Cornell Cooperative Extension HOME FOOD PRESERVATION RESOURCE LIST Recommended for New York State – 2023

Compiled by Cornell Cooperative Extension Experts, Judy Price and Katherine Humphrey Reviewed and Updated March 2023, Diane Whitten and Karen Mort, CCE Educators Web addresses are subject to change.

Links appearing to have a space actually contain an underline.

When searching for information on the internet, search for research-based information from Cooperative Extension sites affiliated with Land Grant Universities, as there is much information that is dubious and might be dangerous.

GENERAL PRINT RESOURCES

National Center for Home Food Preservation (NCHFP) Website http://nchfp.uga.edu/

So Easy to Preserve, new 6th Edition, University of Georgia, Cooperative Extension, 2014 (Order book for \$ 25. Bulk rate for 12 or more books, \$23.00) https://setp.uga.edu/

Preserving Food at Home Resource Guide, 2022, includes "Let's Preserve" factsheets; research-based guidelines for safely canning, freezing and drying food at home; nutrition and storage information. \$20.00

https://extension.psu.edu/preserving-food-at-home-resource-guide

Botulism, 4 pages, Colorado State University, 2012, reviewed 2021 http://extension.colostate.edu/topic-areas/nutrition-food-safety-health/botulism-9-305/

Food Preservation Botulism Outbreaks, 6 cases, UC Davis 2008 - 2018 https://ucfoodsafety.ucdavis.edu/consumers/food-safety-home/home-food-preservation

Burning Issue: Green Beans and Botulism, NCHFP 2020 https://nchfp.uga.edu/publications/nchfp/factsheets/greenbeans.html

Approximate pH of Food and Food Products, 13 pages, FDA, 2003 http://webpal.org/SAFE/aaarecovery/2 food storage/Processing/lacf-phs.htm

Canning Foods – the pH Factor, 3 pages, Clemson University, 2011 https://hgic.clemson.edu/factsheet/canning-foods-the-ph-factor/

Table of Temperatures for Food Preservation, 1 page, NCHFP http://nchfp.uga.edu/how/general/food_pres_temps.html

Table of Boiling Water Temperatures at Different Altitudes, 1 page, NCHFP https://nchfp.uga.edu/how/general/boil water chart.html

Cost of Preserving and Storing Food, 7 pages, Colorado State, 9/2008 <u>http://extension.colostate.edu/topic-areas/nutrition-food-safety-health/cost-of-preserving-and-storing-food-8-704#top</u>

Hazardous Food Preservation and Storage Advice, 1 page, Utah State University, 2008 (butter, eggs, cheese)

https://extension.usu.edu/files/publications/publication/FN Food Safety 2008-09.pdf

Canning and Freezing Questions and Answers, Penn State University, A variety of often-asked questions

https://extension.psu.edu/canning-and-freezing-questions-and-answers#section-0

Cost of Preserving Food in Maine, 2017, 10 pages, includes formulas for calculating costs, applicable to other state. https://extension.umaine.edu/publications/4032e/

GENERAL VIDEO/ELECTRONIC MEDIA RESOURCES

Short Preservation Videos, NCHFP, 2 dehydration, 4 freezing, 8 canning< excerpts from So Easy to Preserve video series

https://nchfp.uga.edu/multimedia videos.html

How microbes live and survive, ~7 ½ minutes, Univ of Minnesota Extension 2017 <u>https://www.youtube.com/watch?v=aLBDmwNcufU</u>

Stop Bot (Botulism), 4 minutes, Univ Minnesota Extension, 2017 https://www.youtube.com/watch?v=KgU0RVEmTT0

Botulism Survivor Urges Safe Canning, Utah State University, 10 minutes https://www.youtube.com/watch?v=ON8FEyVHE30

CANNING PRINT RESOURCES

Complete Guide to Home Canning, USDA, 2015 edition

http://nchfp.uga.edu/publications/usda/GUIDE01_HomeCan_rev0715.pdf

"Selecting, Preparing and Canning Tomatoes and Tomato Products" http://nchfp.uga.edu/publications/usda/GUIDE03 HomeCan rev0715.pdf

