

Cornell Cooperative Extension | Sullivan County

Yoga & Mindfulness for Toddlers, Preschool and Pre K classrooms



**Saturday
May 6th
9:00 am—
4:00 pm**

**Extension
Education
Building**

FREE!

**Registration
required!**

Want to develop your skills with children?

**Join us to learn the benefits and how-to's of integrating
yoga and mindfulness-based activities into a child's class day!**

This program will provide light refreshments and lunch with two
15 minute breaks and 30 minute lunch break.

Please register through the following link:

https://pub.cce.cornell.edu/event_registration/main/events.cfm

After registering, you will receive more event details!

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