CALENDAR OF EVENTS

12/3 & 12/6
AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program

12/4/2019
12/4/2019
12/3/2019
12/1/2019

To get a complete list of all Cornell Cooperative Extension's programs and events in the
MEGAN BECK:  BECKM@GUILDERLANDSCHOOLS.NET or 518

Cornell Cooperative Extension of the Capital Region

CULTIVATE NEW FOOD BUSINESS RELATIONSHIPS
WITHIN YOUR COMMUNITY
WEDNESDAY, JANUARY 22, 2020
SNOW DATE:  THURSDAY, JANUARY 23, 2020
12:00 PM - 4:00 PM
GUILDERLAND HIGH SCHOOL GYM
8 SCHOOL ROAD
GUILDERLAND CENTER, NY 12085

FREE to participate
Meet potential buyers
Increase your visibility and sales with regional businesses such as
restaurants, markets, schools, insti-
tutions, distributors, & more
Sample & sell your products on site

Are you a VENDOR?
Are you a BUYER?

FREE to attend
Meet your regional farmers, small
scale food processors, bakers & more
Sample high quality products all
made or grown within your region
Increase local procurement and let
your customers know you support buying locally

FOR MORE INFORMATION & REGISTRATION
SYDNEY JOY:  BJU3@CORNELL.EDU or 518
623-3291.
TOM GALLAGHER:  TJG3@CORNELL.EDU or 518-765-3511
MEGAN BECK:  BECKM@GUILDERLANDSCHOOLS.NET or 518-456-6200 Ext 3110

“Cornell Cooperative Extension is an employer and educator recognized for valuing
AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program
and employment opportunities”

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**Cornell Cooperative Extension**

**CCE IN YOUR COMMUNITY**

Albany, Columbia & Greene, Fulton & Montgomery, Rensselaer, Saratoga, Schenectady, Warren, Washington Counties

**CALENDAR OF EVENTS**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/1/2019</td>
<td>1:00 PM -  3:00 PM</td>
<td>Holiday Gifts in a Jar - The Holiday Gifts in a Jar workshop will allow participants to make and bring home one jar of jam, one jar of layered soup mix, and one jar of layered brownie mix. Additional mix recipes will be provided, and food safety and nutrition information will be covered. This class has a fee of $15.00 which includes all materials. Pre-registration is required. For more information, or to sign up, please contact Marybeth at Cornell Cooperative Extension of Warren County at <a href="mailto:mem467@cornell.edu">mem467@cornell.edu</a> or 518-623-3291.</td>
</tr>
<tr>
<td>12/2/2019</td>
<td>6:00 PM -  8:00 PM</td>
<td>Herbal Bath Bombs &amp; Body Butter Class - During the class you will learn how to make all natural, herbal bath bombs and body butter that will soften and condition your skin. Select your combination of herbs such as calendula, lavender, and chamomile. Each participant will make and take home several bath bombs and a 2 oz jar of body butter. These make fabulous gifts! Decorative wrapping and ribbon will be available. $20.00 per person. Please register with payment by November 25th. For more information or to sign up call 518-372-1622 ext. 259.</td>
</tr>
<tr>
<td>12/3 &amp; 12/6</td>
<td></td>
<td>Spartan Strong - Be Spartan Strong! Come join us, as we learn how to be healthy, through learning about nutrition, engaging in physical activity, and just having fun! For more information about this program please contact Marybeth Mitcham at <a href="mailto:mem467@cornell.edu">mem467@cornell.edu</a> or 518-668-4881.</td>
</tr>
<tr>
<td>12/4/2019</td>
<td>10:00 AM - 12:30 PM</td>
<td>Understanding Farm Taxes and the Schedule F for Beginners - If you are new to farming, or to farm taxes, and want to learn more, join us for this informative program. The ENYCHP and CCE Schodarie County are hosting a presentation by Bonnie Collins, a CPA and Extension Ag Program Team Leader for CCE Oneida County. Bonnie has many years of farm tax preparation experience and can help you prepare to complete your farm taxes. She will walk you through the Schedule F and you will learn what information you need to keep and how to work with a tax preparer efficiently and effectively. She will also discuss tax exemption programs for farmers and tax incentives. There will be an opportunity for Q &amp; A. $15.00 if paid in advance ($10.00 for ENYCHP Enrollees) $20.00 at the door. Register at bit.ly/farmtaxes. For more information, contact Liz Higgins at <a href="mailto:enth56@cornell.edu">enth56@cornell.edu</a> or 518-949-3722.</td>
</tr>
<tr>
<td>12/4/2019</td>
<td>6:30 PM -  7:30 PM</td>
<td>Holiday Recycling &amp; Waste Reduction Tips - Researchers have noted that Americans generate 25 million extra tons of garbage between Thanksgiving and Christmas. That’s 25 percent more than the rest of the year! Pledge to make this holiday season cleaner and greener by taking some simple steps to give more, consume less, reduce waste and lessen your carbon footprint. Call the library at 518-731-8084 or register online through CCE at <a href="https://reg.cce.cornell.edu/Holidayrecycle_210">https://reg.cce.cornell.edu/Holidayrecycle_210</a> for this free program.</td>
</tr>
</tbody>
</table>

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Cornell Cooperative Extension

