

# JANUARY 2022

Cornell Cooperative Extension | Orange County



## 4-H COVID UPDATE

In an effort to keep everyone safe while we are still living with an active spread of the Covid-19 virus, the 4-H Team is making the changes to programming planned for the beginning of January.

Where possible, we are relying on switching programs to virtual and/or postponing them to a later date when hopefully it is safer to meet in person.

We will be keeping an eye on guidance from Orange County, State 4-H, and will be evaluating the safety of in-person programming on a regular basis, with the intention to have in-person programming when it is possible without putting anyone at risk.

**COVID  
UPDATES  
TO 4-H  
PROGRAMS**

As of 12-28-21



Click here to view the  
updates to our 4-H  
programs as of 12/28/2021

## LEADER SUPPORT

### 4-H Project Kits Are Here!

The Project Kit includes **5 ready-to-go projects** for both new and existing 4-H members. Each project will offer members an opportunity to enjoy a hands-on learning experience with their club or independently at a minimal cost. These projects are designed for all ages. The Project Kit (all 5 projects) is available to 4-H members for \$20, OR each project can be purchased individually for \$5 each. You **MUST** be enrolled in 4-H to purchase any of these projects.

4-H Club COORDINATING LEADERS will enjoy the package at no cost. Please contact our office for your kits.

**Rocket Kit** – available January 2022. Rocket launch will be held at 4-H Fun Day at the Park on April 2, 2022. Includes a How-to-Build video link.

- Rocket
- Engine

- Glue

**Microgreens Growing Kit** – *available immediately*. Call the CCE Orange County office (845) 344-1234 ext. 243 to schedule a pick-up date and time.

- Seeds
- Container
- Dirt
- Instructions for a seed dissection

**Bluebird House Kit** – will be available January 2022. Includes a How-to Build video link.

- Pre-cut wood
- Nails

**Sewing Experience** – led by 4-H Teen Leader at the CCE Orange County office. An email will be sent with link to register for a meeting date.

- Beginner sewing project
- All supplies and use of sewing machine included
- Must register – a separate email with registration will be sent

**Computer Science Experience** – led by 4-H Educator at the CCE Orange County office. A link will be sent to register for a meeting date.

- Computer science/coding activity
- Laptops will be available
- Must register - a separate email with registration will be sent

[Click Here to Register!](#)

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## 4-H Leaders Association

**Do you love 4-H? Do your kids love 4-H? Are you a former 4-Her? Then get involved! Be a part of the 4-H Leaders Association. You don't have to become an officer, just be a part of the meetings and provide your input!**

**Join us at our next meeting which will be held virtually on Tuesday, January 11, 2022 at 6:30 pm. An invite will be sent via email. These meetings are held on the second Tuesday of the month. We welcome and encourage ALL parents and volunteers to join these meetings.**

## UPCOMING AND CURRENT PROGRAMS

### Rabbit Club for Kids!

Check out the fun projects and activities we'll explore:

- Rabbit breeds
- Housing and equipment
- Grooming



Do you love rabbits?

Would you like to learn more about them?

Well, here is your opportunity to do that! We are starting a brand new Rabbit Club!

- Nutrition
- Anatomy
- Showmanship
- Health and Disease

All youth age 8+ are welcome to join!

Meetings will be held at the CCE Office on the first Friday of each month from 6:30-8:00 PM.

Registration is required. [Click Here!](#)

**PROGRAM NOTE:** The January meeting is going to be virtual. You MUST register to receive the link.



## Cat Club

**Did you know that domestic cats are the second most popular pet in the world??**



Check out the fun projects and activities we'll explore:

- Cat evolution
- Cat first aid kit
- Cat anatomy & body systems
- Cat illustration
- Cat show and tell/presentation
- Cat themed movie party

Let's learn about the creatures we love! Join us as we explore domestic cats. You do not have to own a cat...the only thing required is a love and curiosity about cats!

***This program is for ages 8+.***

Meetings will be held the third Thursday of each month from 6-7:30 P.M. You MUST register the Friday before each meeting by clicking [here](#).

**PROGRAM NOTE:** The January meeting is cancelled. The next meeting is February 17th.

## Horse Bowl & Hippology

The term "Hippology" comes from the Greek "hippo" meaning horse, and "ology" meaning "the study of." In Hippology, youth field a wide range of questions, ranging from breed identification, anatomy, tack identification, and feed samples to disease management, parasite identification, and quality assessment. They also are given a timed problem-solving challenge they must solve on the spot. This is a great opportunity to come learn about horses

and to test your knowledge individually and as part of a team.

Practices will be held weekly on Thursdays from 6:30-8:00 pm at the CCE office located at 18 Seward Avenue, Middletown. Please note that practice will not be held on December 16<sup>th</sup> or 23<sup>rd</sup>.

REGISTRATION IS REQUIRED! [CLICK HERE](#)

Check out this [website](#) for more detailed information.



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## Horse Science Levels

This year's horse science levels will be held by appointment on Friday, February 4<sup>th</sup> from 5pm-7pm at the CCE Orange County office located at 18 Seward Avenue, Middletown. Please contact your 4-H Horse Club Leader to check your eligibility to participate.

Contact DeAnna [ds2285@cornell.edu](mailto:ds2285@cornell.edu) OR 845 344-1234 ext 249 to schedule an appointment or if you have any questions.

