

# KEYNOTES



Cornell Cooperative Extension  
Washington County

January & February 2024



## Hello from the CCE/4-H Office

I am not a winter woman, so I am already looking forward to the fair! However we have many upcoming events and opportunities for our members to keep busy. Tractor Safety, Shooting Sports, Sew4U, Public Presentations, Skeet, and Volunteer Connections to name a few. At our volunteer trainings you are even served a free meal cooked by Brian or Chrys depending the night. I am excited to say this year my hands got to help pack kits for the homeless at our Sidewalk Samaritan event, I hope your hands help next year. :)

Did you order a leaders shirt? We have two orders with no name medium unisex green and x-large unisex green. If you think these were for you please contact me 518-746-2560.

As always never hesitate to reach out for any questions, needs, or even just to rant or rave.

Lisa

## Upcoming Events

**Winter Fest** — February 3rd

**Volunteer Connections** (Be a positive communicator) — February 13th

**Teen Lean In Taco Night** — February 23rd

**Shooting Sports Instructor Training**— February 24-25

**Volunteer Connections** (Finding space for mental wellness) — March 12th

**Ag Literacy Week**— March 18 -22

**Public Presentations**— March 9 Fair grounds 9am—noon or March 23 Hudson Falls CCE 9am-noon.

Check out the full calendar at the end of this issue.

<https://washington.cce.cornell.edu/youth-4-h>

## Opportunities for you

**Volunteer Connections:** This is an opportunity to tune up your skills well having dinner with like minded people. The session is provided via zoom so even if you can not make it to the fair grounds to join in the fun we could send you the link to attend from home. The three remaining session are on Feb 13, 2024 Be a positive communicator. March 12, 2024 finding space for mental illness. April 9, 2024 Animal Science. This is not an all or nothing series please feel free to swing by even for one session that peaks your interest.

**Public Presentations:** This program helps youth learn to create a presentation and present it before an audience. They will learn to research, organize and use creative ideas to keep the audiences interest. Every year the youth grow and are challenged with a more difficult presentation the following year. So whether you are new to it or a full blown YouTube star, this course is for you! To register contact Cathy Sweet at cjs58@cornell.edu or call the office (518) 746-2560. March 9, 2023 9am—noon at the fair grounds or March 23, 2024 9am –noon at the CCE office in Hudson Falls, feel free to pick the date that is the best time or location for you.

**Dairy Bowl:** The 4-H Dairy Bowl program is designed to give 4-Hers the opportunity to learn and share their knowledge about Dairy Science. Interested youth get together weekly to learn about the dairy industry and have fun while doing it. The actual district event held in March is run very similar to a game show where there are teams, buzzers and a moderator.

Details you should know:

- 4-H membership is not required but all non-members will have to enroll for the current year. So invite your child's friends!
- You do not have to live on a dairy farm to participate!
- Weekly practices help youth prepare for the event - typically scheduled for Sunday afternoons.
- There are 3 levels of team participation – Beginners (first timers - those who are 8 to10 years of age as of 1/1/24), Juniors (9 to 13 years as of 1/1/24) and Seniors (14 years & older as of 1/1/24).
- We are looking for any interested youth to create teams to represent Washington County at the District Event!
- The Capital District Dairy Bowl is Saturday March 16 in Ballston Spa.

We anticipate starting mid to late January 2024. Please call our office at **518-746-2560** or respond to this email for more information or if you are interested in participating – visit the following link:

[https://reg.cce.cornell.edu/Dairy\\_Bowl\\_2024\\_253](https://reg.cce.cornell.edu/Dairy_Bowl_2024_253)

**Quilt Workshop:** We are excited to announce that the Argyle Highland Quilt Guild is offering a quilt workshop for **4-H youth!** This is free of charge, no need to bring supplies or even a lunch! The project will be a wall-hanging created under the mentorship of experienced quilters. We hope your 4-Her will consider attending. Participants should have had some experience using a sewing machine. Here's the scoop:

Date: Saturday March 16

Time: 9:30 am – 1:30 pm

Location: Argyle United Methodist Fellowship Hall

Registration: Call 518-746-2560 OR email [washington@cornell.edu](mailto:washington@cornell.edu)

Deadline to register: February 16

**Teen Taco Night** – Join other teens for fun at our February Teen Lean In & beat those winter blues!!! Teens from around the county will enjoy games, food & FUN! We will try our hand at making homemade tortilla shells.

