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Cornell Cooperative Extension
Essex County

ADIRONDACK CUISINE TRAIL OPEN FARM WEEKEND SEPTEMBER 2-5

Farm Tours, Workshops, You-Pick and More Along the Boquet Valley Cuisine Trail
Labor Day Weekend

August 17, 2022

Lewis, NY - Farm tours, local food workshops, you-pick, and more are scheduled for the first inaugural Adirondack Cuisine Trail [Open Farm Weekend](#). Events will be held through Labor Day Weekend highlighting farms and small businesses along the [Boquet Valley Cuisine Trail](#), one of the six distinct cuisine trails that highlight agriculture in the Adirondacks.

After the success of the 2021 Open Farm Week that took place in lieu of the traditional one-day Adirondack Harvest Festival due to COVID-19 concerns, Adirondack Harvest is excited to host both an Open Farm Weekend and the one-day Adirondack Harvest Festival this year.

Attend one, a few, or all Open Farm Weekend events listed below. More information about each event can be found online at AdirondackHarvest.com.

2022 Open Farm Weekend Events

Daily, Sept 2-5 from 8am-5pm

[Self-Guided Culinary Lavender Exhibit & You-Pick](#) Sunflowers, Zinnias and Organic Grapes at Adirondack View Vineyard and Lavender- 59 Thompson Road, Keeseville, NY (You-pick flowers: \$0.50 per stem and grapes: \$1.00 per pound.)

Friday, September 2 from 9am-4pm , Saturday, September 3 from 9am-2pm and Monday, September 5 from 9am-4pm

[Guided Tours, You-Pick Flowers and Bouquet Bar](#) at Mossbrook Roots Flower Farm and Florist- 614 Mace Chasm Road, Keeseville, NY (You-pick flowers: \$1 per stem, Bouquet Bar: \$25 for handmade paper-wrapped bouquets)

Friday, September 2 from 4:30-8pm

[Music, Food Trucks & Free Kids Activities with CCE Essex](#) at Ausable Brewing Company- 765 Mace Chasm Rd

Keeseville, NY (Free, food and beverage available for purchase)

Saturday, September 3 from 8:30-10:30am

[Dairy Farm Tour and Cheese Tasting](#) at North Country Creamery- 931 Mace Chasm Rd., Keeseville, NY (Free, products available for purchase)

Saturday, September 3 from 11am-1pm

[Essex Farm Tour](#) with Mark Kimball- 2503 NYS Route 22, Essex, NY (Suggested donation: \$5 for kids, \$10 for adults, free for CSA members)

Saturday, September 3 from 9-10am

[Yoga in the Lavender Fields](#) with Emily Barry of Adk Yoga at Adirondack View Vineyard and Lavender- 59 Thompson Road, Keeseville, NY (\$12 per person, please pre-register)

Monday, September 5 from 5-7pm

[Low Waste Cooking Class](#) at the Hub on the Hill- 545 Middle Rd, Essex, NY (Free, please pre-register)

Giveaway for Open Farm Weekend Attendees

As a thank you to participants, we are giving away a \$100 credit to be spent at any [Adirondack Harvest member business](#). To enter, sign up for the Adirondack Harvest news email list at each Open Farm Weekend event that you attend. The more Open Farm Weekend events you attend, the more entries participants can earn. The drawing will be held on 9/6/2022, and the winner will be contacted by email.

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About Adirondack Harvest

Adirondack Harvest increases opportunities for profitable, sustainable production and sale of high-quality food and agricultural products, and expands consumer choices for locally produced healthy food. Our work covers the greater Adirondack region and northeastern New York State. Learn more at adirondackharvest.com. Adirondack Harvest is a regional program of Cornell Cooperative Extension of Essex County.