SECTION A – Consumer Family Sciences
~ USE PINK CARDS ~

*NO MORE THAN FIVE (5) EXHIBITS PER CLASS IN ALL SECTIONS*
EXCEPTION: You may enter more than 5 exhibits in FOODS AND CLOTHING classes

SPECIAL/UNIQUE EXHIBITS

CLASS 1 4-H Club Exhibit: Exhibit will be the result of 4-H project or club members relating to the field of Consumer and Family Science. The maximum size of the exhibit shall not exceed 4' in width, 4' in height, 4' in depth, unless otherwise approved and will be displayed on a table or platform. Exhibitors must provide their own tables and must pre-register using the Large Exhibit registration form. These exhibits are not open to any other competition at Fair. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 2 Do Your Own Thing - A Self Determined 4-H Project for older youth to take a different direction in some phase of an already existing project, or to develop a plan for a project not currently available in Consumer and Family Sciences. If you choose to do the latter, project guides are available at the office. Members set their own objectives, determine method of operation and devise a reporting system. The project may be long term or short term. A variety of people may be asked for help (e.g. clergymen, teachers, neighbors, friends, etc.)

The maximum size of the exhibit shall not exceed 4' in width, 4' in height, 4' in depth, unless otherwise approved and will be displayed on a table or platform. Exhibitors must provide their own table and preregister using the Large Exhibit form. These exhibits are not open to any other competition at Fair. Point value: Blue 10-15; Red 5-9; White 1

CLASS 3 Health/Safety Entry should be self-explanatory through the use of appropriate signs or labels. Suggested topics include first aid, home safety, bicycle safety, physical activity journals, and substance abuse education. Point value: Blue, 4-6; Red, 2; White, 1

CLASS 4 Community Service
- This class is designed to demonstrate projects that recognize youth as active citizens.
- Exhibit must have two parts:
  a) A two-page summary of the project.
  b) A 3-dimensional exhibit, poster or scrapbook (pictures with descriptions). Exhibit may visually display the entire project or highlight certain parts in a manner, which tells the public what positive effects the project had on the community. Point value: Blue, 6-10; Red, 2-5; White, 1

COMMUNICATION AND EXPRESSIVE ARTS

CLASS 5 Scrapbooking Exhibits may include one or more scrapbooks (pictures with descriptions). Scrapbooks can display a wide variety of techniques and creativity. Point value: Blue, 4-6; Red, 2; White, 1

CLASS 6 Press Releases or Editorials: Point value: Blue, 6-10; Red, 2-5; White, 1

Press releases or editorials submitted to the media: If the release was printed, please include a copy, indicating date of release and title of publication.

CLASS 7 Creative Writing: Entries must be exhibitor’s own work. Examples may include poems, speeches, short stories, etc.

CLASS 8 Reflective Essay: A written essay represents a young person’s ability to reflect on what they’ve learned through participation in 4-H youth development programs, projects, and activities. Reflective essays will be evaluated using the following criteria: evidence of life skill development through experiential learning (Do, Share, Process, Generalize, Apply); meaningful documentation of the impact that 4-H has had in exhibitor’s life; and adequate information for evaluator to comprehend the skills and abilities learned. Exhibitors are expected to pay attention to formatting, spelling and grammar usage. Exhibits will be evaluated according to individual age and level of development and is limited to six one sided pages.
CLASS 9 **4-H Achievements/Record Book:** Including photos, essays, news articles and other records of your own experiences for the current year and/or an in-depth scrapbook of one project area.

CLASS 10 **4-H Portfolio** – Should include 4-H Records (appropriate project record sheets), 4-H story documenting member participation, and evidence of growth through involvement in the 4-H program for the current year. Exhibit will be judged on the ability of exhibitor to clearly record information, the ease at which evaluator is able to understand scope of experiences and involvement and the overall 4-H story.

