

KEYNOTES



Cornell Cooperative Extension
Washington County

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Hello from the CCE/4-H Office

Hello Keynotes Readers,

WOW, what a turnout for 4-H Achievement Breakfast!

Thank you all so much for your attendance. Special thanks to Bobby Brisbin & Lori Lopez Hammond for flipping pancakes & to Brian Gilchrist for cooking the sausage. It was beautiful watching the kids interact and play. If you have not received your club packet, don't hesitate to contact me, and we can set something up.

The Annual Meeting brought fresh faces that we welcome to our family! New board members: Phil Rea, Lori Benson and Andrew LaPierre. Staff: Hannah Rosen & Anthony Zumbolo. Brian also announced that our fruit specialist, Laura McDermott, will retire. Laura has dedicated over half her life to the CCE. Though sad to see her leave, we are excited for her new beginning.

Lastly, our family here at CCE would like to wish you Happy Memory-Filled Holidays!!! Be safe and Enjoy!

Upcoming Events

- Late Enrollment Deadline **December 31**. Any inactive Members & Leaders get archived; **\$10 late fee** will be charged for *reenrollments* received after that date.
- Office Closed **December 25—January 1**
- Volunteer Connections: Creating LGBTQ+ Programs—**January 10**
- Teen Lean-In: Sidewalk Samaritan Kits—**January 15**
- Winter Fest—**February 3**
- Volunteer Connections: Be a Positive Communicator—**February 13**
- Public Presentations Tips—**TBA**
- Teen Lean In: Taco Party — **February 23**
- 4-H Shooting Sports Instructor Training **February 24—25**

<https://washington.cce.cornell.edu/youth-4-h>

Opportunities for Teens

Decorating for Holiday Lighted Nights - Come help create a holiday display for those that attend the drive-through event scheduled between Thanksgiving & New Year's Day. Hot cocoa & a light snack will be served.

- **Friday November 24**
- **Time: 10 am – 12 pm** Teens can show up anytime during that time frame.
- **Location: 4-H Food Booth** on the Washington County Fairgrounds

RSVP: very much appreciated cpn2@cornell.edu or call 518-746-2560 by the end of the day November 21 (we won't turn anyone away if you don't make the deadline)

Sidewalk Samaritan Project - we will be putting together personal hygiene kits for this incredible program that provides clothing & supplies for homeless adults in NYC.

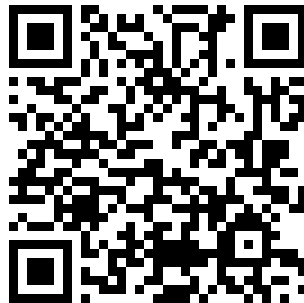
- **Monday January 15, 2024** (Martin Luther King, Jr. Day)
- **Time:** 9:30 am – 12 pm
- **Location:** Washington County Fair meeting room.

RSVP: very much appreciated cpn2@cornell.edu OR call 518-746-2560 by the end of the day **January 11** OR scan the QR code below (we won't turn anyone away if you don't make the deadline)

Teen Taco Party - we will be making taco shells from masa as well as all the accompanying fillings!

- **Friday February 23**
- **Time: 5– 7 pm** Teens can show up anytime during that time frame.
- **Location:** Washington County Fair Meeting Room

RSVP: very much appreciated cpn2@cornell.edu OR call 518-746-2560 by the end of the day **February 21** or scan the QR code below (we won't turn anyone away if you don't make the deadline)



Opportunities for you

4-H Dairy Bowl

The 4-H Dairy Bowl program is designed to give 4-Hers the opportunity to learn and share their knowledge about Dairy Science. Interested youth get together weekly to learn about the dairy industry and have fun while doing it. The actual regional event is run very similar to a game show where there are teams, buzzers and a moderator. There are 3 levels of team participation – Beginner (first timers - those who are 8 to 10 years of age as of 1/1/24), Juniors (9 to 13 years as of 1/1/24) and Seniors (14 years & older as of 1/1/24).



4-H membership is not required but all non-members will have to enroll for the current year. You do not have to live on a dairy farm to participate!

We anticipate starting mid to late January 2024. Please call our office at **518-746-2560** or email Washington@cornell.edu for more information; or to register, visit the link https://reg.cce.cornell.edu/Dairy_Bowl_2024_253 or use the QR code. **Registration opens December 1.**

4-H Shooting Sports

4-H Shooting Sports is open to all youth ages 12-18 who are interested in firearm safety and environmental conservation. The program features demonstrations, hands-on activities, and range time over 6–8 weeks. Disciplines include Air Rifle/Pistol, Archery, Rifle, Shotgun, & Muzzleloader along with Hunter & Bow Hunter Education certifications.