"Preparing and Canning Fruit and Fruit Products"

https://nchfp.uga.edu/publications/usda/GUIDE02_HomeCan_rev0715.pdf

"Selecting, Preparing, and Canning Vegetables and Vegetable Products" http://nchfp.uga.edu/publications/usda/GUIDE04_HomeCan_rev0715.pdf

"Preparing and Canning Poultry, Red Meats, and Seafoods" http://nchfp.uga.edu/publications/usda/GUIDE05_HomeCan_rev0715.pdf

Canning Fruits, Tomatoes and Vegetables, 6 pages Cornell University Extension Handy Reference for Canning Fruits

Handy Reference for Canning Vegetables

http://ccesaratoga.org/nutrition-food/food-preservation

Scroll down right column to Fact Sheets

Home Canning Meat: Poultry, Red Meats, Game and Seafood, North Dakota State University, 2019

<u>https://www.ag.ndsu.edu/publications/food-nutrition/home-canning-meat-poultry-red-meats-game-and-seafood/fn188.pdf</u>

Using Atmospheric Steam Canners, 1 page, NCHFP 2020

http://nchfp.uga.edu/publications/nchfp/factsheets/steam canners.html

Guidelines for Safe Canning of Acid Foods in a Steam Canner, 5 pages, U of California, 9/2017

http://anrcatalog.ucanr.edu/pdf/8573.pdf

Using and Caring for Your Pressure Canner, 16 pages, PNW, reviewed 2015 https://catalog.extension.oregonstate.edu/pnw421

Presto Pressure Canner Tester 81288

Call Customer Service, 1-800-877-0441, M - F, 9:00 a.m. - 5:00 p.m. EST.

Testers will only be sold to Extension Educators.

PRESTO Dial Gauge Inspection Record, 1-page, Presto 2019

https://www.gopresto.com/downloads/canning/DialGaugeTestingForm.pdf

Canners and Canning Methods that are Not Recommended, Penn State Extension https://extension.psu.edu/canners-and-canning-methods-that-are-not-recommended

Burning Issue: Canning in Electric Multi-Cookers, NCHFP 2019 http://nchfp.uga.edu/publications/nchfp/factsheets/electric cookers.html

Canning in Electric Multi-Cookers, 1 page Penn State Extension, 2018 https://extension.psu.edu/canning-in-electric-multi-cookers

Microwave Pressure Cookers, 1 page, Penn State Extension https://extension.psu.edu/canning-and-freezing-questions-and-answers#section-5

Canning in Pressure Cookers, 1 page, NCHFP 2015 http://nchfp.uga.edu/publications/nchfp/factsheets/pressurecookers.html

Canning on Smooth Cooktops,1 page, NCHFP 2018 https://nchfp.uga.edu/publications/nchfp/factsheets/smoothtops.html

Burning Issue: Canning on Portable Burners, 1 page, NCHFP 2014 https://nchfp.uga.edu/publications/nchfp/factsheets/canning_portable.html

Burning Issue: Pre-Sterilizing Jars Before Canning, 1 page NCHFP rev 2017 https://nchfp.uga.edu/publications/nchfp/factsheets/sterilizing.html

Home Preserving Pumpkins, 2 pages, U of Georgia 2015 http://nchfp.uga.edu/tips/fall/pumpkins.html

Canning Breads and Cakes? 3 pages, University of Georgia http://nchfp.uga.edu/questions/FAQ_canning.html#30

Canning Soup, Oregon State University https://extension.oregonstate.edu/food/preservation/canning-soup-sp-50-931

Fish Canning Resources

http://www.uaf.edu/files/ces/publications-db/catalog/

Preserving Beets, Penn State Extension, 2021 also includes freezing, drying, pickling https://extension.psu.edu/preserving-beets

Preserving Foods: Asian Pears, Oregon State University, revised 2015 https://extension.oregonstate.edu/sites/default/files/documents/8836/sp50694preservingasianpears.pdf