**Warren County**
377 Schroon River Road
Warrensburg, NY 12885

**Schenectady County**
455 Aviation Road
Schenectady, NY 12308

**Queensbury Elementary School**
455 Aviation Road
Queensbury, NY 12804

**Schoharie County**
173 South Grant Street
Cobleskill, NY 12043

**Heermance Memorial Library**
1 Ely Street
Coxsackie, NY 12051

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continued on next page...
Reduced Tillage on Muck Soils Results from Two Years of Squash Trials - Agenda: 10:15 AM-10:30 AM - Welcome and Introductions, Ethan Grundberg, CCE ENYCHP. 10:30 AM-11:15 AM - Weed Management in Heavy Residue Reduced Tillage Systems, Chuck Bornt, CCE ENYCHP. Bornt will present data from two years of trailing different cover crop mixtures and planting densities to create residue for reduced tillage squash production systems on muck soils. Emphasis will be placed on combining cultural tactics, such as avoidance of moldboard plowing pre-cover crop establishment, and choosing appropriate species. Specific results on the variable performance of burn down herbicides, particularly glyphosate and parquat, for cover crop management in combination with pre-emergent herbicides, particularly Sandea and Command, will be presented; 11:15 AM-11:50 AM - Managing Primary Cucurbit Pests and Diseases in Reduced Tillage Systems, Ethan Grundberg, CCE ENYCHP. Grundberg will discuss the measured impacts of adopting reduced tillage systems on several of the primary pests and diseases of cucurbit crops in the region. Specifically, Grundberg will present data on the incidence of Phytophthora capsici, the percent of crop damaged by rodents, and the fungicide programs used to manage powdery mildew and downy mildew in trial plots in 2018 and 2019. Data on soil temperature and moisture across different cover crop treatments and their interaction with soilborne pathogens like Phytophthora spp will also be presented; Reduced Tillage Trials in 2020, Chuck Bornt and Ethan Grundberg, CCE ENYCHP. Grundberg and Bornt will discuss the full results of the reduced tillage trials in Orange County, specifically addressing the need for trialing in transplanted crops and possible impacts of reduced tillage systems on greenhouse gas flux; 12:00 PM-1:00 PM Catered lunch. Registration is required and can be done by contacting the CCE Office at 518-668-4881 or e-mailing: mb222@cornell.edu

EPA's Lead Renovation, Repair, and Painting (RRP) Initial Training - The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. RRP Initial classes are 8 hours and include a light breakfast and lunch. There is no cost to attend but pre-registration is required. Registration forms can be found on Cornell Cooperative Extension Saratoga County's website at https://pub.cce.cornell.edu/event_registration/main/events.cfm?dept=201 and can be faxed or mailed. New York State code officials successfully completing Cornell Cooperative Extension Albany County’s 8 hour EPA RRP Initial training course can use the 8 hours toward professional development electives. For more information, contact Al at AKR249@cornell.edu or call him 518-765-3529 or 518-603-4702 or contact Nancy at NKL1@cornell.edu or call her at 518-765-3521. Registration is also available online at https://pub.cce.cornell.edu/event_registration/main/events.cfm?dept=201.

Nutritious, Local and Seasonable Meal Preparation - Learn to prepare a nutritious and delicious meal utilizing local, in-season produce. The evening begins with a discussion of what makes a food nutritious, followed by the preparation of a dinner meal. It wraps up with a discussion of how the participants enjoyed the experience and what they would like to see more. This is a hands-on workshop so participants should be prepared to help with the food preparation. In addition to the meal, each participant will receive a booklet of recipes to take home. For more information, or to provide information about any dietary restrictions, please contact Rebecca Polmateer at 518-603-4702 or contact Nancy at NKL1@cornell.edu or call her at 518-765-3521.

Managing Primary Cucurbit Pests and Diseases in Reduced Tillage Systems - We will review theIntegrated Pest Management strategy for cucurbit crops, and discuss how to achieve and maintain a healthy, pest-free crop. The aims of the class will be to discuss Integrated Pest Management strategies for cucurbit pests and diseases, and to help them develop a plan for their own fields. For more information, contact Al at AKR249@cornell.edu or call him 518-765-3529 or 518-603-4702 or contact Nancy at NKL1@cornell.edu or call her at 518-765-3521. Registration is also available online at https://pub.cce.cornell.edu/event_registration/main/events.cfm?dept=201.

Reduced Tillage on Muck Soils Results from Two Years of Squash Trials - 5:00 PM-5:30 PM - Reduced Tillage on Muck Soils Results from Two Years of Squash Trials, Ethan Grundberg, CCE ENYCHP. Grundberg will present data from two years of trailing different cover crop mixtures and planting densities to create residue for reduced tillage squash production systems on muck soils. Emphasis will be placed on combining cultural tactics, such as avoidance of moldboard plowing pre-cover crop establishment, and choosing appropriate species. Specific results on the variable performance of burn down herbicides, particularly glyphosate and parquat, for cover crop management in combination with pre-emergent herbicides, particularly Sandea and Command, will be presented; 11:15 AM-11:50 AM - Managing Primary Cucurbit Pests and Diseases in Reduced Tillage Systems, Ethan Grundberg, CCE ENYCHP. Grundberg will discuss the measured impacts of adopting reduced tillage systems on several of the primary pests and diseases of cucurbit crops in the region. Specifically, Grundberg will present data on the incidence of Phytophthora capsici, the percent of crop damaged by rodents, and the fungicide programs used to manage powdery mildew and downy mildew in trial plots in 2018 and 2019. Data on soil temperature and moisture across different cover crop treatments and their interaction with soilborne pathogens like Phytophthora spp will also be presented; Reduced Tillage Trials in 2020, Chuck Bornt and Ethan Grundberg, CCE ENYCHP. Grundberg and Bornt will discuss the full results of the reduced tillage trials in Orange County, specifically addressing the need for trialing in transplanted crops and possible impacts of reduced tillage systems on greenhouse gas flux; 12:00 PM-1:00 PM Catered lunch. Registration is required and can be done by contacting the CCE Office at 518-668-4881 or e-mailing: mb222@cornell.edu

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