CLASS 11 **4-H Photography/Marketing:** pictures submitted of Niagara County 4-H members that show 4-H’ers at their best. Pictures should be action shots that “tell a story” and are accompanied by a 3x5 card that explains why the picture is good for marketing/publicizing 4-H (include names of anyone photographed and what activity is occurring). Photo does not have to be taken by the 4-H’er who submits it. These photos will not be returned and will become the property of Niagara County 4-H. Submission of entries acts as consent for use in marketing Niagara County 4-H.

CLASS 12 **Club Secretary’s Book:** A record of the current year.

CLASS 13 **Jr. Leadership Journals:** A record of the current years’ work in assisting and leading classes, projects, and community events.

CLASS 14 **Legislative Intern notebook:** Must include journal, resolution and position paper.

CLASS 15 **Jr. Leadership Projects:** Exhibitor must be 13 years or older to enter into this category. This category is for those projects that teens have taught younger 4-H’ers that are too simple or easy to be considered an experienced 4-H’ers project. A narrative or story must be included. Information that may be included in your story: how many youth were taught, what would you do different if you taught the project again, what skills and knowledge did you gain? Exhibit must include an example of the project taught.

CLASS 16 **Youth Leader Learning Logs:** written Learning Logs as described by the Youth Leader program

CLASS 17 **Posters and 3-Dimensional Displays** Point value: Blue, 6-10; Red, 2-5; White, 1
Created for public presentations. Posters must be accompanied by a description so that evaluators know how it was used.

Displays demonstrating the theme 4-H Takes You Places. Themes that are acceptable: National “4-H Feeds the Future”, and/or the current county theme. Exhibitor may use any suitable materials or photographs to demonstrate to the public that 4-H can take you places (literally or figuratively). Display should incorporate some text to help fairgoers understand what 4-H Youth Development is all about.

Poster/Exhibit: A series of posters (at least 14” x 22”)/photos (8”x11”) or three dimensional exhibit representing any aspect of 4-H Youth Development. The entry will be evaluated on the purpose or principle idea, effectiveness in illustrating one idea, appearance, arrangement and description of the exhibit.

CLASS 18 **4-H Youth Development Banners:** Size: 2’ x 4’ minimum. Designed to hang vertically or horizontally or to be carried horizontally. Must be equipped with a dowel on top suitable for hanging or carrying. Any assembly technique can be used. Must incorporate the use of the 4-H Clover. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 19 **Performing Arts** Exhibits should illustrate the exhibitor’s involvement in performing arts. Involvement may be as a performer, technical support staff, review or observer. May include prop, original script or other aspects that illustrate involvement in performances. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 20 **Open Class** Point value: Blue, 6-10; Red, 2-5; White, 1
HOME ENVIRONMENT  - F

CLASS 21 Furniture: A piece of furniture with a painted or natural finish such as: chair, table, chest, bookcase, etc. New, unfinished, refinished or constructed by exhibitor. Point value: Blue, 10-15; Red, 5-9; White, 1

CLASS 22 Accessory Item: A wooden accessory item with painted or natural finish such as: shelf, magazine rack, picture frame, wooden bowl, etc. Emphasis in this class is the restoration and not the actual construction of the exhibit. Point value: Blue, 10-15; Red, 5-9; White, 1

CLASS 23 Chair/Stool with New Seating: The frame to be new, unfinished, constructed by exhibitor, restored or refinished with a painted or natural finish. New seat (and back) material of either woven or pressed cane, Hong Kong grass, rush, splint, etc. Point value: Blue, 10-15; Red, 5-9; White, 1

CLASS 24 Chair Seat: Only the seating will be evaluated. Point value: Blue, 10-15; Red, 5-9; White, 1