We offer two sites: Northern program meets Wednesday nights & Saturday mornings at the Hudson Falls Fish & Game; Southern program meets at Salem Rifle & Pistol and Owlkill Rod & Gun on Saturdays. Programs begin late February/early March for both the Northern & Southern programs. Dates will be finalized in December.

Please call our office at **518-746-2560** or email Washington@cornell.edu for more information; or to register, visit the link https://reg.cce.cornell.edu/4-H_Shooting_Sports_2024_253 or use the QR code. **Registration opens January 1.**

4-H Volunteer Connections

The Northeast Region Volunteerism Team has come together to offer 4 more live virtual sessions. Each session focuses on a new topic and provides the opportunity for volunteers to connect and learn from volunteers across the Northeast. We invite you to join us at the Washington County Fair office –with dinner – to view the sessions. Dinner is served beginning at **5:30 pm** and the live virtual training begins at **6:30 pm**. Join us any time after 5:30.

Here's the link to register for any of the upcoming sessions: https://reg.cce.cornell.edu/4H_Volunteer_Connections_253 **OR** call Lisa at 518-746-2560 **OR** email llv25@cornell.edu **OR** click the QR code.



You can view these live web sessions from home by using the link on the flyer on page 5 of this Keynotes Issue.

Newsworthy

Achievement Breakfast: 160 smiling faces greeted us bright and early at the Hartford Firehouse for pancakes, cider, and awards. Thanks to Bordens Apple Orchard for the cider and Bobby Brisbin for being our chef. Children were dancing by the slide show, running around the outside area, and people were meeting, greeting, and gossiping. No one left hungry. I can not wait to watch this event grow, and I learned many tricks for next year. We are all involved in 4-H to see the kids blossom, and there is no better event than our achievement celebration because that's when everyone can finally come together. It is a special event, and I hope the kids remember those times for years to come. I have begun and will continue to send awards through the mail to those who were unable to attend. Please keep a watch out!

Annual Meeting: Took place at the 1925 Barn on November 10th. Andrea Harrington has completed two terms. Chris Dudley and Jerry Barnhart have decided to close out after one term. Meaghan English, Andrew LaPierre, Lori Benson, and Phil Rae are all focused on their three-year terms. Phil will be working beside Sherri Slater as our voice for the fair. Everyone enjoyed a lovely beef stew provided by Brian Gilchrist. There was wine and craft beverages, some donated by Tara & Jamie Caligure, and others purchased at local venues like Victory View Vineyard and Argyle Brewing. We were able to get involved and build some pallets. Watch for them as you drive through the holiday-lighted nights. The night was closed with a few small speeches, one of which was given by assemblywoman Carrie Woerner, followed by a dessert made famous in New York, apple crisp with vanilla ice cream. It was an enjoyable time, and we look forward to seeing all of you again next year.

New Additions: Hannah Rosen will be expanding her role here at CCE. We welcome her with open arms and are excited to see where her new position will take her. Some of you may have met her through wet felting at the Wool and Arts Festival or Sew 4 U.

Club Talk

Crystal Clovers did a fall center piece for Thanksgiving. 18 members were present. Tristan Herrington was the reporter and Silas Honyoust signed as secretary.

Club Milestone Years

First Year: Busy Bunch, Cambridge Mud Kickers, Clever Clovers, Owlkill Sharpshooters, Rooted in Paradise & Saddle Sisters

Five Years: Barnyard Circus Critters, Blazing Stars & Cashmere Kids & Country Kids 4-H Driving Club

Ten Years: Pleasant Valley Cowinators

Fifteen Years: Country Clovers

Twenty-five Years: Sheep & Kids & Bluebirds

Forty Years: Post Corners

Forty-five Years: Lucky Bums

Holiday Lighted Nights Pallet Project

Thanks to all clubs & families that created a Holiday Pallet Creation to have on display at the 4-H Food Booth during the Holiday Lighted Nights. They will look marvelous!

Barnyard Circus Critters, Clover Buddies, Lucky Bums, Mettawee Valley, Where Friends Meet 4-H Clubs along with the CCE Washington County Board of Directors.