When: **Friday February 23**

Time: **5– 7 pm** Teens can show up anytime during that time frame.

Location: **Washington County Fair Meeting Room**

Nourishment: Build your own tacos & beverages will be provided

RSVP: very much appreciated! You can email [cpn2@cornell.edu](mailto:cpn2@cornell.edu) OR call **518-746-2560** by the end of the **day February 21** or click the link below (we won't turn anyone away if you don't make the deadline)

[https://reg.cce.cornell.edu/Teen\\_Lean\\_In\\_2024\\_253](https://reg.cce.cornell.edu/Teen_Lean_In_2024_253)



**4-H Tractor Safety:** Our Capital District 4-H Tractor Safety program is coming up this spring. The details are still in the works but the virtual orientation is **March 14** & the tours, demonstrations, & practice driving will be **April 1 - 3**. The Skills & Driving tests will be on **Saturday April 6**. This course is for youth 14 years and older. Once the participant passes the written, skills & driving tests, they will receive a certificate that allows them to be employed in an agricultural operation. Teens do not have to be currently enrolled in 4-H – spread the word to other families with interested & eligible teens. If you have any questions, call 518-746-2560.

To register click the link: [https://reg.cce.cornell.edu/4HTractorSafety-2024\\_241](https://reg.cce.cornell.edu/4HTractorSafety-2024_241) or call **518-746-2560** by the end of the **day March 13**.



**4-H Shooting Sports:** We are finalizing the details for our 4-H Shooting Sports programs. Tentatively the Northern program begins late February, and the Southern program begins March 2. Details will be sent as soon as they are finalized. Youth must be 12 years old when the program begins; current 4-H membership is not required so spread the word!

Families can register now by clicking the link: [https://reg.cce.cornell.edu/4-H\\_Shooting\\_Sports\\_2024\\_253](https://reg.cce.cornell.edu/4-H_Shooting_Sports_2024_253) or snap the QR code below.



If you or other families have questions, they can call **518-746-2560**.





## 4-H Shooting Sports 2024

**Ready— Aim—Succeed**

4-H Shooting Sports is open to all youth ages 12-18 who are interested in firearm safety and environmental conservation. Featured are demonstrations, hands-on activities, and range time over 6—8 weeks. Disciplines include Air Rifle/Pistol, Archery, Rifle, Shotgun, & Muzzleloader along with Hunter & Bow Hunter Education certifications.

**Northern begins February 28; Southern tentatively begins March 2**

*Northern program meets Wednesday nights & Saturday mornings at the Hudson Falls Fish & Game  
Southern program meets at Salem Rifle & Pistol and Owlkill Rod & Gun on Saturdays.*

The fee is \$30 for enrolled 4-H members; \$35 for non members.

For more information or to register, contact Cornell Cooperative Extension at:

**518-746-2560 or [washington@cornell.edu](mailto:washington@cornell.edu)**





## 4-H Tractor Safety Certification *March—April 2024*

### National Safe Tractor & Machinery Operation Program

Youth\* will:

- ◆ Learn essential safety skills
- ◆ Gain hands on experience with tractors & skid steers
- ◆ Earn their HOSTA safety certification once they pass the written, skills & tractor driving operation tests

\*Youth 14 & 15 years old are required to have a NSTMOP certificate when employed on farms & at agribusinesses that include operating equipment. *Youth participants must be at least 14 years old as of April 1; any youth 14—18 years are eligible for this program.*

Live virtual mandatory Orientation is scheduled for:  
**Thursday March 14 at 6:00 pm**

In person sessions:

- ◆ Tours: April 1—3
- ◆ Practice driving: April 3
- ◆ Skills & Driving Tests: April 6

Homework & written test will be online.