CLASS 25 Coordinated ensemble of three to five fabric items that may include only non-sewn items. To include fabric content and fabric care. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 26 Embellished Furnishing: items such as placemats and lampshades that have been changed by adding fabric, painted design or other embellishment. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 27 Home Storage: Drawer divider, storage unit, laundry bags, shoe bags, locker caddies. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 28 Accessory Items: Bulletin board, lamp, padded picture frame, covered album, no-sew pillows, etc. An object whose ultimate use is to hang on the wall must have mountings and be ready for hanging. The use of a pattern or kit is permitted, but the exhibitor is encouraged to be creative and to make his/her own design and color selections whenever appropriate. Exhibits will be judged on craftsmanship, technique and learning. Include holiday & seasonal decorations. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 29 Open Class: any similar type exhibit not specifically described by a class. May include outdoor accessories: lawn ornaments made out of wood, cast concrete, solar use, creative frames etc. (No kit stepping stones – enter under craft.) May include Poster or Poster Series: (at least 14” x 22”) on any aspect of Home Environment. May also include a project created by more than one member. Each member must be able to explain their contribution to the project, and a combined effort project may not be recommended to go to NYS State Fair. Point value: Blue, 6-10; Red, 2-5; White, 1

FINE ARTS & CRAFTS

General Guidelines: Objects must be in good condition, framed and/or matted and ready for hanging and completed since the previous Niagara County Fair. No exhibitor may enter more than five exhibits per class in this section. On the exhibit card for variety, breed or type, write the name and type of article (e.g. painting-oil; sculpture-wood). Objects whose ultimate use is to hang on the wall must have mountings and be ready for hanging.

NEW – Hobby Crafts and Crafts made from commercially available kits/patterns should be exhibited in Hobby Crafts and Home Environment section.

CLASS 30 Paintings, Drawings, Graphics/Prints, Sculpture - A personal and creative statement or interpretation about people, events or things from past or present. Any style of expression appropriately displayed, stretched, matted or framed and ready to hang. Artwork must be visibly signed. Back grounds should be filled in lightly on all artwork. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 31 Recycled Art: remodeled or renovated items (example: sculpture made from recycled plastic bags). On a 3” x 5” card: a) describe the original materials or items and b) describe what you did. Point value: Blue, 6-10; Red, 2-5; White, 1
CLASS 32 Crafts: Craft objects are an individual interpretation and expression using material, process and/or skill for utility, functional or decorative purposes. Craft exhibits may include beaded articles, stenciled articles other than on fabric, crafts made from natural materials such as corn husk items, glazed pottery, articles of wood finishing such as plaques, jewelry, decoupage on wood and tole painting, handmade candle, original arrangement of handmade flowers such as paper, tie-dye, metal, glass etching, mosaics, weaving, knotting, crocheting, knitting, needle art, etc. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 33 Recycled Crafts: remodeled or renovated items (example: include bottle cap jewelry). On a 3” x 5” card: a) describe the original materials or items and b) describe what you did. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 34 Fine Crafts:

POTTERY – Vessels of clay, glazed or unglazed, hand built, wheel thrown, cast from original mold. No pre-forms permitted.

HOBBY CERAMICS – Any form cast from a commercial mold or preform. Cleaned and painted/stained/glazed. Proper sealant if not glazed.

FIBER, FABRIC – Original design objects of 2 or 3 dimensions of fibers and/or fabrics used singly or in combination, employing any of the following techniques: weaving; knotting; needle arts; string art; felting, etc. *Entries are self-designed needle art.

LEATHER – Using no pattern and no kits. Objects can be tooled, carved, molded, stamped, laced, stitched and/or riveted. Sealant should be applied.

GLASSWORK – Self created entries made by exhibitor, not from a commercial source 1) Etched, sandblasted, blown or pulled, nailing/tempering/slumped-fired. 2) Stained glass – no painted glass or liquid lead. METAL – Objects of metal(s) used singly or in combination with other materials such as other metals, plastics, wood, ground stones, bone, enamel. Objects can be made by the following processes: hand cut, etched; engraved; tooled or molded. No entries with tin cans permitted.

