

Spring into



Fall

Recipes



Join your local SNAP-Ed Nutritionist for a FREE Nutrition Workshop featuring a different fall recipe each week!



Email Katie at knw38@cornell.edu to register!



October 4 October 11 October 25

1pm or



Join us for this virtual workshop on Zoom! You can join by cell phone, laptop or tablet, or dial in!

If modifications are needed, please contact in advance.



Southern Finger Lakes Region

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