

LET'S LEARN TO THREAD A NEEDLE

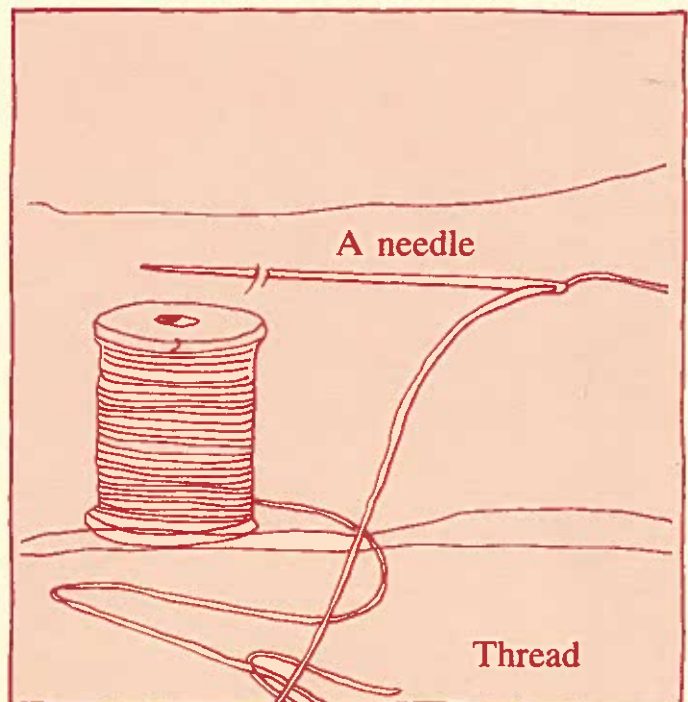
You can make many nice things by learning a few easy hand stitches. You don't always need a sewing machine to sew. You will need to start by learning to thread a needle.



Clean hands



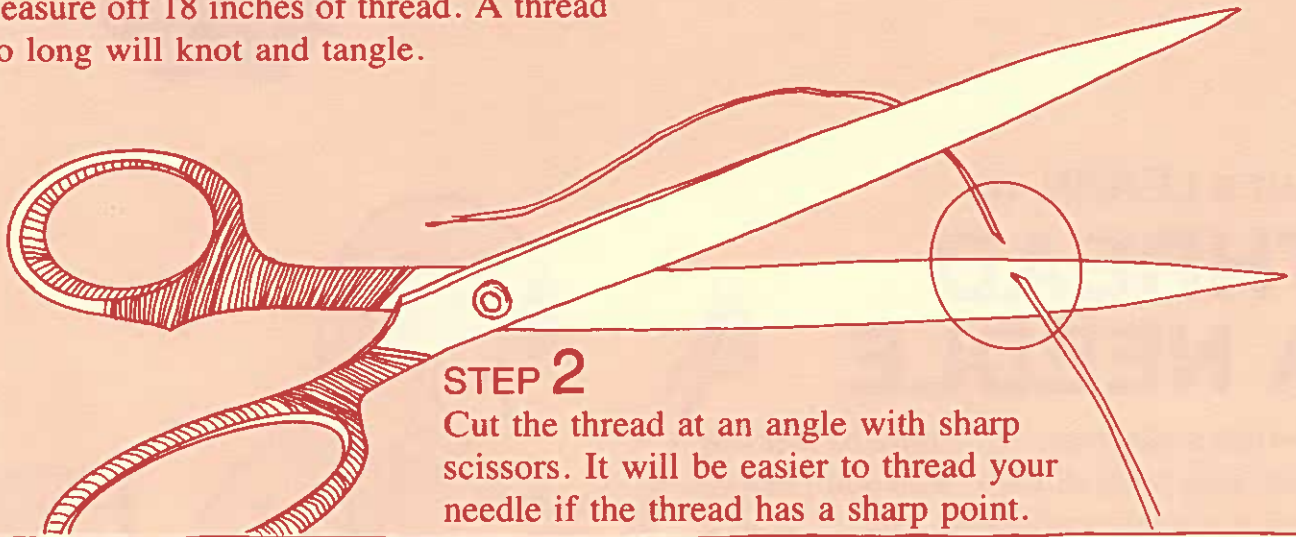
A needle



Thread

STEP 1

Measure off 18 inches of thread. A thread too long will knot and tangle.