MOSAICS – Two- or three-dimensional objects using clay tile, glass, stone. Projects should be grouted and sealed. No stepping stones to be entered.

WOOD AND/OR PAPER – Processes: carving; wood burning, gluing; inlay; cutting; tearing; layering; (origami) folding, quilling.

JEWELRY/PRECIOUS METALS - May include designs from pattern books, bead loom, crochet, etc. NO KITS, NO PONY BEADS. 1) Handmade materials: silverworks, glass blowing, clay formation, paper formation, stone, fossils, enameling, etc. 2) Purchased materials: pattern (a commercial pattern or a hand drawn design) must be provided with exhibit. a). FIRST YEAR IN JEWELRY CLASS ONLY – may enter jewelry made with purchased materials simply strung. Will evaluate on bead and color selection and pattern used to string beads. b). Jewelry exhibits made with purchased materials using more creative and intricate forms to string the beads. NO SIMPLE STRING OF BEADS ALLOWED.

CLASS 35 Heritage Arts & Crafts: Traditional objects using materials, methods and/or decoration based on a continuation of ethnic art, or handed down from one generation to another. (e.g. hand spun wool or fur objects, soap, cordage, dolls, cured and tanned leather objects, natural dyed objects, tin ware, wood toys and games, stenciled wood and tin ware, natural clay pottery, traditional embroidery and quilted objects, splint or natural reed basketry, ethnic art objects.) Emphasizes authentic use of traditional designs and materials and/or documentation of history, folk art or material culture. Processed Natural Fibers: Natural fibers processed for use. (e.g. hand spun wool, natural dyed yarns, and rawhide.) Heritage Documentation: Documentation of family or community history, buildings, methods of processing and/or use. (e.g. genealogy charts, architectural drawings and legends, collections of traditional objects and legends, herb exhibit and charts, natural dye exhibit and charts.) Point value: Blue, 6-10; Red, 25; White, 1

CLASS 36 Hobby Crafts:

A. Craft Kit – used a commercially available kit to explore a new area. Can be made using any material ex. Fabric, leather, mosaics, glasswork, wood, paper, rubber bands, beads, etc… to make items like stuffed animal, wallet, tin punch lamp, stepping stone, wreath made from twigs, origami, bracelet and/or earrings, etc.. Please give the name of the kit on your exhibit Entry Form.

B. Craft Non- kit purchased all the supplies for this exhibit separately. Can be any material ex. Fabric, leather, mosaics, glasswork, wood, paper, rubber bands, beads, etc… to make items like stuffed animal, wallet, tin punch
lamp, stepping stone, wreath made from twigs, origami, bracelet and/or earrings, etc. Please give the name or pattern resource used to complete this craft on your entry.

C. Recycled Craft – items made, remodeled or renovated from recycled material, ex. Picture frame covered in seashells, sculpture made from recycled plastic bags. Please include where the recycle material came from on Exhibitor entry card.

CLASS 37 Open: May include Poster or Poster Series: (at least 14” x 22”) on any aspect of Fine Arts and Crafts. Sample book: a notebook of samples of needle arts techniques with directions. Juniors must include at least five dated samples, and seniors must include at least eight dated samples for each year the sample book is entered. Each sample must show a new skill. May also include a project created by more than one member. Each member must be able to explain their contribution to the project, and a combined effort project may not be recommended to go to NYS State Fair. Point value: Blue, 6-10; Red, 25; White, 1

CHILD DEVELOPMENT/CARE

In addition to the entry card, each exhibit should have securely attached a 3” x 5” card(s) with the following information: (Any entry without the statement will be marked down one placing.)