Preserving White Peaches, Penn State, 2020 https://extension.psu.edu/preserving-white-peaches

Preserving Elderberries, Penn State 2020

https://fyi.extension.wisc.edu/safefood/2020/06/05/elderberries-beautiful-to-look-at-not-for-canning/

Home Canning Water, 4 pages NCHFP 2020

https://nchfp.uga.edu/publications/nchfp/factsheets/home_canning_water.pdf

Play it Safe: Changes and Substitutions to Approved Home Food Processing Recipes, 2017, Univ. of Wisconsin Extension, 2 pages,

https://fyi.extension.wisc.edu/safefood/files/2019/08/SafeSubstitutions.pdf

Converting Dial Steam Pressure Gauge Pressure Canners to Weighted Gauge Canners, Univ. of Alaska Extension, 2021. (Presto and All American only) file:///C:/Users/dsh23/Downloads/FNH-00603 Canner Guage.pdf

CANNING VIDEO/ELECTRONIC MEDIA RESOURCES

Tips on Selecting Pressure Canners, 2-minute video, NCHFP https://nchfp.uga.edu/video/pressure canners.html

Canning videos, Univ of Minnesota Extension 2016, 2017,8 videos running 6 to 8 minutes each.

https://extension.umn.edu/preserving-and-preparing/food-preservation-videos

How to: Home Food Preservation, 7-minute video, Judy Price, CCE Home Food Preservation expert for Tractor Supply, Summer 2013 article https://youtu.be/rgla7SBeTPU

Short Canning Videos, NCHFP, includes 10 videos about acid levels, altitude effects, headspace and cooling methods.

https://nchfp.uga.edu/multimedia videos.html#video

Canning Tomatoes – recorded Power Point presentation, Cornell Cooperative Extension Saratoga County, 2020

<u>http://ccesaratoga.org/nutrition-food/how-to-videos</u>

Pressure Canning Vegetables, Meats and Soup – recorded Power Point presentation, Cornell Cooperative Extension Saratoga County, 2020 http://ccesaratoga.org/nutrition-food/how-to-videos

Pressure Canning – Preserving the Maine Harvest, 45-minute webinar, Univ of Maine

https://www.bing.com/videos/search?q=university+of+maine+food+preservation&docid =607986482549909359&mid=C31FB5F0D556631F16ECC31FB5F0D556631F16EC&v iew=detail&FORM=VIRE

What's wrong with this canning recipe? 5 minute video, Univ Minnesota Extension, 2016

https://www.youtube.com/watch?v=XTWixBQPwg8

Unsafe Outdated Food Preservation Methods, Univ of Minnesota Extension 2017 https://www.youtube.com/watch?v=NU8nal9D2QI

Tips on Selecting Pressure Canners, 2 ½ minute video, NCHFP https://nchfp.uga.edu/video/pressure canners.html#gsc.tab=0

JELLIED PRINT RESOURCES

Complete Guide to Home Canning, USDA, 2015 edition

"Preparing and Canning Jams and Jellies"

http://nchfp.uga.edu/publications/usda/GUIDE07 HomeCan rev0715.pdf

Making Jams, Jellies and Fruit Preserves, 64 pages, U of Wisconsin http://www.foodsafety.wisc.edu/assets/preservation/b2909_jams_2008.pdf

Let's Preserve Jelly, Jam, Spreads, 6 pages, Penn State University http://extension.psu.edu/food/preservation/safe-methods/jelly-jam-spreads

Preserving Food: Jams and Jellies, 6 pages, University of Georgia rev. 2019 http://nchfp.uga.edu/publications/uga/uga_jams_jellies.pdf

Causes and Possible Solutions for Problems with Jellied Fruit Products, 4 pages, U of Georgia

http://nchfp.uga.edu/how/can_07/jellyproblems.html

Making jams, marmalades, preserves and conserves, U of Minnesota Extension https://extension.umn.edu/preserving-and-preparing/making-jams-marmaladespreserves-and-conserves#create-jams-and-jellies-from-frozen-fruit-195412

