



## 4-H Capital Days Application

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

Age \_\_\_\_\_ Grade in School \_\_\_\_\_

Birth Date \_\_\_\_\_ Years in 4-H \_\_\_\_\_

As the applicant's parent/guardian, I support her/his desire to act as a 4-H delegate for this trip.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Attach this form to your essay. The essay should be 200-300 words answering the question:

**“If you had 5 minutes to talk to your State Senator or Assemblyman, what would you tell them about 4-H in Rensselaer County?”**

**Submit your application to**

**4-H Office (ATTN: Eileen DePaula)**

**CCE of Rensselaer County**

**99 Troy Road**

**Suite 203**

**East Greenbush, NY 12061**