1. Name of childcare project.
2. Years involved in child care 4-H projects.
3. Description of the exhibit, including:
   a) intended use
   b) what did the exhibitor learn about children while preparing the exhibit, and/or
   c) what learning experiences will a young child gain from use of the game or toy
   d) what age child it is suitable for and what developmental stage is this item suited for

CLASS 38 Creative Toy, Game, or Storybook: A homemade toy, book, game or activity to be used with children. Describe how to play the game or activity. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 39 Babysitter’s Kit: Including games, toys and safety materials needed while caring for a baby, toddler or preschooler. Include an explanation of planned use of articles in the kit. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 40 Open: may include snapshot/picture story on a poster or in an album describing a phase of a child’s development (infant, toddler or preschooler phase) or published book with description by the exhibitor of how this book could be used in caring for a toddler or preschooler or poster about safe babysitting/child care practices or about child development stages. May also include a project created by more than one member. Each member must be able to explain their contribution to the project, and a combined effort project may not be recommended to go to NYS State Fair. Point value: Blue, 6-10; Red, 2-5; White, 1

TEXTILES & CLOTHING

For all classes, include the following: name or source of pattern (if applicable), fiber content of item, and care label information. If a kit is used this must be stated on the entry card. Items must be freshly laundered or dry-cleaned. At the judge’s discretion soiled garments may be marked down one placing or not judged.

CLASS 41 Sewn Items: any simple, intermediate, or advanced level apparel or non-apparel item. (e.g. clothing such as sportswear, dresses, sleep wear, costumes, vests, headpieces, blankets, pillows, sample books, etc.). Must be sewn and constructed by the exhibitor. Point value: Blue, 10-15; Red, 5-9; White, 1

Beginner skill – (skills may include seams, pressing, casing for elastic, facing, hems, raglan and dolman sleeves, straps or belt loops, gathering and waistband) examples for exhibits in this category may include: apron, elastic waist shorts or skirt, jogging pants, simple bags, pillowcases, etc.

Intermediate skill – (skills may include gathering, collar, set-in sleeves, plackets and cuffs, zipper, pockets, pleats, plaid, snaps, hook/eye machine buttonhooks) examples for exhibits in this class include 2 to 3 higher level skills
Advanced skill – (skills may include specialty fabrics, plaids and stripes, lining, bound buttonholes, welt pockets, tailoring) articles in this class should include several harder techniques

CLASS 42 Recycled Garments/Non-Apparel, SEWN: remodeled or renovated items examples include jeans turned into grocery/all-purpose bags, towels turned into a dog toy, etc. On a 3” x 5” card: a) describe the original garment and b) describe what you did. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 43 Wearable or Non-Wearable items designed and constructed by the Exhibitor: designs may be made by hand, by computer or combinations/design alterations of purchased patterns. Include pattern and description. Point value: Blue, 10-15; Red, 5-9; White, 1

CLASS 44 Purchased Garment: garment or outfit accompanied by an 8 1/2" x 11” information notebook. The notebook must include the following:
• Color photo of entrant wearing garment or outfit. Label photo with name, county, and color of complexion, hair and eyes.
• Cost of garment. Include price tags and itemized comparison of cost to make the garment. Consider cost of fabric, notions, pattern, labor, etc.
• Story that describes:
  a) Why the garment was purchased.
  b) How it fits into your wardrobe.
  c) Fabric structure, fiber content and care.
  d) Simple accessories selected.
  e) Activities for which the garment will be worn. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 45 Open: Entries will be judged on the basis of content, composition and effectiveness. May include Poster or Poster Series: (at least 14" x 22") on any aspect of Clothing and Textiles. May also include a project created by more than one member. Each member must be able to explain their contribution to the project, and a combined effort project may not be recommended to go to NYS State Fair. Point value: Blue, 6-10; Red, 2-5; White, 1

