



Southern Finger Lakes Region

Garden Toolkit Recipes

Basil
Bruschetta Salad Food Hero https://foodhero.org/recipes/bruschetta-salad
Tuscan Style Pasta with Cannellini beans https://www.choosemyplate.gov/recipes/myplate-cnpp/tuscan-style-pasta-cannellini
Watermelon w/ basil (replace in recipe) https://www.foodhero.org/recipes/melon-and-mint
Green beans with tomatoes and basil - Choose MyPlate https://www.choosemyplate.gov/recipes/supplemental-nutrition-assistance-program-snap/green-beans-tomatoes-and-basil
White Bean Basil Chicken Chili - Cooking Matters https://cookingmatters.org/recipes/white-bean-basil-chicken-chili
Bean and Veggie Soup - Cooking Matters https://cookingmatters.org/recipes/bean-and-veggie-soup
Strawberry Basil Infused Water https://jsyfruitveggies.org/fruit-infused-water-strawberry-basil/
Cantaloupe, Tomato & Basil Salad https://jsyfruitveggies.org/cantaloupe-tomato-and-basil-salad/
Eggplant With Basil https://jsyfruitveggies.org/eggplant-with-basil/
*might be helpful to include this: 10 Tips Using Herbs and Spices https://cookingmatters.org/tips/10-tips-using-herbs-and-spices

Lettuce
Chicken Salad Peanut Dressing - Cooking Matters https://cookingmatters.org/recipes/chicken-salad-peanut-dressing
Tex-Mex Skillet - Cooking Matters https://cookingmatters.org/recipes/tex-mex-skillet
Stir Fried Lettuce https://jsyfruitveggies.org/stir-fried-lettuce/
Lettuce & Chick Pea Salad (uses all three ingredients) https://jsyfruitveggies.org/lettuce-and-chickpea-salad/
Sunshine Roll Ups (uses green onions as well) https://foodhero.org/recipes/sunshine-roll-ups

Green Onion

Asian turkey lettuce wraps - Food Hero

<https://www.foodhero.org/recipes/asian-turkey-lettuce-wrap>

Chinese Turnip Pancakes - Food Hero

<https://www.foodhero.org/recipes/chinese-turnip-pancakes>

Peanutty African Stew - Food Hero

<https://www.foodhero.org/recipes/peanutty-african-stew>

Brown Rice and Orange Salad

<https://cookingmatters.org/recipes/brown-rice-and-orange-salad>

Tuna Boats (could be made as lettuce wraps)

<https://cookingmatters.org/recipes/tuna-boats>

Frittata

<https://cookingmatters.org/recipes/frittata>