

WHAT IS TRAUMA-INFORMED CARE?

Trauma-Informed Care (TIC) considers the pervasive nature of trauma and promotes environments of healing and recovery. It assumes that a person is more likely than not to have a history of trauma, and educates to instill resilience to offset the effects of toxic stress and trauma.



ADDRESSING THE STRUGGLES OF YOUTH IN A PANDEMIC WORLD

Project THRIVE provides free educational resources and presentations to youth and adolescents:

- Coping Skills & Stress Management
- Resilience
- Suicide Prevention*

**Middle school and high school*



Every child needs one person who is crazy about them.

-Uri Bronfenbrenner



FOR MORE INFORMATION:

“ Contact our Social-Emotional Learning team!

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A PROGRAM OF
Cornell Cooperative Extension
Oneida County



Project THRIVE



**Fostering Trauma-Informed
Care Strategies in a
Global Health Pandemic**

THE TRAUMA-INFORMED CARE APPROACH:

- Identify
- Intervene
- Interrupt

LIVE AND VIRTUAL PROGRAM OPTIONS

Adult Training
Youth/Adolescent Presentations
School Events
Resources & Literature

Project THRIVE's Trauma-Informed Care training considers how early adversity can impact lifelong health.



PROGRAM BENEFITS

- Learn how toxic stress and trauma can be caused by adverse life events such as COVID-19.
- Learn how to identify signs of trauma and Adverse Childhood Experiences (ACEs) associated with COVID-19 and other sources of toxic stress.
- Learn how to implement a trauma-informed approach to build resilience and offset the effects of trauma and toxic stress.

WHO WE SERVE



School Faculty & Staff



Parents



Child Care Providers



Youth & Adolescents

WHY Project THRIVE?

Children may experience long-lasting social-emotional and physical challenges resulting from toxic stress and other types of trauma induced by the global COVID-19 pandemic and other life events.

We educate to foster **safe environments and relationships** through which **healing** can begin.



All program offerings are **FREE!**