Can I Use Agave Syrup to make jams and jellies, Penn State University https://extension.psu.edu/canning-and-freezing-questions-and-answers#section-40

Uncooked Jams, 3 pages, Purdue University, September 2002 https://www.extension.purdue.edu/extmedia/CFS/CFS-131-W.pdf

Remake Directions

National Center for Home Food Preservation:

https://nchfp.uga.edu/how/can 07/remake soft jelly.html

For cooked jam or jelly and for freezer jams using CERTO®, Sure-Jell®, Sure-Jell® low or no sugar needed and MCP® pectins see this Kraft/Heinz webpage.

https://www.myfoodandfamily.com/search?searchTerm=remake%20directions Remake directions are also printed in some pectin package instruction inserts.

JELLIED VIDEO/ELECTRONIC MEDIA RESOURCES

Making Strawberry Kiwi Jam- recorded Power Point presentation, Cornell Cooperative Extension Saratoga County, 2020 http://ccesaratoga.org/nutrition-food/how-to-videos

Jam and jelly basics: essential ingredients for sweet success, video ~5 ½ min, Univ Minnesota, 2017

https://www.youtube.com/watch?v=hhXJiexXOfw

How to Make Strawberry Jam, 4-minute video, University of Maine Cooperative Extension: Food and Health

https://extension.umaine.edu/food-health/food-preservation/how-to-videos/how-tomake-strawberry-jam/

Making Apple Juice, Power Point Slide Show, NCHFP http://nchfp.uga.edu/multimedia.html

Making Apple Jelly, Power Point Slide Show, NCHFP http://nchfp.uga.edu/multimedia.html

PICKLING AND FERMENTATION PRINT RESOURCES

Complete Guide to Home Canning, USDA, 2015 edition

"Preparing and Canning Fermented Foods and Pickled Vegetables" http://nchfp.uga.edu/publications/usda/GUIDE06 HomeCan rev0715.pdf

Preserving Food: Pickled Products.8 pages. U of Georgia http://www.uga.edu/nchfp/publications/uga/uga_pickled_products.pdf

Peppers: Safe Methods to Store, Preserve and Enjoy, 14 pgs, U of California 1998 http://nchfp.uga.edu/publications/uc davis/uc davis peppers.pdf

Making Cider Vinegar at Home, 12 pages, Ohio State University Extension 2009 http://ucfoodsafety.ucdavis.edu/files/192135.pdf

Salsa Recipes for Canning, 12 pages, PNW Extension Publication, revised 2014 https://catalog.extension.oregonstate.edu/pnw395

Canning Your Own Salsa Recipe, 3 pages, NCHFP, revised 2019 http://nchfp.uga.edu/publications/nchfp/factsheets/salsa.html

How Do I Ferment?, National Center for Home Food Preservation, 7 publications http://nchfp.uga.edu/how/can6a_ferment.html

Let's Preserve Sauerkraut, Penn State Extension, Home Food Preservation http://extension.psu.edu/food/preservation/safe-methods/sauerkraut

Wild Fermentation: the flavor, nutrition, and craft of live-culture foods, Sandor E. Katz, 2nd Edition, 2016 Found on Wild Fermentation Portal site, also 5 other recommended books by Sandor Katz https://www.wildfermentation.com/

Let's Preserve Quick Process Pickles, 4 pages, Penn State Extension http://extension.psu.edu/food/preservation/safe-methods/quick-process-pickles

Understanding and Making Kimchi, Colorado State University Extension, 2020 https://foodsmartcolorado.colostate.edu/food-safety/safe-preparation-handling-andstorage/1understanding-and-making-kimchi/

Understanding and Making Kombucha, Colorado State University Extension, 2020 https://foodsmartcolorado.colostate.edu/food-safety/safe-preparation-handling-andstorage/understanding-and-making-kombucha/

