

January 24, 2020

Volume 10, Issue 12



4-H Friday Focus

Summer 4-H Camp

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Many parents and youth are hesitant about going to camp. It is a new experience with many challenges. However, camp is great opportunity for all. If you or your child is questioning whether or not to go to camp, here are five reasons that may change your mind.

Camp helps develop social and life skills.

Camp activities encourage youth to work together. They share responsibilities, resolve disagreements, take care of one another, and are challenged to communicate within and outside their social circles. Along with this, camp builds skills necessary to prepare youth to assume roles as successful adults. It promotes creativity, problem solving, critical thinking, independence, and self-confidence. All skills that are needed as youth grow.

Camp helps youth make new friends that last a lifetime.

Friendships made at camp are different than those made elsewhere. Camp friendships are strong. Youth get the opportunity to live with others and experience things without the distractions of daily life. Campers get to spend time getting to know each other, making memories and communicating face-to-face. 4-H Camp is a cell phone free zone. Therefore, relationships are built in person with those around them.

Also, camp is open to every youth. Youth have the opportunity to meet peers from outside their school and after-school environment. They get to meet youth from other neighborhoods, cities and even counties.

Camp allows youth to explore and learn new things.

Camp is about learning: learning about oneself, others and new ways to see the world. It's about trying new things and overcoming fears. Campers get a chance to move out of their comfort zone to a place in which they are challenged. This movement leads to the development of self-confidence and resilience.

Camp also promotes unstructured learning, free play and exploration. At camp youth get to experience new things, such as, kayaking, fishing, hiking, swimming, archery and many more activities. These experiences help guide personal interests, hobbies and potential future career choices.

Camp is a great place to enjoy nature.

Camp provides a natural outdoor learning environment. It is a place to see, touch, hear and smell the outdoors. It helps youth see the outdoors as a place for recreation and fun.

Camp is a great place to have fun!

There is nothing better about camp than the fun you have. 4-H Summer Camp offers swimming, campfire, group games, kayaking, fishing, archery, dancing, free time and much more. Each year campers and counselors return because of the fun that they have had in past years.

Written by: Jessica Sprain, UF/IFAS Extension 4-H Youth Development Agent in Osceola County Florida.



4-H Projects & Events

Sewing Scholarship



Due February 1, 2020

Friends of 4-H is offering up to a \$25.00 in multiple funded scholarships for fabric and notions available to all 4-H Members in Chenango County. (Cloverbuds will be offered up to \$10.00). Scholarships are awarded to help promote and encourage more youth to sew and create textiles throughout the county. 4-H members may purchase sewing supplies with this scholarship for any fabric project completed in this 4-H calendar year.

<http://ccechenango.org/events/2018/02/01/4-h-sewing-scholarship-due>

4-H Outdoor Adventure Program: Ice Fishing Fun!!

February 8, 2020 from 10am-12pm

We have the gear, please bring your winter boots and winter jacket, snow pants, gloves, hat, and water bottle.

- Come learn ice fishing basics
- Test out equipment and different bait and lures
- Have hot cocoa and cook hot dogs

Contact Erica, for location info and to sign up, at elc97@cornell.edu or 607-334-5841x1114



4-H Outdoor Adventure: Snowshoeing!!



February 20, 2020 from 9:30am - 1:00pm

At Rogers Environmental Education Center (transportation available)

We have the snowshoes, please bring your winter boots and jacket, snow pants, gloves, hat, water bottle, bag lunch and sense of adventure!

Space is limited, please sign up with Erica at elc97@cornell.edu or 607-334-5841x1114

Dairy Bowl—January 24, 31

Horse Bowl/Hippology—24, 31

Sewing Scholarship Due — February 1

Public Presentations Registrations Due—February 5

Outdoor Adventure: Ice Fishing—Feb 8

Dairy Bowl Practices—Feb 7, 14, 21, 28

Horse Bowl Hippology — Feb 7, 14, 21, 28

Animal Science Committee Meeting —February 12

4-H County Public Presentation Contest— February 15th

4-H Craft Camp—February 17-21

Leaders / Volunteers Association Meeting —March 5

4-H Sewing Trip—March 6

Regional Dairy Bowl Contest—March 14

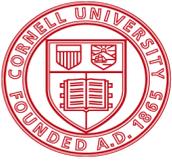
Regional Horse Bowl Contest—March 14

Ag Literacy Week — March 16-20

Regional Public Presentations — March 23

NYS State Fair-Aug. 21—Sept. 7





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Thanks for catching up with the
Chenango County 4-H Program.
Hope to see you soon!



Janet Pfromm
4-H Coordinator

Building Strong and Vibrant New York Communities

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

4-H Photo Finish



Ambitious Lions 4-H Club
Getting Ready For
Public Presentations

To submit your photo, send a clear, up-close shot of your
4-H club/family activity to:

Richard Turrell, rlt229@cornell.edu

We're on the web: www.cce.cornell.edu/chenango or become a Friend on Facebook!