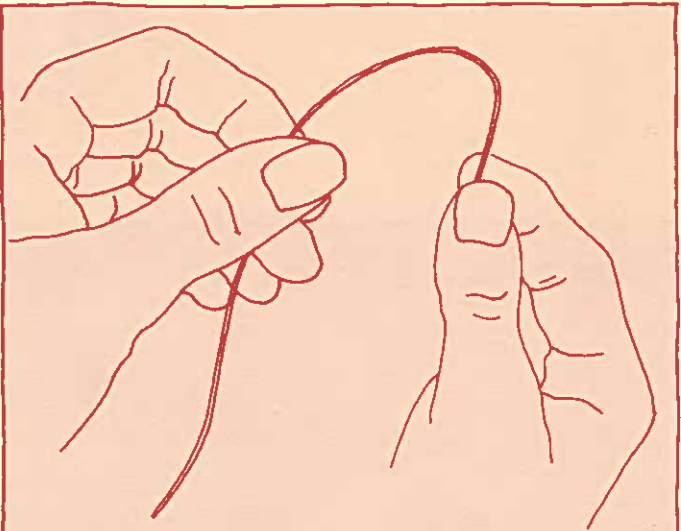
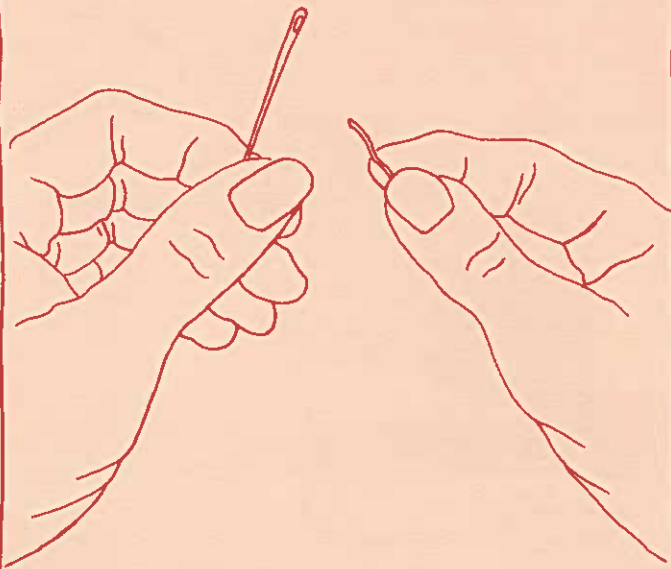


STEP 2

Cut the thread at an angle with sharp scissors. It will be easier to thread your needle if the thread has a sharp point.

STEP 3

Hold the needle in your left hand and the thread in your right. Put the end of the thread which you have just cut into the needle.

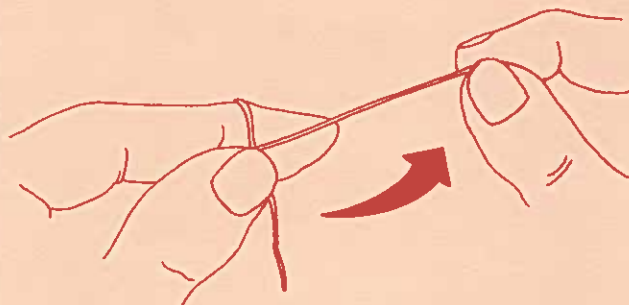
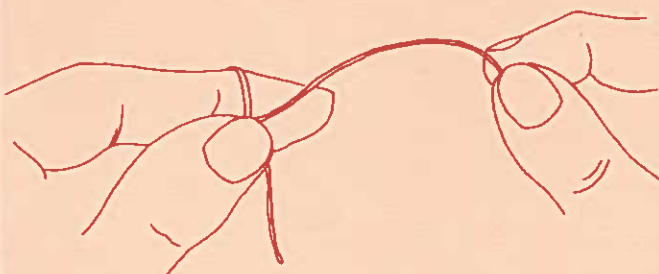


STEP 4

Now you need to make a knot in the same end you just threaded through your needle. Hold the thread between the first finger and thumb of your right hand. Hold the end of the thread between the first finger and thumb of the left hand.

STEP 5

Wrap the thread around the first finger of the left hand. Cross the end of the thread.

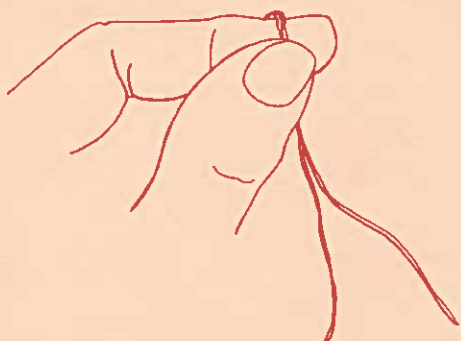


STEP 6

Tightly roll the thread between the first finger and thumb.

STEP 7

Roll the thread until the loop is pushed off the end of the first finger. To do this, push forward with the thumb.



STEP 8

Pull this loop into a knot with your thumb and middle finger. Pull the knot down to the end of the thread.



Just keep practicing until you can do it every time.

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