The fee is \$30 4-H members; \$35 for non-members.  
Previous 4-H membership not required.

For more information contact:

**Cornell Cooperative Extension of  
Washington County**

**518-746-2560 or email [cpn2@cornell.edu](mailto:cpn2@cornell.edu)**

**To register:**

[https://reg.cce.cornell.edu/4HTractorSafety-2024\\_241](https://reg.cce.cornell.edu/4HTractorSafety-2024_241)

*Building Strong and Vibrant New York Communities*

Diversity and Inclusion are a part of Cornell University's heritage. We are a recognized employer and educator valuing AA/EEO, Protected Veterans, and Individuals with Disabilities.





# SAVE THE DATE: 2024 4-H PUBLIC PRESENTATIONS

Two Dates & Two Locations:

March 9 Fairgrounds

9AM-Noon

March 23 CCE Office

9AM-Noon

All youth must preregister.

Email or Call Cathy for more information:

[cjs58@cornell.edu](mailto:cjs58@cornell.edu) or 518-746-2560



## Newsworthy

### Family Hiking Challenge

We had just under 40 families sign up for this program. Each family member that enrolled received a backpack, water bottle, sunscreen & lip balm. We had 2 families that completed 6 of the 9 hikes outlined in the Family Hiking Guidebook: The Borden's: Mom Lisa, Dad Michael, youth Evelyn & Annalise (upper left in the photo) and the Hockenberry's: mom Kathy, youth Sydney, Eddie & Hunter (Kathy, Sydney & Eddie are in the front right). These families earned hiking poles, hiking socks, sun hats and a journal. Special thanks to Miriam Nestle, Evan Rudoman & Ward Sweet for leading the 5 guided hikes! This program was funded with the Youth Sports and Education Opportunities through Washington County Youth Bureau.



The Caligure Family: Oscar front left, Jamie back left & Tara back center also joined this hike, Miriam is back right in addition to the Borden's & Hockenberry's

## Club Talk

### Crystal Clovers

Held a meeting on December 10th, with 16 members present. Tristan Herrington was secretary. They decorated "orderments." I hope you all have enjoyed the misspelling as much as I did. I wish they could stay small forever!

### Rooted In Paradise

In August they visited Lucky Puppy a rescue in Argyle, New York. They washed ten puppies and then got to walk, play and cuddle. Maeve Donaldson was the reporter and he testifies that Landon, Luella, Lucas, Liam, Declan, Millie, Evie, Will, and of course himself were all in attendance.

In October they were able to meet Georgia an exchange student who was able to spend her summer in Mexico. She spoke about her experience, host family, foods and activities. They closed out by asking her any questions they wanted. Thank You Georgia for sharing that with our 4-Hers. The reporter for this event was Landon Nolan and he states that all members were present for this educational meet and greet.

Liam Donaldson also had the opportunity to be a reporter and he wrote that they have done two road clean-ups this year. One being on Earth Day in April. They went around the school and down town area collecting garbage followed by snacks at On a Limb Bakery. In the spring they decided to clean up Shushan walking along roadways and finding cans, tires and even uneaten food. As they were closing out they came upon a pile of glass and removed as much as they safely could. During both clean ups Lucas, Landon, Luella, Nolan, Liam, Maeve, Evie, Will and Millie were present.

Thanks for making such a huge impact on our community , we all appreciate the services you have provided!