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# ENGINEERING CHALLENGE



Build a  
balloon-  
powered car  
from **recycled**  
**materials**

FOR EVERY ACTION, THERE IS  
AN EQUAL AND  
OPPOSITE REACTION

Date: February 26th at the CCE office, 18  
Seward Avenue, Middletown, NY  
Time: 10am

Using a plastic bottle and RECYCLED materials,  
design and build a balloon powered car.  
Cars will be judged on distance traveled, fastest  
speed, creative design, and engineering design.

- ♦ Cloverbud: 5-7 years old
- ♦ Junior: 8-12 years old
- ♦ Senior: 13-19 years old

Questions contact: Kat Leo at  
kal64@cornell.edu or call 845-344-1234

**Cornell Cooperative Extension** | Orange County

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[Click Here to Register for the Engineering Challenge](#)

# New York State 4-H

## All are welcome!

# Virtual Statewide Esports 4-H Club

Forming in your county!

First Meeting on  
Thursday, December 2nd at 6pm



Esports is a growing platform for youth to meet and play video games with friends. Join the NYS 4-H club to learn new games, skills and make new friends. Guest speakers will discuss the gaming industry, healthy gaming and much more. Competitive gaming opportunities.

*This program is for youth ages 13+*



Cornell University  
Cooperative Extension  
Orange County



NEW YORK STATE  
**4-H**

Please contact Kathy Leo at [kal64@cornell.edu](mailto:kal64@cornell.edu) or 845-344-1234 to register

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## Orange County 4-H Teen Connect!

**4-H Teen Leadership Career Development Program Takes a Hiatus to Offer a New Teen Program!**

Throughout the pandemic, everyone was sequestered and felt the effects. 4-H and TLCD were not excluded. During the 2021-2022 program year, 4-H is on a



reconnection campaign. While we fully believe in TLCD and the skills and experience it offers its members, this is not the year to be exclusionary, regardless of process. Therefore, the decision was made last month to put TLCD on hiatus for the next year.

For the 2021-2022 year, JT Grodecki will be coordinating a new teen group -

**4-H Teen Connect!** for youth **ages 13 and older**. This new group will include some of the TLCD stuff, but

will be a bit more laid back. We will still be using some of the same resources and formats as TLCD; however, there will not be the meeting and participation requirements. You do **NOT** need to apply to get in. Anyone can come to any meeting! However, ***RSVPing beforehand is required.***

There will still be plenty of community service and leadership activities to partake in! Youth can reconnect with their peers and meet new friends! Business dress is still required when speakers will be present.

Meetings are held the first and third Wednesday each month at 7pm at CCE Orange County office located at 18 Seward Avenue, Middletown. You **MUST** RSVP the Friday before each meeting to let us know if you will be attending. **IMPORTANT NOTE:** The meeting scheduled for January 19<sup>th</sup> will be held virtually. You **must** RSVP by Friday, January 14<sup>th</sup> to receive the link. This is to ensure we have enough materials for everyone.

For more information and to RSVP, please contact JT Grodecki [jt.grodecki@gmail.com](mailto:jt.grodecki@gmail.com) or DeAnna Sardella [ds2285@cornell.edu](mailto:ds2285@cornell.edu).

## PLAN AHEAD FOR 2022 PROGRAMS

# INTERNATIONAL NIGHT

It's time to start planning for International Night! We are planning to hold this year's event on February 18th, 2022 at John S. Burke High School in Goshen, New York from 6-9 pm. We will keep you informed to any changes. ***Please note, you MUST be a 4-H member to participate.*** Schedule is as follows:

5:30 pm – Set up

6:00-7:00 pm – Explore the world

7:15 pm – Skits

We hope you can join us for this amazing event! The first thing you need to do is pick a **COUNTRY!**

**Choosing a Country.** Try something new this year to choose your country. Here are a few ideas to try:

1. Grab a map and throw a dart
2. Spin a globe and stop it with your finger
3. Play pin the flag on the map
4. Put pics of the flags from around the world in a bowl and select randomly

If you have never been to our International Night, you are in for a treat! Here's how it works:

- **Bring a dessert/finger food to share that reflects the culture of your country.** Find out the history of that dessert - is it traditional to a religion or cultural group? Is it eaten for a special occasion? Is it a recent favorite food that found its way to new taste buds through cultural exchange?  
*Note: We will provide updated information for preparation and serving of food.*
- **Set up a display about your country.** You can use posters, flags, souvenir/items, etc. from the country. Another idea is to wear or bring traditional, historical, or popular style of clothing from your country. If you cannot find appropriate clothing, bring photos or types of fabric, accessories, etc...be creative!
- **Perform a skit!** Be ready to share up on stage what you've learned about your nation's heritage with the other 4-H guests. You can do this with pictures, songs, skits...however you want to entertain and educate us! **Please only 3-5 minutes.**

***Even if you can't participate this year, you are invited to join us anyway to explore the world!***

## 4-H SUPPORT



### \$19.23 for Orange County 4-H

In 1923, something special happened in Orange County...4-H was born! It started in a one-room schoolhouse in Coldenham. Over the next decades, thousands of youth grew and benefited from the efforts of volunteers and staff via the 4-H motto of "Learning by Doing."

In celebration of our 100th anniversary, we are having a "\$19.23 for Orange County 4-H" fundraiser that will lead up to a big celebration at the 2023 Ag & Family Festival which will be held in July. We are asking 4-H alumni, volunteers, and those who believe in 4-H to donate \$19.23 in each of the next 3 years to help support the Festival and our new facilities at the Education Center & 4-H Park.

**[Click here for more details and to donate!](#)**



18 Seward Avenue, Suite 300  
Middletown, NY 10940  
845-344-1234  
[www.cceorangecounty.org](http://www.cceorangecounty.org)



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**Visit our Website!**