

# 2021 Caregiver Resource Center Virtual Support Groups



## **Family Caregiver Support Group** | 6:30-7:30 pm | Zoom

- Register: email [bjl25@cornell.edu](mailto:bjl25@cornell.edu) or at <https://cornell.zoom.us/j/91254622222>
- Weekly Wednesdays. For all family caregivers, assisting an adult with any type of diagnosis, disability or illness.

## **Alzheimer's Caregivers Support Group** | 5-6pm | Zoom

- Register: email [bjl25@cornell.edu](mailto:bjl25@cornell.edu) or at <https://cornell.zoom.us/j/91254622222>
- Third Tuesday of the month. This group is specifically for caregivers assisting someone with a dementia.

alzheimer's  association®

**Please see reverse side for dates.**

[sullivanccce.org](http://sullivanccce.org) • [sullivan@cornell.edu](mailto:sullivan@cornell.edu) • 845-292-6180

This co-partnered program between Cornell Cooperative Extension and Office for the Aging of Sullivan County is supported by a grant from the NYS Office for the Aging's Caregiver Program.

<b><u>Family Caregiver Support Group</u></b>	<b><u>Family Caregiver Support Group</u></b>	<b><u>Alzheimer's Caregivers Support Group</u></b>
January 6	June 23	January 19
January 13	July 7	February 16
January 20	July 14	March 16
January 27	July 21	April 20
February 3	July 28	May 18
February 10	August 4	June 15
February 17	August 11	July 20
March 3	August 18	August 17
March 10	August 25	September 21
March 17	September 8	October 19
March 24	September 22	November 16
March 31	September 29	December 21
April 7	October 6	
April 14	October 13	
April 21	October 20	
April 28	October 27	
May 5	November 3	
May 12	November 17	
May 19	December 1	
May 26	December 8	
June 2	December 15	
June 9	December 29	
June 16		