

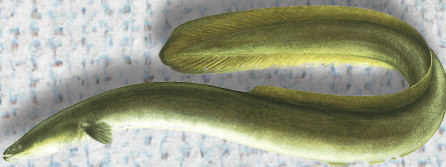
# Fish of the Tidal Hudson River



Striped bass



American shad



American eel



Blueback herring



Bluefish



Blue crab



Alewife



Common carp



Smallmouth bass



Largemouth bass



White catfish



Channel catfish



Brown bullhead



Northern pike



Chain pickerel



Walleye



Yellow perch



White perch



Rock bass



Freshwater drum



White sucker



Bluegill



Pumpkinseed



Redbreast sunfish



Tessellated darter



Banded killifish



Golden shiner



Spottail shiner



# Hudson River Health Advice on Eating Fish You Catch



**Upstream of South Glens Falls Dam**

Visit [www.health.ny.gov/fish](http://www.health.ny.gov/fish) for this advice or see the Northern Hudson River brochure.

**Upper Hudson**







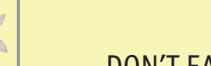











From South Glens Falls Dam to Federal Dam at Troy

Do not eat fish from the South Glens Falls Dam to the Federal Dam at Troy.

From Baker's Falls to the Federal Dam at Troy, New York's State Department of Environmental Conservation's "catch and release" regulations apply.

**Take No Fish. Eat No Fish.**

Mid Hudson		
From Federal Dam at Troy to Rip Van Winkle Bridge at Catskill	 Men over 15 and Women over 50	 Women under 50 and Children under 15
 Alewife	Up to 1 meal/month	DON'T EAT
 Blueback herring		
 Rock bass	DON'T EAT	DON'T EAT
 Yellow perch		
All other fish from the Mid Hudson (including Striped bass and Walleye)	DON'T EAT	DON'T EAT

Lower Hudson		
From Rip Van Winkle Bridge at Catskill to the NYC Battery	 Men over 15 and Women over 50	 Women under 50 and Children under 15
 Walleye	DON'T EAT	DON'T EAT
 White catfish		
 Channel catfish	Up to 1 meal/month	DON'T EAT
 American eel*		
 Gizzard shad	Up to 1 meal/month	DON'T EAT
 Striped bass		
 Smallmouth bass	Up to 1 meal/month	DON'T EAT
 Largemouth bass		
 Bluefish	Up to 1 meal/month	DON'T EAT
 Brown bullhead		
 White perch	Up to 1 meal/month	DON'T EAT
 Carp		
 Rainbow smelt	Up to 1 meal/month	DON'T EAT
 Goldfish		
 Atlantic needlefish	Up to 1 meal/month	DON'T EAT
 Blue crab		
Do not eat the tomalley ("green stuff," mustard, hepatopancreas) or reuse cooking water	Up to 6 crabs/week	DON'T EAT
All other species	Up to 4 meals/month	DON'T EAT

Don't forget that specific advice applies to tributaries and connected waters if there are no dams, falls, or barriers to stop the fish from moving upstream.