Safety Aspects and Guidance for Consumers on the Safe Preparation, Handling and Storage of Kombucha, 2018, Canadian Research Institute for Food Safety, 9 pages, https://www.foodprotection.org/files/food-protection-trends/sep-oct-18murphy.pdf

PICKLING AND FERMENTATION VIDEO/ELECTRONIC MEDIA RESOURCES

Quick Pickling – recorded Power Point presentation, Cornell Cooperative Extension Saratoga County, 2020

http://ccesaratoga.org/nutrition-food/how-to-videos

Crunch time: pickling 101, 4 ½ minute video, Univ of Minnesota, 2021 https://www.youtube.com/watch?v=0dAgagnvbkk

Preserve your Catch (Pickling Fish), 5 \(^3\)4 min video, Univ of Minnesota Ext, 2021 https://www.youtube.com/watch?v=QxyNqG-IJeo

Step by Step Making Salsa- recorded Power Point presentation, Cornell Cooperative Extension Saratoga County, 2020 http://ccesaratoga.org/nutrition-food/how-to-videos

Home food fermentation and food safety, 6 min. video, Univ of Minnesota Extension 2018

https://www.youtube.com/watch?v=VNt9mcLzXcY

FREEZING PRINT RESOURCES

Home Freezing Equipment, Clemson Cooperative Extension, 2020 https://hgic.clemson.edu/factsheet/home-freezing-equipment/

Quality for Keeps: Freezing Basics, 6 pages, U of Missouri, reviewed 2021 http://extension.missouri.edu/p/GH1501

Handy Reference for Freezing Fruits, Cornell, 1 page

Handy Reference for Freezing Vegetables, Cornell, 1 page

http://ccesaratoga.org/nutrition-food/food-preservation

Scroll down right column to Fact Sheets

Freezing Fruits,7 pages, Colorado State U Extension, 2013

http://extension.colostate.edu/topic-areas/nutrition-food-safety-health/freezing-fruits-9-331/

Freezing Vegetables, Colorado State U Extension

<u>http://extension.colostate.edu/topic-areas/nutrition-food-safety-health/freezing-veqetables-9-330/</u>

Preserving Food: Freezing Animal Products, 8 pages, U of GA, 2002 http://nchfp.uga.edu/publications/uga/FreezingAnimalProducts.pdf

Preserving Food: Freezing Prepared Foods, 12 pages, U of GA, 2002 http://nchfp.uga.edu/publications/uga/FreezingPreparedFoods.pdf

Freezing Casseroles, Soups and Stews, 1 page, U of GA 2004 https://nchfp.uga.edu/tips/winter/Freezing Prepared Foods.html

Preserving Food: What to do if the Freezer Stops, 2 pages, U of GA, reviewed 2011 http://www.uga.edu/nchfp/publications/uga/uga_freezer_stops.pdf

The Big Thaw – Safe Defrosting Methods for Consumers, 2 pages, modified 2013 https://www.fsis.usda.gov/food-safety/safe-food-handling-and-preparation/food-safety-basics/big-thaw-safe-defrosting-methods

Foods that Do Not Freeze Well, 2 pages, U of GA, 2006 http://nchfp.uga.edu/how/freeze/dont_freeze_foods.html

Methods of Wrapping, 2 pages, North Dakota State, reviewed 2017 <u>https://www.ag.ndsu.edu/publications/food-nutrition/food-freezing-basics-methods-of-wrapping</u>

How to Freeze Dry, Utah State Univ. Extension, includes buying, using and FAQ https://extension.usu.edu/preserve-the-harvest/freeze-drying

FREEZING VIDEO/ELECTRONIC MEDIA RESOURCES

Freezing videos, Includes Freezing fruit for sweet success; Freezing vegetables for tasty results; Preserve your catch (fish); Preserving herbs, University of Minnesota, 2021

https://extension.umn.edu/preserving-and-preparing/food-preservation-videos

Short Freezing Videos, includes 4 videos on preventing browning, sugar, syrup and dry pack methods, NCHFP.

