

4-Hers Name: _____

Age: _____

Yrs in Project: _____

Food & Nutrition Project Medal Criteria

*The following criteria must be met in order to be eligible for a Project Medal in Food and Nutrition.
Bring this completed form with you to your interview. Be sure you have checked (✓) and filled in all sections below.*

- Must bring to the interview: this completed criteria form with listings to back up the requirements below.
- Must be a currently enrolled 4-H member.
- Must participate in Project Interview at which time 4-H member presents and discusses their year in 4-H. (Project Medal only)
- Must have completed an approved Creative Communications event or activity in the project area in the current 4-H year.

Here's what I did:

- Entered at least 2 entries in the Food section at the Oneida County Fair in Boonville, in the current year with at least one receiving a blue award.

Here's what I did:

- | | |
|-----|-------|
| (1) | Award |
| (2) | Award |

Other highlights of my 4-H year that I want to talk about:

<i>For Project Medal Review - Please circle</i>	4-Her is eligible for a Project Medal.	YES	NO
Reviewers Comments:			

CREATIVE COMMUNICATIO S EXPLAINED: 4-H understands that doing a formal Public Presentation may be overwhelming for some youth. That is why we provide alternate communication opportunities for those youth to apply and earn County Medals. The key point to remember is that the youth should be sharing their knowledge and skills with others. We would accept youth writing an article for On the Move. Creating an information poster (Must be shown at the Boonville Fair) teaching others how to do a craft such as at Handmade Holidays. Contact me to discuss options, Lynette 315-736-3394 x105 lsk23@cornell.edu