FOOD & NUTRITION
General Guidelines for all Foods and Nutrition Exhibits
• Each entry must be made and entered by only one child - NO SHARING PROJECTS!
• More than one entry is allowed per class, although the same recipe cannot be entered in more than one class.
• IMPORTANT! All food recipes must be printed or typed neatly and legibly by exhibitor in ink on a piece of paper in order to be accepted. List ingredients first and then procedure. Must include recipe source. Recipes must be written at home.
• A Key Nutrient Statement may accompany food exhibits for extra credit, unless the class specifically states it as a requirement (e.g. Healthy Recipe Collection.
• Remove all exhibits from baking pans, except for pies, deep-dish pies or cobblers. Do not bake muffins or cupcakes in paper liners.
• All foods, except pies and cakes, are to be exhibited on disposable plates.
• Label pie plates and cake boards. We are not responsible for items left with exhibits.
• No exhibits requiring refrigeration are allowed except for Food Showcase.
• All baked entries must be baked by the exhibitor from scratch. No box mixes, refrigerated or frozen dough permitted. Use of bread machines is allowed. No pies with prepared pie filling.
• Print “frozen” on top of entry card if the product has been baked and frozen prior to judging date.
• An exhibit is: 3 samples of each type of small item (cookies, muffins, cupcakes, rolls, breadsticks, pretzels or similar products), 1/2 of a large item (loaf bread, cake, coffee cake or similar products); or a whole item if needed to convey appearance of product (pie, turtle shaped bread or similar products).
• All entries must be completely cooled before entering.
• Check each class for specific guidelines
• NO exhibits requiring refrigeration are allowed.
• Food Demonstration judging will be held this year!
• Exhibits will be kept for display during fair.
CLASS 46. **Healthy Snack**: may be an actual food exhibit, poster, photos or may include faux food. The idea is to prepare an example of a healthy snack that you might have yourself or may prepare for friends. Actual food exhibits must be able to be presented without the need for refrigeration. Examples include: veggie platter, smoothie, cheese and crackers, fruit kabobs. Must include a statement about serving size and info about the nutritional value of the snack. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 47. **Packed Lunch**: entry is to be presented in a lunch bag or box. Display may include photos or pretend food, if actual items will not hold up. Must include: dietary needs of individual (3rd grader vs. High school athlete), facilities needed for lunch (need cooler, microwave, etc.) and nutritional value of packed lunch. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 48. **Menu for a Day**: Menu should include complete listing of all meals and snacks that would be eaten over a one-day period. A description of individual or family for whom meals are intended must be included. Typed exhibit with photos is recommended, creativity is encouraged. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 49. **Cookies**: 3 samples

- Drop Cookies include: chocolate chip, applesauce, oatmeal, pumpkin bar, brownies etc.
- Hand-shaped cookies include: peanut butter, snickerdoodles, crinkles, etc. (Hand shaped cookies can be rolled in sugar if part of recipe)
- Novelty or Special Occasion cookies may have frosting.

**Bar Cookie Recipes should include size of pan (13” x 9”, 8” x 8”) if pan baked** Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 50. **Muffins/Biscuits/Scones/Quick Breads**: 3 samples or ½ loaf

- Plain, whole wheat, cornbread, pumpkin, apple or other
- No toppings
- Bread should be baked in 9” x 5” or 8” x 4” pan Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 51. **Yeast Rolls/Breads, Shaped Breads**: 3 samples or ½ loaf or whole item (if needed for appearance)

- Plain, whole grain, flavored or other yeast rolls of any shape
- Any small (pretzels, breadsticks) or large (animal shaped) hand-shaped bread
- Fancy rolls or breads may have fillings or frostings
- Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 52. **Baking Light**: bring general sample sizes. (Example: if making cookies, bring in 3 cookies.)

- An exhibit is a sample of any healthy baked item such as cookies, muffins, loaf bread, cake, cupcake, coffee cake, pies or other baked items that is made with less fat, sugar, salt or fat substitute, or gluten free other dietary modifications by:
  1) Modifying a recipe (include the original and revised recipes, changes should be in bold or highlighted)
  2) Using an already modified recipe
  3) Making a traditionally low fat product such as angel food cake
- The recipe and explanation of why you made it healthy and other specialty ingredients...
  Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 53. **Grown in New York**: bring general sample sizes (example: if making muffins, bring in 3 muffins.)