https://nchfp.uga.edu/multimedia_videos.html#video

Food Preservation – "How to" Freezing Videos, Includes: fiddleheads, rhubarb, green beans, tomatoes, strawberries, approx. 4 minutes each,

University of Maine Cooperative Extension: Food and Health.

https://extension.umaine.edu/food-health/food-preservation/how-to-videos/

DRYING PRINT RESOURCES

Drying Foods in NYS, Cornell, 4 pages https://ccesaratoga.org/resources/drying-food-in-nys

Scroll down right column to Fact Sheets

Food Dehydrators, 1 page, U of Georgia

http://nchfp.uga.edu/how/dry/dehydrator.html

How do I?, National Center for Home Food Preservation

National Center for Home Food Preservation | How Do I? Dry

Preserving Food: Drying Fruits and Vegetables, nchfp.uga.edu

http://nchfp.uga.edu/publications/uga/uga dry fruit.pdf

Preparing Safer Jerky, 2 pages, U of Georgia

http://nchfp.uga.edu/publications/uga/prep_safe_jerky.html

Making Jerky at Home Safely, PNW 632 A Pacific Northwest Extension Publication University of Idaho · Oregon State University · Washington State University *https://catalog.extension.oregonstate.edu/pnw632*

Drying Jerky,2006, 2 pages, University of Georgia

http://nchfp.uga.edu/how/dry/jerky.html

Leathers and Jerkies, 3 pages, Colorado State University Extension https://extension.colostate.edu/topic-areas/nutrition-food-safety-health/leathers-and-jerkies-9-311/

Making Fruit Leathers,4 pages, North Dakota State U Extension Service, rev. 2017 https://www.ag.ndsu.edu/publications/food-nutrition/making-fruit-leathers

Drying Herbs, 2 pages, National Center for Home Food Preservation, UGA http://nchfp.uga.edu/how/dry/herbs.html

Oxygen Absorbers, 2 pages, Utah State University Cooperative Extension, 2011 http://digitalcommons.usu.edu/cgi/viewcontent.cgi?article=1196&context=extension_curall

Should I Vacuum Package Foods at Home?, 3 pages, UGA, 1999 http://nchfp.uga.edu/publications/uga/vacuum packaging.html

How to Dry Foods, Deanna DeLong, 1987, reprinted 2006

DRYING VIDEO/ELECTRONIC MEDIA RESOURCES

Drying videos, includes "Dry it you'll like it"; "Homemade jerky 101"; "Preserving herbs", Univ of Minnesota, 2021.

https://extension.umn.edu/preserving-and-preparing/food-preservation-videos

Dehydrating Fruits and Vegetables, recorded Power Point presentation, Cornell Cooperative Extension Saratoga County, 2020

http://ccesaratoga.org/nutrition-food/how-to-videos

Making Jerky Safely, recorded Power Point presentation, Cornell Cooperative Extension Saratoga County, 2020

http://ccesaratoga.org/nutrition-food/how-to-videos

Short Drying Videos, includes 2 videos on drying vegetables and determining dryness and storage of dried fruit, NCHFP

https://nchfp.uga.edu/multimedia videos.html#video

Food Preservation – "How to" Drying Videos, Includes: fruits, herbs, vegetables, approximately 4 minutes each, University of Maine Cooperative Extension: Food and Health

https://extension.umaine.edu/food-health/food-preservation/how-to-videos/

OTHER PRESERVATION TOPIC PRINT RESOURCES

Herb Infused Oils, Clemson University, 2017

https://hgic.clemson.edu/factsheet/herb-infused-oils/

Herbs and Vegetables in Oil, Oregon State University Extension Service, 2015 https://extension.oregonstate.edu/sites/default/files/documents/8836/sp50701herbsand-vegetablesinoil.pdf

Preserving Garlic, Oregon State University, 2015

https://extension.oregonstate.edu/sites/default/files/documents/8836/sp50645preservingaarlic.pdf

