



HEALTHY ULSTER COUNCIL MEETING

March 9, 2023

YOUR MEETING HOSTS

This meeting is being recorded.

- [Melinda Herzog](#)
 - Healthy Communities Program Leader
 - Cornell Cooperative Extension of Ulster County
 - Coordinator of the Healthy Ulster Council
- [Stacy Kraft](#)
 - Public Health Education Coordinator
 - Ulster County Department of Health
- [Katie Sheehan Lopez](#)
 - Regional Farm to School Coordinator
 - Cornell Cooperative Extension of Ulster County



PLEASE SAY HELLO BY TYPING
YOUR NAME AND ORGANIZATION
IN THE CHAT BOX.



PLEASE STAY MUTED
THROUGHOUT THE
PRESENTATION.



ASK YOUR QUESTIONS IN THE CHAT
BOX. THEY WILL BE READ ALOUD
AND ANSWERED.

HOUSEKEEPING

2:00-2:05	Introductions
2:05-2:30	“Ellenville Regional Hospital Community Service Plan” <i>Presenter: Brandon Bogert, MPH, CHES</i> <i>Executive Director, Rural Health Network</i> <i>Ellenville Regional Hospital</i> erhny.org/about-us/rural-health-network
2:30-2:55	“Family Nutrition: Fostering Agency and Empowerment with a Systems Lens” <i>Presenter: Mary Brimmer, MSW</i> <i>EFNEP Nutrition Educator</i> <i>Cornell Cooperative Extension of Ulster County</i> ulster.cce.cornell.edu
2:55-3:00	Stretch Break
3:00-3:25	Facilitated Networking Session <i>Share Your Organization’s Upcoming Program or Event</i>
3:25-3:30	Closing



MEETING AGENDA

PRESENTATION ONE

“Ellenville Regional Hospital Community Service Plan”

Brandon Bogert; MPH, CHES

Executive Director, Rural health Network

Ellenville Regional Hospital

erhny.org/about-us/rural-health-network



PRESENTATION TWO

“Family Nutrition: Fostering Agency and Empowerment with a Systems Lens”