- An exhibit is a sample of any baked item such as cookies, muffins, bread, cake, cupcakes, coffee cake, pie or other baked items that contains a fruit or vegetable grown in New York State
- Must include recipe and explanation of ingredient grown in New York, including where it was grown and purchased and if it was preserved for later use
- Source of ingredient can be garden, U-pick or roadside stand, farmers market or any market if source can be identified
  Point value: Blue, 6-10; Red, 2-5; White, 1
CLASS 54 **Heritage Foods**: bring general sample sizes (example: if making cookies, bring in 3 cookies) • Any baked item associated with family traditions or history (such as cookies, muffins, bread, cake, pie) • Must include recipe, procedures, and family history and traditions associated with the food Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 55 **International Foods**: bring general sample sizes. (Example: if making bread, bring in ½ loaf.)
- Cookies, muffins, bread, cake, cupcakes, coffee cake, pies or other baked items
- Any baked item associated with customs and traditions of a country or population of the world
- Must include recipe, procedures, historical background or context and traditions associated with preparing, serving and eating the food Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 56 **Pet Treats**: An exhibit will consist of 3 samples or 1 cup mix of baked treats for dogs, horses, etc. Will be evaluated on appearance, smell, and texture. Include reason for treat (ex. for pet, community service project, fund raiser, etc.) Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 57 **Healthy Recipe Collection**
- At least six recipes written in ink or typed (displayed in a box, notebook or file folder; can include photos or illustrations) that provide needed nutrients while limiting fat and total calories.
  - For each recipe state:
    1) Relationship of key ingredients to MyPlate (List of Key Nutrients available in the Office) 2) Nutritional benefit
    3) Source of recipe
    4) How well it was liked
    5) Any changes you would make in the recipe
- All recipes must be collected and made during the current enrollment year Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 58 **Heritage Recipe Collection**
- At least ten recipes written in ink or typed (displayed in a box, notebook or file folder; can include photos or illustrations) that depict family or local history.
  - Each recipe must clearly state:
    1) Source of recipe
    2) History related to the recipe
    3) Traditions related to preparing, serving and eating the food
- For 4 of the 10 recipes, indicate how well it was liked after making it
- The collection should represent one or more generations older than you and can be collected from family, friends or other community sources
- All recipes must be collected and at least four of the ten prepared during the current enrollment year Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 59 **Canned Foods** Point value: Blue, 6-10; Red, 2-5; White, 1 - Criteria for exhibiting home canned foods:
- Exhibits must be prepared according to the latest USDA recommendations (http://www.uga.edu/nchfp/)
- Canned exhibit consists of one clear-glass Standard Mason jar processed with a self-sealing, two piece lid. (metal lid and metal ring)
- Rings should be removed after processing and cooling in order to clean and store. Rings should be put back on for transport, but removed for judging.
- Each entry should have a label on top with product name and date processed. A separate 3” x 5” card should list recipe, recipe source, contents, type of processing (boiling water or pressure), processing time, altitude adjustment if required, and headspace.
- Appropriate head space requirements must be followed: Fruit Juices-1/4 inch; Vegetables-1/2 to 1 inch; Jams & Jellies-1/8 to 1/4 inch; Pickles-1/2 inch; Tomatoes-1/2 inch.
- Jars must have a vacuum seal.
• All entries must be packed in the current year - August of last year through July of this year.
• All processed foods will be judged on appearance and process used, not the taste.
• The following entries will be disqualified: a) foods processed and packaged not following current (1994 or later) USDA recommendations; b) paraffin sealed jams and jellies; c) Jars with zinc lids; d) Foods in green glass jars or non standardized jars; e) Foods that have been improperly processed or packed; f) jars with added color, bleach, sulfite or other preservatives. (For example, baking soda may not be added to green vegetables and acids may not be added to non-pickled foods with the exception of tomatoes and figs.)