Flavored Vinegars, 3 pages, Clemson University, updated 2019 <u>http://www.clemson.edu/extension/hgic/food/pdf/hgic3470.pdf</u>

Dry-Curing Virginia-Style Ham, 8 pages, Virginia Cooperative Extension, 2011 https://www.pubs.ext.vt.edu/content/dam/pubs ext vt edu/458/458-223/458-223 pdf.pdf

Basics of Sausage Making, 47 pages, UGA Extension, 2014 https://secure.caes.uga.edu/extension/publications/files/pdf/B%201437 1.PDF

Summer Sausage & Deli Style Meats, Oregon State University https://extension.oregonstate.edu/food/preservation/summer-sausage-deli-style-meats-sp-50-735

Curing and Smoking Meats for Home Food Preservation – literature review and critical preservation points, NCHFP

http://nchfp.uga.edu/publications/nchfp/lit rev/cure smoke toc.html

Smoking Fish at Home – Safely, 4 pages, PNW, reprinted 1999

https://seafood.oregonstate.edu/sites/agscid7/files/snic/smoking-fish-at-home-safely.pdf

Home Canning Smoked Fish and Home Smoking Fish for Canning,4 pages, U of Alaska via UC Davis, revised 2017

https://ucfoodsafety.ucdavis.edu/sites/g/files/dgvnsk7366/files/inline-files/208606.pdf

Smoking Poultry Meat, Colorado State University Extension 2012

https://foodsmartcolorado.colostate.edu/recipes/preservation/smoking-poultry-meat/

Storing Vegetables and Fruits at Home, EB1326E, 12 pgs, Washington State, 2013 https://pubs.extension.wsu.edu/search?q=Storing+Vegetables+and+Fruits+at+Home

Garden to Table: Storing Fresh Garden Produce, Universities of RI, CT, ME, NH & VT https://extension.umaine.edu/york/wp-content/uploads/sites/28/2018/03/Final-storing-Chart-for-Fresh-Garden-Produce-1.pdf

Let's Preserve Cranberries, Penn State Extension https://extension.psu.edu/preserving-cranberries

Let's Preserve Cranberries, U of Maine Extension https://extension.umaine.edu/publications/4045e/

Can I can Shelled Nutmeats, 1 page, NCHFP

http://nchfp.uga.edu/questions/FAQ canning.html#34

Harvesting, Cracking, and Storing Black Walnuts | Horticulture and Home Pest News, Iowa State.

https://hortnews.extension.iastate.edu/1994/9-16-1994/bnut.html

Hazardous Food Preservation and Storage Advice, (butter, eggs, cheese) 1 page, Utah State University

https://extension.usu.edu/files/publications/publication/FN Food Safety 2008-09.pdf

Canning Chocolate Sauces Unsafe, 2 pages, NCHFP, 2003

http://nchfp.uga.edu/publications/nchfp/factsheets/choc_sauce.html

Storing Honey, 1 page, Penn State Extension, 2015

https://extension.psu.edu/canning-and-freezing-questions-and-answers#section-15

Storing Maple Syrup, 1 page, Maine Maple Producers, 2015

https://mainemapleproducers.com/storing-maple-syrup

OTHER PRESERVATION TOPIC VIDEO/ELECTRONIC MEDIA RESOURCES

Food Preservation – "How to" Harvest and Store Videos, Includes: apples, cranberries, onions and pumpkins approximately 4 minutes each, University of Maine Cooperative Extension: Food and Health,

https://extension.umaine.edu/food-health/food-preservation/how-to-videos/

RESOURCES for Food Processing

Cornell Food Venture Center helps food businesses large and small introduce new food products into the marketplace. The Center provides educational materials, workshops and direct assistance with product safety evaluation, process development and guidance in local, state and federal regulatory compliance.

https://cals.cornell.edu/cornell-agritech/partners-institutes/cornell-food-venture-center

**New York State Department of Agriculture and Markets, Food Business Licensing including definitions, regulations, exemptions, and an application for a Food Processing Establishment.

https://agriculture.ny.gov/food-business-licensing