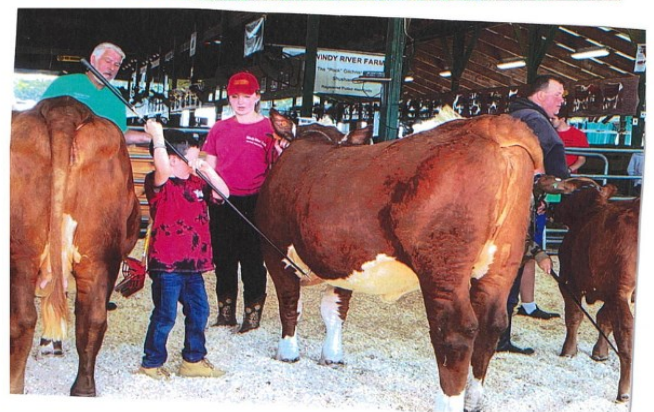
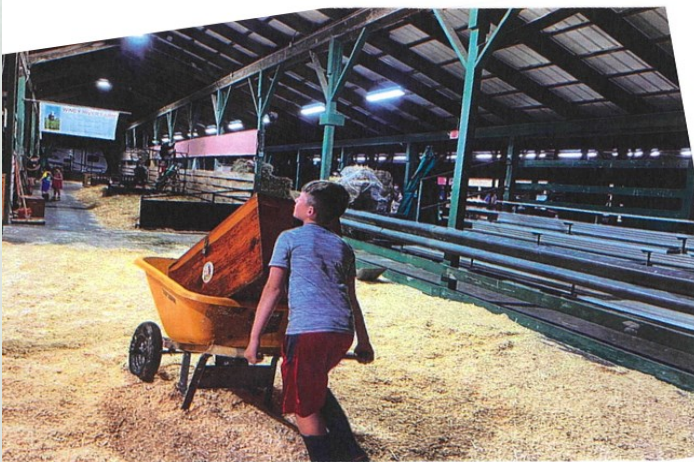
# ROOTED IN PARADISE





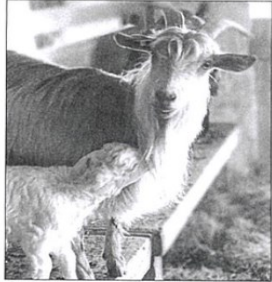
INDEPENDENT 4-HERS  
GETTING IT DONE AT

# WINDY RIVER FARM





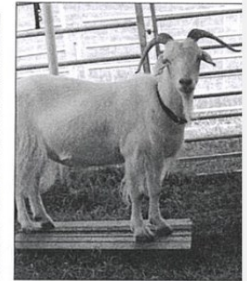
# 4-H Learn By Doing



## Cashmere Kids 2023



*2023 Cashmere Kids 4-H Club — Sister Mary Elizabeth, Nola Sheehan, Quinn Sheehan, Althea Stanger, Rhiannon Curtis, Naomi Curtis, Carson Reynolds, Emma Derbyshire, Kelsey McNall, Ella Derbyshire, and Elden Jojo.*





## DO YOU KNOW OF A 4-HER THAT GOES ABOVE AND BEYOND?

If you see a 4-Her who is using their Heads, Hearts, Hands or Health to better their club, their community, our country or our world, let us know.

If you see a 4-Her demonstrating positive leadership, fostering belonging or keeping busy with community service, let us know.

We would like to feature them in our MONTHLY 4-H Spotlight on social media and in Keynotes. Please email Cathy or call Lisa and they will collect your nominations.

[cjs58@cornell.edu](mailto:cjs58@cornell.edu) or 518-746-2560

**NEW  
FOR  
2024!**



## **DO YOU KNOW OF AN EXTENSION VOLUNTEER THAT GOES ABOVE AND BEYOND?**

Our friends of Extension mean the world to us, in fact, we are only able to do what we do, because of them.

We need your help to shine our spotlight on them.

If you see a volunteer demonstrating positive leadership, fostering belonging, spreading seeds of kindness or keeping busy with community service, let us know.

We would like to feature them in our MONTHLY Volunteer Spotlight on social media and in Keynotes. Please email Cathy or call Lisa and they will collect your nominations.

[cjs58@cornell.edu](mailto:cjs58@cornell.edu) or 518-746-2560

**NEW  
FOR  
2024!**



**Cornell Cooperative Extension**  
Washington County



Congratulations to our Class of 2024  
Graduating Seniors.



We would like to recognize your graduation  
and your time in 4-H.

Please email or call Lisa to see what you need to do to be  
featured as one of our graduating seniors.