Mary Brimmer, MSW

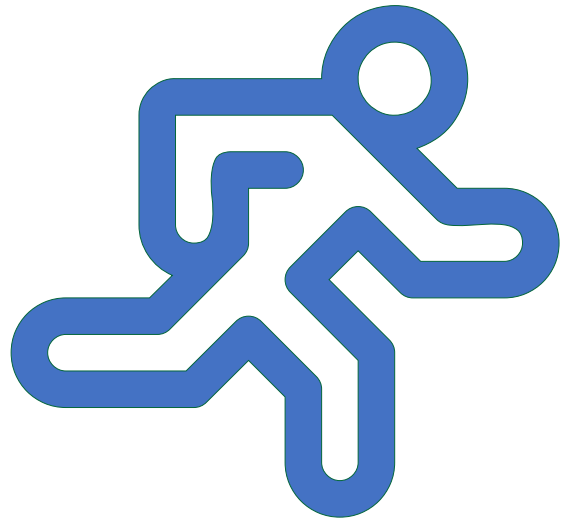
EFNEP Nutrition Educator

Cornell Cooperative Extension of Ulster County

ulster.cce.cornell.edu

Cornell Cooperative Extension
Ulster County





MOVEMENT BREAK

HEALTHY ULSTER GOOGLE GROUPS

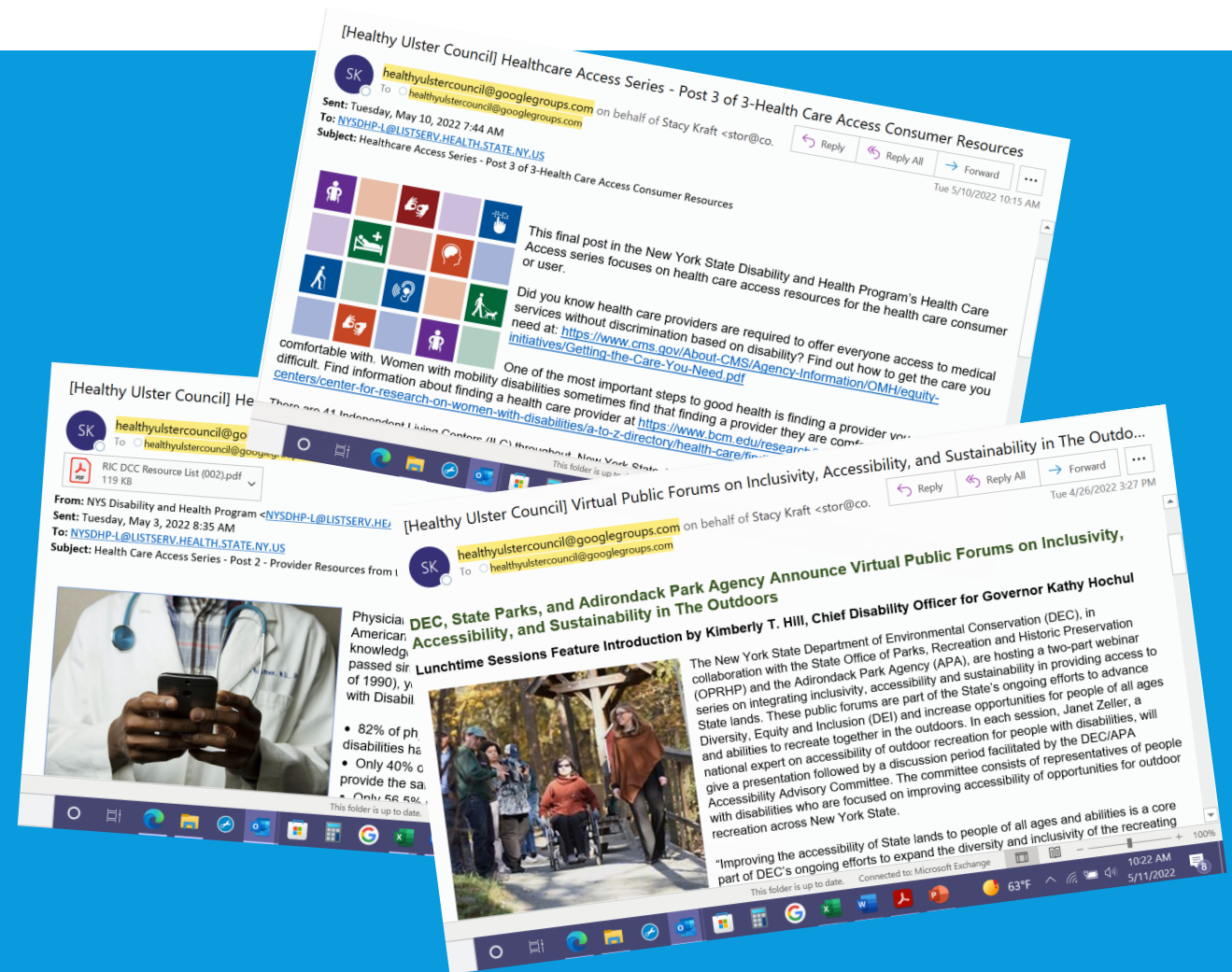
healthyulstercouncil@googlegroups.com

Join our Healthy Ulster Google Group to share and receive the latest research briefs, program updates, and professional development opportunities.

You can share directly to the google group by emailing the group at healthyulstercouncil@googlegroups.com once you are a member.

The platform also allows for collaborating in Google Docs and Google Spreadsheets.

Accept your invite to join or send an email request to be added to Melinda Herzog at: mmh62@cornell.edu



SHARE YOUR PROGRAM OR MESSAGE VIA THE HEALTHY ULSTER RADIO SHOW



Healthy Ulster Radio Airs At:

7:00 AM SATURDAY ON WBPM (92.9FM, 96.5FM, 1260AM, 1420AM)

7:30 AM SUNDAY ON WGHQ (92.5FM, 920AM)

- The pre-recorded shows include Dr. Carol Smith, Commissioner and Vincent Martello, Director of Community Health Relations at the Ulster County Dept. of Health, as the hosts.
- Up to 2 guests can be on the show together.
- The recording location is done remotely via a Zoom link in a quiet location without background noise and interruptions. No need to even turn on your camera.
- It can be recorded on a day that is convenient for the guest(s), but we aim to record on Wednesdays at 3pm.
- The shows are archived at this link:
<http://ulstercountyny.gov/health/healthy-ulster-radio>
- Please sign-up! Contact Stacy Kraft at stor@co.ulster.ny.us or visit:
<https://docs.google.com/spreadsheets/d/1t2yWkZsqpDefroT3H3i8ObuWEE4ZW6C8g70yiPmU10w/edit?usp=sharing>

NETWORKING

Briefly Share Your
Organizations Upcoming
Program or Event

FACILITATED
DISCUSSION

NETWORKING RULES OF ENGAGEMENT

The Facilitator will call upon you to share

State your name and organization

Briefly share an upcoming event or program that you would like everyone to know about.

Focus on an event or program rather than your organization


Remember that you can also share details such as your website, or program dates in the chat

Keep it
Short and
Sweet! 😊



ZOOM POLL

CLOSING REMARKS



Our Next Healthy Ulster Council Meeting will be held on Thursday May 11, 2023 from 2:00- 3:30pm

Visit <http://healthyulstercounty.org/> for more information

Visit [Cornell Cooperative Extension | Healthy Ulster Council](#) for Healthy Ulster Council Meeting Notes

FOR MORE INFORMATION CONTACT

- **Melinda Herzog**
 - Coordinator of the Healthy Ulster Council
 - Cornell Cooperative Extension of Ulster County
 - mmh62@cornell.edu
- **Stacy Kraft**
 - Public Health Education Coordinator
 - Ulster County Department of Health
 - stor@co.ulster.ny.us