

SNAP-ED NY PRESENTS:

TIPS ON COOKING FOR LESS

A FREE IN-PERSON WORKSHOP

Could your favorite recipes feed a small army, but you're only cooking for one or two? Join SNAP-Ed Nutritionists as they cover useful tricks on cooking for fewer people and less money!

JANUARY 18TH | 3 PM- 4 PM
JANUARY 19TH | 10 AM- 11 AM
JANUARY 25TH | 3 PM- 4 PM
JANUARY 26TH | 10 AM- 11 AM

@ 20 E MORRIS ST IN BATH
OR OVER ZOOM

Email kem337@cornell.edu or call (607) 664-2300 to register!

For special accommodations, please call (607) 664- 2300 in advance.

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 **SNAP-Ed**
New York
SAVE TIME. SAVE MONEY. EAT HEALTHY.