

Register
by Monday,
May 22

4-H JR. IRON CHEF COMPETITION



Sunday, May 28, 2023 from Noon-4:00pm
at Celebrate Commemorate Memorial Day
(Lafayette Park, Waterloo)

*** New this year! We will hold an exhibition for up to 2 teams of 3rd to 5th graders.
An adult mentor and supervisor is required.***

Modeled after the TV show "Chopped", youth will be provided Festival food and will be asked to reinvent their food item into healthier and tastier recipes, using some pantry items, local foods, maybe a surprise or two, and their own culinary creativity!

All ingredients and cooking tools and supplies will be provided.

Up to four teams of 3-5 Middle and/or High school students can participate and must register. You do not need to be existing 4-H members in order to participate.

Register online via QR code OR go to our website at www.senecacountycce.org

If you are unable to access the internet, please call CCE Seneca at 315-539-9251.



Question? Contact: Rachel Williams, 4-H Youth Development Issue Leader at
rrw33@cornell.edu or 315-539-9251

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