

There are three ways for youth to join 4-H in Columbia and Greene Counties.

1. Join an existing 4-H club that is accepting new youth.
2. Team up with adults to create a new 4-H club (requires five youth and two adults)
3. Participate in a special interest program.



4-H YOUTH DEVELOPMENT STAFF

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That's right! 4-H still takes you places, no matter what age you are! Become a 4-H volunteer and discover the world of youth, fun projects, interesting science, project animals and the natural environment in Columbia and Greene Counties.

As a volunteer, you might find yourself exploring anything from insect study to gardening to an international service trip with youth. The possibilities are endless...and you create them!



4-H Adult Volunteers

**Cornell Cooperative Extension
of Columbia and Greene Counties**

Extension Education Center
479 Route 66, Hudson, NY 12534
518-828-3346

Agroforestry Resource Center
6055 Route 23, Acra, NY 12405
518-622-9820



Visit www.facebook.com/4HColumbiaandGreene/

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

**Cornell Cooperative Extension
Columbia and Greene Counties**

Tell Me About 4-H!

4-H gives youth an edge in school and in life. 4-H programs emphasize hands-on learning of skills, and youth expand their communication, problem-solving, and decision-making skills.

By connecting young people to Cornell and other land-grant universities through Cornell Cooperative Extension, 4-H in Columbia and Greene Counties is a catalyst for positive change in our community.

What is a 4-H Club?

A 4-H club is a “second family” that creates positive opportunities in young people’s lives. It consists of five or more youth guided by two or more trained adult volunteers. Each club designs their own projects and activities.

A strong 4-H club acts as a “mini-community” that inspires, develops, and encourages our future leaders, scientists, artists, and citizens. Clubs can meet in schools, community centers, churches, or homes. They meet on average one to two times per month.

Become a Leader

1. Fill out a CCECG volunteer application.
2. Attend one required initial two-hour training.
3. Undergo a background screening.
4. Attend one required Leader Meeting each fall.

* All leaders are welcome to attend additional trainings to enhance leader skills in subject areas.

What is a 4-H Leader?

It could be you! 4-H Leaders are Cornell Cooperative Extension volunteers, and they inspire the next generation as guides and mentors to youth. They share their interests and expertise and provide opportunities for youth to grow, share, and travel.

Four Types of Leaders

Organizational Leaders

Establish and maintain a club structure.

Project Leaders

Provide instruction and guidance to youth when doing a project.

Activity Leaders

Help youth plan and participate in a 4-H activity.

Resource Leaders

Selected by 4-H staff to train or work with club leaders on a short-term basis.



4-H is a **community** of **young people**
across **America** who are learning
leadership, citizenship and
life skills.

What Support Will I Have?

Cornell Cooperative Extension staff provide support to leaders in Columbia and Greene Counties. Support may include personal visits, telephone calls, trainings, leader meetings, newsletters, and electronic communication.



What is a 4-H Project?

Youth say that, in 4-H, they learn skills they don’t teach in school. After spending at least six hours on a project, youth create tangible and intangible results. Members might build a bookcase, care for and train their dog, design a garden, or master backpacking techniques.

Leaders may design projects for youth or simply guide youth through projects they have chosen themselves. Some projects are completed as a group and some individually. Youth often become so engaged that they’ll spend an entire year on a project!