



*"Sticks in a bundle are unbreakable."*  
AFRICAN PROVERB

# Building YOUR Community Connections

*and why it is so important for your family!*

**JOIN US FOR THE FINAL SESSION  
OF OUR CONNECTION SERIES:**

**WEDNESDAY, NOVEMBER 15, 2023**

**7:00-8:30 pm**

**\$10/participant**

**Join us for a 90-minute virtual workshop  
where we will unpack and discuss these questions:**

- What is social connection?
- How does it benefit us?
- Why is belonging so important to adults, youth and teens?
- What are factors that impact our connections?
- How do we build community?

**CLICK TO REGISTER  
OR SCAN QR CODE**



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