



What Is 4-H?

4-H is the largest youth-serving organization in the country. It is a volunteer-led organization that reaches boys and girls through a variety of interactive programs. 4-H also provides programming for in-school and after-school settings.

What Types Of 4-H Memberships Are Available?

4-H Clubs are co-ed groups with at least five members, ages 5 - 18 years of age. **The Cloverbud Program** is open to youth 5 - 7 years of age.

Family 4-H is for 4-H members who do not belong to a club. They have an adult mentor and must complete at least one 4-H project and one community service each year.

What Does It Cost?

There are no state or national dues; however there is a \$15.00 yearly enrollment fee or \$35.00 per family with three members or more to participate in the Albany County 4-H Program. Some groups do collect dues or fees for activities or special events. Materials for projects are provided by members, their families, or their group.

How Do I Join?

Call the 4-H Office at 518-765-3500 or email: albany@cornell.edu

What Types of Projects Can I Choose From?

Ag Education	Clothing & Textiles	Leadership
Animal Science	Community Service	Natural Resources
Astronomy	Consumer Education	Photography
Bird Study	Creative Arts	Public Speaking
Block Coding	Food and Nutrition	Rocketry
Career Exploration	Gardening	Science & Technology
Character Education	Independent Study	Space Discovery

There are over 100 4-H projects!

What About Special Events?

There are many special events that members of 4-H can participate in:

Public Presentations	County and State Fairs	Teen Groups
Workshops	4-H Adventure Programs	Scholarship Offerings
Contests and other Competitions	Trips and Tours	Virtual Learning Programs

What Opportunities are Available for Adults?

Organizational Leader	Assistant Leader	Activity Leader
Project Leader	Program/Advisory Committee Member	

Volunteers are the heart of 4-H.

They have an opportunity to impact the lives of youth in a positive way.

Cornell Cooperative Extension | Albany County

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Please contact the Cornell Cooperative Extension Albany County office if you have any special needs.

If you have a disability and are having trouble accessing information or need materials in an alternate format, contact albany@cornell.edu for assistance.

