

Holiday Bake Off for Kids

Sponsored by Tompkins County 4-H
October 17th, The Shops at Ithaca Mall

Participation Guidelines

All youth 5 – 18 years of age; youth do not need to be enrolled in 4-H to participate

- Each youth can have an adult helper/partner; they work together to bake/create their entry at home, then bring it to the contest
- Entry fee is one non-perishable food item OR \$2.00 per exhibitor
- Categories are:
 - Cookies**-all types, may be frosted but not decorated; 3 cookies/entry
 - Breads/muffins/rolls** -all types; quick, yeast, bread machine; 1 loaf or 3 items of smaller product
 - Cakes/Cupcakes** -may be frosted, not decorated; 1 cake (8x8 or 9x9) or 3 cupcakes
 - Decorated Items**-cupcakes, cakes, cookies, gingerbread; evaluated on visual appearance and will not be tasted
 - Healthy Choices**-any baked product that is made with less fat, sugar or total calories by modifying a recipe, using an already modified recipe or making a traditionally healthy product such as Angel Food cake; indicate on recipe modifications made or why this is a healthy choice
 - Candies**-any type; 3 items/entry
 - Cloverbuds**-youth 5-7 years of age
- Every entry must include the Entry Form and recipe; available at cctompkins.org
- Drop off your creations between 11:30 – noon; volunteers will be available to receive your entries; please maintain social distance and wear your mask; enjoy the mall or other activities during the evaluation and return at 2:30 for awards
- Evaluations will start at 12:00 p.m.
- Awards will be at 2:30 p.m. or immediately following completion of evaluations,
- Cloverbud members will receive a certificate of completion and mini golden spoon award
- All entries will receive a participation certificate; the winner in each category will receive the “Golden Spoon” award; the “Best In Contest” winner receives the Giant Golden Spoon Award
- Mixes may be used in creating the product; this must be indicated on the entry form
- Contact Brenda Carpenter; btc6@cornell.edu



4-H GROWS HERE