

Family & Consumer Sciences Programs

Our primary goal is to help members of the community improve their overall quality of life by developing good home and consumer management skills. With this goal in mind, Cornell Cooperative Extension offers numerous programs designed to increase consumer literacy.

Financial Management

One-to-One Financial Coaching-

designed for individuals who have concerns managing their money effectively. Participants learn to identify assets and liabilities, track income and expenses, determine values and set financial goals, create a household spending plan, manage credit and debt, identify ways to decrease spending, and identify options to increase income. For individual sessions contact Linda S. Law-Saunders.

Making Ends Meet- participants learn about setting financial goals, getting the most for their money, developing a spending plan, and ways to reduce their utility bills.

Exploring Credit & Debt Management Issues- topics discussed at this workshop are ways to establish good credit, how to make credit work for you, understanding your credit report, common pitfalls to avoid, and strategies for paying down debt.

Energy/Sustainability

Save Energy, Save Dollars- participants learn about low-cost and no-cost ways to save energy and reduce energy bills.

Other areas within the E/S program:

- Weatherization information
- Rebate and refund programs for energy
- Water conservation

****** For dates of programs or if you would like to set up a program for a group, please contact CCE Washington County.

Healthy Homes

Radon- Washington County has been identified as a high risk radon county. The program provides education for public awareness and has a testing component. Washington County residents are eligible for a free radon detector kit by contacting CCE Washington County.

******* Information is also available on the topics of lead, allergens/ asthma, combustion products, unintentional injuries, insects & rodents, mold & moisture, pesticides and asbestos.