All submissions must be received by April 15.

llv25@cornell.edu or 518-746-2560

Cornell Cooperative Extension  
Washington County

## Annual 4-H Calendar

<b>September</b>	<p>Re-enrollment packets hit the mail</p> <p>State Fair exhibits returned—<b>September 5</b></p> <p>4-H Skeet Club—<b>September 26</b></p> <p>Adirondack Wool &amp; Arts Festival—<b>September 23—24</b></p> <p>4-H Club Year 2022-2023 ends —<b>September 30</b></p>	<b>March</b>	<p>4-H Shooting Sports Begins:</p> <ul style="list-style-type: none"> <li>• Northern Program— <b>February 28</b></li> <li>• Southern Program—March 2 <b>Tentative</b></li> </ul> <p>Tractor Safety Virtual Orientation—<b>March 14</b></p> <p>Public Presentations</p> <ul style="list-style-type: none"> <li>• Fair Office —<b>March 9</b></li> <li>• CCE Office —<b>March 23</b></li> </ul> <p>Finding Space for Mental Wellness —<b>March 12</b></p> <p>4-H District Dairy Bowl—<b>March 16</b></p> <p>Quilt Workshop—<b>March 16</b></p> <p>Ag Literacy Week—<b>March 18-22</b></p>
<b>October</b>	<p>4-H Club Year 2023-2024 begins—<b>October 1</b></p> <p>New Volunteer Orientations begin</p> <p>Teen Lean-In—<b>October 9</b></p> <p><b>Leader Information Nights—October 10 &amp; 11</b></p> <p>4-H Agribusiness Career Trip—<b>October 19—20</b></p> <p>Tractor Supply Co. Paper Clover—<b>October 4—23</b></p>	<b>April</b>	<p>4-H Tractor Safety program —begins April 1</p> <p>4-H Skeet Club—<b>TBA</b></p> <p>Volunteer Connections: Animal Science — <b>April 9</b></p> <p>Food Booth Clean Up —<b>April 20</b></p> <p>District Public Presentations—<b>TBA</b></p> <p>Tractor Supply Co. Paper Clover—<b>TBA</b></p> <p>Homesteading Festival—<b>April 27-28</b></p>
<b>November</b>	<p>Achievement Breakfast—<b>November 4</b></p> <p>CCE Annual Meeting —<b>TBA</b></p> <p>Office Closed <b>November 22– 24</b></p> <p>Teen Holiday Lighted Nights Decoration Party—<b>November 24</b></p>	<b>May</b>	<p>New Member Deadline— <b>May 1</b></p> <p>Antique &amp; Flea Market Show — <b>May 4—6</b></p> <p>4-H Scholarships Due—<b>May 15</b></p> <p>NYS 4-H Capital Days— <b>May 19-21</b></p> <p>Animal Lease Deadline—<b>May 31</b></p>
<b>December</b>	<p>Late Enrollment Deadline <b>December 31</b>. Any inactive Members &amp; Leaders get archived; <b>\$10 late fee</b> will be charged for <i>reenrollments</i> received after that date.</p> <p>Office Closed <b>December 25—January 1</b></p>	<b>June</b>	<p>Showmanship Day &amp; Tack Sale —<b>TBA</b></p> <p>NYS 4-H Career Explorations—<b>TBA</b></p>
<b>January</b>	<p>Volunteer Connections: Creating LGBTQ+ Programs—<b>January 10</b></p> <p>Teen Lean-In Sidewalk Samaritan Kits—<b>January 15</b></p>	<b>July</b>	<p>Pullorum Clinic— <b>TBA</b></p> <p>Sew 4U— <b>TBA</b></p> <p><b>Fair entries due</b></p> <p>Dairy Goat Classic—<b>TBA</b></p>
<b>February</b>	<p>Winter Fest—<b>February 3</b></p> <p>Be a Positive Communicator—<b>February 13</b></p> <p>Teen Lean-In Taco Night — <b>February 23</b></p> <p>4-H Shooting Sports Instructor Training <b>February 24—25</b></p> <p>4-H Shooting Sports—<b>Northern Feb 28</b></p>	<b>August</b>	<p>Youth Building Judging—<b>August 17</b></p> <p>County Fair <b>August 19—25</b></p> <p>Exhibits leave for State Fair— <b>August 29</b></p>