do not read your presentation to the audience.

4-H Public Presentations

The Albany County 4-H Public Presentations Program will take place on **Friday, April 5th and Saturday, April 6th, 2024**. Since this is the end of spring break, we will also offer a session on **Monday, April 8th from 6:00 - 8:00 pm**. Please read on for more information!

Here is a review of the five different categories of presentations available to you...

1. **Demonstration*** - The presenter *shows* and explains how to do something (How to bake bread, juggle, do warm-up exercises, etc.). Models or illustrations are used as needed to explain information, show the result of a step in the demonstrated process, show a larger scale replica of something that is too small for the audience to see, etc. (*Team demonstrations are allowed only if the presentation requires two people to be effective).
2. **Illustrated Talk** - The presenter uses visual aids to *tell* about the topic. The effective use of charts, pictures, posters, graphs, examples, models, etc. plays a major role in communicating the presenter's message (Teams are not permitted to do illustrated talks).
3. **Formal Speech** - The presenter aims to *persuade, motivate or inform* the audience without the use of visuals. Poetry, quotations, humor or imagery may be incorporated to command attention or emphasize a point, but not purely for the purpose of entertainment (No team speeches are allowed).
4. **Recitation** - the presenter, with the use of vocal inflection and body language as communication tools, delivers his or her rendition of a piece of pre-written material. Props should not be used, but appropriate dress to subtly represent the character or mood for the written piece is acceptable. Dress should not overwhelm the presentation. Memorization is expected, but notes are permitted (No teams are allowed in recitation).
5. **Dramatic Interpretation*** - The presenter or team delivers a reenactment of a piece of scripted material. Content of presentation can be taken from plays, movies, sketches, and monologues-dramatic or comedic. This form of presentation, by definition, should include props and costumes. Props need to be simple and minimal; no detracting from the strength of the presenter(s) (*Teams are allowed in Dramatic Interpretation).

Types of horse presentations

For horse presenters, there are three categories:

- **Individual Presentation:** should be between 9 and 12 minutes; visual aids, i.e. charts and posters may be used.
- **Team Presentation*:** should be between 10 and 15 minutes; same criteria as above and both presenters should have an equal role in the presentation.
- **Public Speaking:** should be between 7 and 10 minutes; no visual aids, charts or other equipment may be used.

***please note: a team consists of only two presenters**



Cornell Cooperative Extension | Albany County

Youth Gardening Summer Adventure 2024

*Join the Cornell Cooperative Extension Albany County Master Gardeners
for three days of youth gardening fun!*

July 1 & 2 | 9 am - 3 pm & July 3 | 9 am - Noon

Cornell Cooperative Extension Albany County

24 Martin Road, Voorheesville, NY 12186

Open to youth (in Albany and Schenectady Counties) ages 8 - 12

Cost: \$40.00

Limited to 15 participants

Registration required by June 17th



There are lots of fun activities planned, including:

- 🌻 Learn about plants and container gardens
- 🌻 Participate in a garden scavenger hunt
- 🌻 Learn about insects and explore the gardens
- 🌻 Enjoy fun garden-themed snacks and crafts

For more information or to register:

albany@cornell.edu | 518-765-3500



24 Martin Road, Voorheesville, NY 12186

518-765-3500 • FAX 518-765-2490 • www.ccealbany.com • www.facebook.com/ccealbany

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. Cornell Cooperative Extension of Albany County 4-H Programs are offered to all clientele on a nondiscriminatory basis without regard to race, color, sex, or national origin.

Please contact the Cornell Cooperative Extension Albany County office if you have any special needs.

If you have a disability and are having trouble accessing information or need materials in an alternate format, contact albany@cornell.edu for assistance.

Cornell Cooperative Extension | Albany County

4-H Dog Adventure

A “pawsitively great” experience for kids and dogs alike!

July 15 - 19, 2024

9:00 am - Noon

Cornell Cooperative Extension Albany County

24 Martin Road, Voorheesville, NY 12186

Open to youth (in Albany and Schenectady Counties) ages 7 - 13

Cost: \$90.00

Amount Due: \$50.00

(\$40 will be covered from the Paper Clover Scholarship)

Limited to 18 participants

Registration required by July 1st



Join 4-H educators for a fun-filled week of bonding with your dog.
We will have an agility course, practice obedience,
and a craft/speaker every day.

For more information or to register:

albany@cornell.edu | 518-765-3500



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Cornell Cooperative Extension | Albany County

Farm Animal Adventure

July 22 - 26, 2024

9:00 am - Noon

Cornell Cooperative Extension Albany County

24 Martin Road, Voorheesville, NY 12186

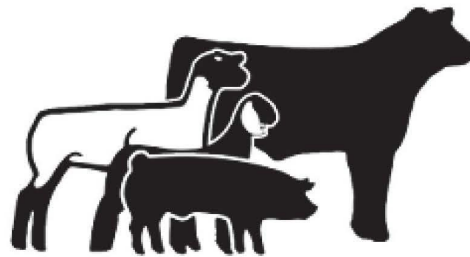
(includes daily trips to local farms)

Open to youth (in Albany and Schenectady Counties) ages 8 - 12

Cost: \$50.00

Limited to 10 participants

Registration required by July 1st



- Visit a different farm each day
- Meet farmers and learn how they take care of their animals
- See cattle (both dairy and beef), sheep, goats, horses and llamas/alpacas!

For more information or to register:

albany@cornell.edu | 518-765-3500



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Pullorum Clinic Schedule 2024

**Please note: 7/13/24 is the last clinic offered in the Capital District area

County	Testing Site	Clinic Dates	Time
Albany County Fair Dates: 8/13 - 8/18	Cornell Cooperative Ext. 24 Martin Ave., Voorheesville	7/8/2024 (Mon)	12:00 pm – 3:00 pm
Greene County Fair Dates: 7/25 – 7-28	Angelo Canna Town Park Mountain Ave., Cairo	6/20/2024 (Thurs)	11:00 pm – 2:00 pm
Rensselaer County Fair Dates: 8/28 – 9/2	Schaghticoke Fairgrounds Stillwater Bridge Rd., Schaghticoke	7/13/2024 (Sat)	8:30 am– 11:30 am
Saratoga County Fair Dates: 7/23 – 7/28	Saratoga County Fairgrounds 162 Prospect St., Ballston Spa	6/17/2024 (Mon)	10:00 am – 1:00 pm
Washington County Fair Dates: 8/19- 8/25	Washington County Fairgrounds 392 Old Schuylerville Rd., Greenwich	7/10/2024 (Wed)	1:00 pm – 5:30 pm
Warren County Fair Date: 8/3	Warren County Cornell Cooperative Ext. 377 Schroon River Rd., Warrensburg	7/2/2024 (Tues)	11:00 am – 1:00 pm

Albany County	CCE contact: Barb Stevens, 518-765-3541 bes13@cornell.edu
Greene County	Alex Johnk (manager): 712-249-6391 ajohnk34@gmail.com , Zaia (poultry superin-
Rensselaer County	CCE contact: Bernadine Wiesen, 518-272-4210 bw27@cornell.edu
Saratoga County	CCE contact: Brianna Hughes, 518-885-8995 bh548@cornell.edu ; Rylie Joetta Lear rjl87@cornell.edu
Warren County	CCE contact: John Bowe, 518-623-3291 jfb32@cornell.edu
Washington County	CCE contact: Chris Nestle, 518-746-2560 cpn2@cornell.edu



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