VOLUNTEER CONNECTIONS

Building Strong 4-H Clubs

November 8th from 6:30-8:00pm

Clubs are one of the many ways 4-H creates environments and experiences to help youth thrive. Explore the qualities of strong 4-H Clubs, share your success, learn from other volunteers and leave with resources to support you in developing or strengthening your 4-H club.

Creating LGBTQ+ Inclusive Programs

January 10th from 6:30-8:00pm

This interactive workshop aims to increase fluency with LGBTQ+ inclusive concepts and terminology, while connecting you with practices and approaches for creating affirming and supportive spaces for youth of all genders and sexual identities.

Be a Positive Communicator

February 13th from 6:30-8:00pm

Learn how you can use positive communication strategies to manage difficult situations or conflicts with others. We'll explore constructive responses and conciliatory gestures and how they can be used to de-escalate conflicts and lead down a path of positive relationship building and understanding.

Finding Space for Mental Wellness in Every Program

March 12th from 6:30-8:00pm

Join the discussion on best practices in ensuring safety and belonging for all members. We'll explore the 4-H Healthy Living Mental Wellness program, with a snapshot of our current youth needs, programmatic offerings, resources, and strategies to support mental wellness in any program.

Animal Science- Strong Relationships & Sportsmanship

April 9th from 6:30-8:00pm

Positive relationships are fundamental to 4-H programs and experiences. Animal Science projects provide authentic opportunities for youth to practice sportsmanship through competitive events and activities. Learn strategies for supporting youth and adults, in the practice of good sportsmanship- being fair, respectful and gracious -- whether they win or lose.

Register today and join volunteers from across the North East Region via Zoom to network, learn, and grow your 4-H program!

<https://tinyurl.com/4HNERV>



Hosted By The North East Region Volunteerism Team

Annual 4-H Calendar

September	<p>Re-enrollment packets hit the mail</p> <p>State Fair exhibits returned—September 5</p> <p>4-H Skeet Club—September 26</p> <p>Adirondack Wool & Arts Festival—September 23—24</p> <p>4-H Club Year 2022-2023 ends —September 30</p>	March	<p>4-H Shooting Sports Begins:</p> <ul style="list-style-type: none"> • Northern Program— TBA • Southern Program—March 2 Tentative <p>4-H Dairy Bowl—TBA</p> <p>Volunteer Connections: Finding Space for Mental Wellness —March 12</p> <p>Public Presentations</p> <ul style="list-style-type: none"> • Greenwich—TBA • Hudson Falls—TBA <p>Ag Literacy Week—March 18-22</p> <p>Tractor Safety Orientation—TBA</p>
October	<p>4-H Club Year 2023-2024 begins—October 1</p> <p>New Volunteer Orientations begin</p> <p>Teen Lean-In—October 9</p> <p>Leader Information Nights—October 10 & 11</p> <p>4-H Agribusiness Career Trip—October 19—20</p> <p>Tractor Supply Co. Paper Clover—October 4—23</p>	April	<p>4-H Skeet Club—TBA</p> <p>4-H Tractor Safety—Spring vacation</p> <p>Volunteer Connections: Animal Science —April 9</p> <p>Food Booth Clean Up —April 20</p> <p>District Public Presentations—TBA</p> <p>Tractor Supply Co. Paper Clover—TBA</p> <p>Homesteading Festival—April 27-28</p>
November	<p>Achievement Breakfast—November 4</p> <p>CCE Annual Meeting —TBA</p> <p>Office Closed November 22– 24</p> <p>Teen Holiday Lighted Nights Decoration Party—November 24</p>	May	<p>New Member Deadline— May 1</p> <p>Antique & Flea Market Show — May 4—6</p> <p>4-H Scholarships Due—May 15</p> <p>NYS 4-H Capital Days— May 19-21</p> <p>Animal Lease Deadline—May 31</p>
December	<p>Late Enrollment Deadline December 31. Any inactive Members & Leaders get archived; \$10 late fee will be charged for <i>reenrollments</i> received after that date.</p> <p>Office Closed December 25—January 1</p>	June	<p>Showmanship Day & Tack Sale —TBA</p> <p>NYS 4-H Career Explorations—TBA</p>
January	<p>Volunteer Connections: Creating LGBTQ+ Programs—January 10</p> <p>Teen Lean-In Sidewalk Samaritan Kits—January 15</p>	July	<p>Pullorum Clinic— TBA</p> <p>Sew 4U— TBA</p> <p>Fair entries due</p> <p>Dairy Goat Classic—TBA</p>
February	<p>Winter Fest—February 3</p> <p>Volunteer Connections: Be a Positive Communicator—February 13</p> <p>Public Presentations Tips—TBA</p> <p>Teen Lean In— February 23</p> <p>4-H Shooting Sports Instructor Training February 24—25</p>	August	<p>Youth Building Judging—August 17</p> <p>County Fair August 19—25</p> <p>Exhibits leave for State Fair— August 29</p>

