



Why Buy Local?

- Enjoy great variety, exceptional taste, and freshness
- Strengthen our local economy
- Support family farms
- Improve your family's health
- Local food is produced with fewer chemicals

Come Prepared

- Bring a shopping bag
- Bring cash, credit/debit cards, and SNAP cards if you have one

Shopping

- Walk through the whole market before making purchases
- Compare price, quality, and selection

Discover

- Sample new products
- Talk to farmers to learn how and where the food was grown
- Get preparation tips and recipes from the farmers

Cornell Cooperative Extension of Tompkins County provides equal program and employment opportunities.

Updated July 2020

Redeeming your FMNP Coupons

- Coupons come in booklets of 5, each coupon is worth \$4
- Coupons must be used in \$4 increments. You cannot receive change
- If your purchase is not equal to \$4, the farmer will add produce to equal \$4
- Look for vendors with the FMNP poster, or ask if they accept FMNP
- Both Senior FMNP and WIC FMNP coupons are accepted by participating vendors
- **Only fresh fruits and vegetables can be purchased with FMNP coupons**

Using SNAP Benefits to Shop at Farmers' Markets

- Visit the Market Manager to swipe your EBT card
- The Manager will give you wooden tokens in the amount of money you charged to your card
- Most tokens are \$1 each, some are \$5
- You cannot receive change for your tokens, so farmers will round the amount of product to equal whole dollars
- Look for vendors with EBT signs, or ask vendors if they accept EBT tokens
- **Only approved products can be purchased: Vegetables, fruit, meats, eggs, cheese, dairy, processed food (jam, pickles, etc.), culinary herbs, & spices, mushrooms, baked goods/bread, maple syrup, honey, vegetable transplants, fruit trees**
- Not allowed: ornamental plants, crafts, prepared foods

Cornell Cooperative Extension
Tompkins County



Central NY
Farmers' Markets
2020
Chemung,
Cortland,
Tioga, Tompkins
& Schuyler

Where FMNP
Coupons and
EBT SNAP
Benefits are
Accepted



2020 Farmers' Markets of South Central New York

Chemung County

Elmira East Side

Location: 760 East Water St. next to Riverview Holiday Inn
Season: Mid-June - Early October
Day: Friday 2:30—6:00 PM
Contact: Danielle Howie, 607-734-4453ext 216;
dkh54@cornell.edu
Vendors accept: FMNP, SNAP

Elmira Grove Park

Location: Grove Park, between Walnut Ave. and Grove St.
Season: June - October
Day: Monday 3 - 6 PM
Contact: Matthew Glenn, 607-546-4535;
maglenn_1999@yahoo.com

Elmira Wisner Market

Location: Wisner Park on N. Main St. & W. Church St.
Season: June - September
Day: Thursday 10 AM—2 PM
Contact: Jennifer Herrick, 607-734-0341;
info@elmiradowntown.com; Wisnermarket.org

Chamberlain Acres Garden Center

Location: 824 Broadway, Elmira
Season: year round
Day; Sunday, 11 AM - 3 PM
Contact: Glenn Miller, 607-737-1313
info@chamberlainacres.com

Cortland County

Cincinnatus

Location: Rural Services Pavilion/2704 Lower Cincinnatus Rd.
Season: May - November
Day: Saturday 9 AM -12 PM
Contact: Joanne Brown, 607-863-3828; rursrvs@gmail.com

Cortland Downtown

Location: Main St. between Court & Orchard St.
Season: June - October
Day: Tuesday and Saturday 8 AM-2 PM
Contact: Joan Franklin, 607-749-3424
Vendors accept: FMNP

Homer—not operating in 2020

Virgil

Location: Hollenbeck's Cider Mill, 1265 NY 392, Virgil
Season: Late June— October
Day: Saturday 9 AM-12:30 PM
Contact: Chris Applegate, 607-835-6205;
ninibob@frontiernet.net

Schuyler County

Watkins Glen

Location: LaFayette Park, between 4th and 5th Street
Season: June— October
Day: Friday 3—7PM
Contact: Jylle Benson-Gauss, 607-227-1333;
watkinsglenfarmersmarket@yahoo.com
Vendors accept FMNP; possibly SNAP in future

Sunset View Creamery Farmers Market

Location: 1618 County Road 15, Odessa
Season: June—October
Day: Thursday, 4—7 PM
Contact: Carmella Hoffmann, 607-594-2095 or 857-5726

Tioga County

Candor

Location: Candor Town Hall Pavilion, Route 96
Season: June 25 - September 3
Day: Thursdays 3:30 - 6:30 PM
Contact: Marie Cole, 607-972-5058;
froglegs1711@hotmail.com
Vendors accept FMNP

Owego

Location: Walgreen parking lot, corner Main St. & Central Ave.
Season: June - October
Day: Tuesday and Friday 9 AM -1 PM
Find us on Facebook!
Contact: John Purdy, 607-642-8439; bradenson@msn.com
Vendors accept FMNP; SNAP

Spencer

Location: Park across from Fire Dept., North Main Street
Season: June - September
Day: Saturday 9:00 AM - 12:30 PM
Contact: Stephanie Hafll, 607-589-7496; haflls@yahoo.com

Tompkins County

Brooktondale

Location: Brooktondale Community Center, 522 Valley Rd.
Season: June - September
Day: Thursday 4 PM—7 PM
Contact: Barbara Perrone, brooktondalefarmers-
market@gmail.com
Vendors accept FMNP

Dryden

Location: Dryden Agway, 59 West Main Street
Season: Mid-June - end September
Day: Saturday 9 AM - 1PM
Contact: Kelly Ritter, 607-844-8663; adryden1@twcny.rr.com

Freeville

Location: Elementary School
Season: June - September
Day: Sunday 12 —3 PM
Contact: freevillepopupmarket@gmail.com
Vendors accept FMNP

Ithaca: East Hill Farmers Market

Location: East Hill next to Walgreen
Season: June - October
Day: Wednesday 4—7PM
Contact: KellySauve 607-273-7109;
kellysauve@ithacamarket.com
Vendors Accept FMNP, and SNAP once authorized

Ithaca: Steamboat Landing

Location: 545 Third St. (off Rt. 13)
Season: Sat April - December and Sun May—November
Day: Saturday 9 AM—3 PM; Sunday 10 AM—3 PM
Contact KellySauve 607-273-7109;
kellysauve@ithacamarket.com
Vendors Accept FMNP, and SNAP once authorized

Ithaca: Tuesday Dewitt Park and Thursday Night Market at Steamboat Landing are not operating this season until further notice.

Triphammer Market, Lansing

Location: Triphammer Marketplace, 2255 N Triphammer Rd.
Season: May - October
Day: Friday 8 AM - 12 PM
Contact: Mall manager, 607-273-6851 (best to go to market on Friday morning and look for manager)

Trumansburg Farmers' Market

Location: Rtes. 227 & 96, Village Park near Post Office
Season: Mid-May - October
Day: Wednesday 4:00 PM -7:00 PM
Contact: Natalie Baris ,315-871-8856;
tfm.mktmgr@gmail.com
Www.tburfarmersmarket.com
Vendors accept FMNP, SNAP

NOTICE

Given the 2020 COVID crisis, be assumed that Markets are following NYS Guidelines for Operating a Farmers Market to ensure customer and vendor safety. Check websites or call managers if you have questions. Some markets vendors provide ordering and pick up opportunities.