59A Canned Fruit
59B Vegetable (other than tomato)
59C Tomatoes
59D Juice
59E Pickles, Relish (dill, bread-and-butter, etc. or pickled vegetables)
59F Jam, Jelly, Marmalade (may use a mixture of fruits)
59G Pie Filling

CLASS 60 Dried/Dehydrated Food: Must be displayed in either two clear one-half pint zip closure bags or glass jars with tight fitting lids. Examples: Dried Vegetables, Dried Fruit, Leathers, Herbs. Note: These foods will not be tasted. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 61 Food Demonstration
• Demonstrate a recipe learned from a foods project this year (in the Foods Room during Fair)
• Samples may be shared with observers
• Preparation time may range from 10 minutes to 1 hour
• Pre-entry required. See form in June Clover Scene or pick one up at the 4-H Office
• Premium points will be awarded to all participants. Picture of Food Demonstration participants will be displayed in the Foods Room during Fair
• Participants are responsible for bringing all ingredients; equipment will be provided if requested on the entry form

Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 62 Decorated Cakes:
• Judged on decoration, creativity, techniques number of tips, type of tips, and color
• Must use non-edible forms or Styrofoam forms for the layers
• The board the cake is presented on should be no larger than 15" x 18"
• Include recipe for frosting
• Cake will not be tasted. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 63 Maple Syrup Products: homemade maple syrup in a clear glass bottle appropriate for syrup products. Must attach a card with process and resources used to make syrup. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 64 Cakes/cupcakes: ½ cake of each type, unless full cake is needed to convey appearance of product.
• Includes all cakes such as vanilla, chocolate, fruit, vegetable, or nutritional cakes
• Frosting is optional, but if used, the recipe must be included
• Recipe card must include type/size of baking pan

Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 65 Candy
• 3 pieces or 1/4 pound any variety made with or without a candy thermometer
• Exhibitor must state on exhibit card if the candy is cooked or uncooked

Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 66 Dry Recipe in a Jar
• Layered dry ingredients for any recipe
• Must include a list and amounts of ingredients in jar and a recipe listing additional ingredients and procedure attached to the jar. Point value: Blue, 6; Red, 2-5; White, 1
CLASS 67  **Table Setting Exhibit:** An entry should include table setting for 2 people, menu, short story about the specific occasion the setting is for, table cloth, place mats, napkins (may be artfully displayed/folded), centerpiece and table decoration as appropriate to complete the table setting. Exhibits should be displayed on a small table such as a card table (provided by exhibitor). Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 68  **Food and Nutrition Open Class:** any exhibit not specifically mentioned including pies, tarts, turnovers, etc. May include Poster, Poster Series or Exhibit: (at least 14” x 22”) on any aspect of Food and Nutrition. May also include a project created by more than one member. Each member must be able to explain their contribution to the project, and a combined effort project may not be recommended to go to NYS State Fair. Point value: Blue, 6-10; Red, 2-5; White, 1

CLASS 68A:  **Pies** – Fruit pies, 2 crust pastry, top crust can be latticed or decorative pastry, no crumb toppings. Examples include apple, cherry, blueberry, etc. Please enter in disposable pie pans 6” or larger. No pies requiring refrigeration are allowed, such as cream or custard based pies.

CLASS 68B:  **Tarts or Turnovers** – 3 tarts or 3 turnovers make an exhibit. Examples include peach tarts, apple turnovers, etc.

CLASS 69  **Food Technology Exhibit** **NEW** Exhibit to include a food product prepared using new technology or a non-traditional method (i.e bread machine, cake baked in convection oven, baked item made in microwave, etc.) Include recipe and why you used this method. Point value: Blue, 6-10; Red, 2-5; White, 1