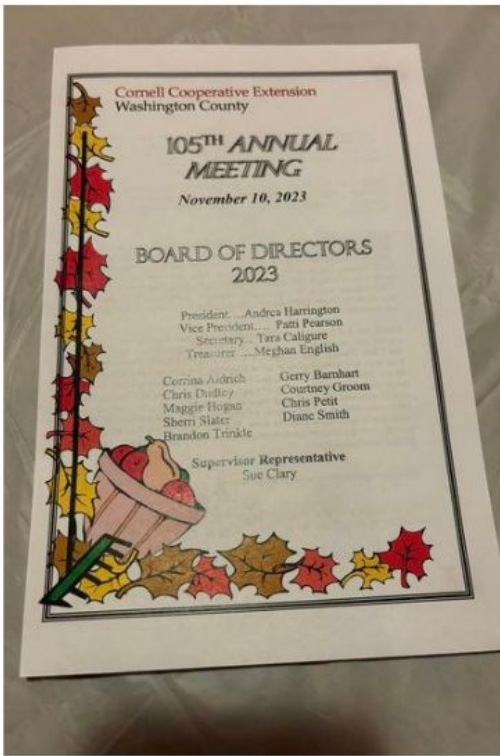


FRIENDS, FAMILY

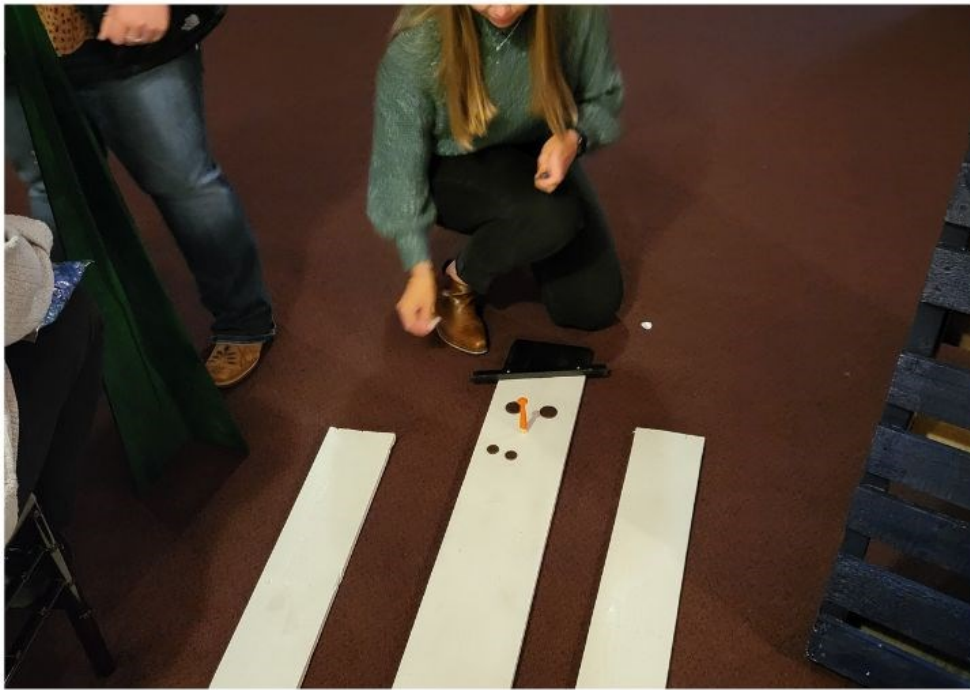
ANNUAL MEETING

FOOD & FUN











PANCAKES

ACHIEVEMENT BREAKFAST

CIDER & AWARDS





A close-up photograph of a white Christmas tree branch. The branch is adorned with several green ornaments of various sizes and shapes, including a large spherical one and a smaller teardrop one. Warm white lights are also visible, some glowing and some unlit. The background is a soft, out-of-focus green.

**May your
Head, Heart, Hands & Health
be filled with the
holiday spirit!**