

Cornell Cooperative Extension | Sullivan County Annual Senior Expo



Wednesday
May 22

10 am - 1 pm

— **FREE** —

**Monticello
Fire House**

Adults are making a positive impact in and around Sullivan County. Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

Take advantage of:

- ✓ Senior services available in Sullivan County
- ✓ Health screenings and interactive opportunities
- ✓ “Phone and Internet Fraud” by David Leideman, NYS Attorney General
- ✓ Tai chi, self defense, healthy meal prep, CPR/AED trainings available



sullivancce.org • sullivan@cornell.edu • 845-292-6180

This co-partnered program between Cornell Cooperative Extension and Office for the Aging of Sullivan County is supported by a grant from the NYS Office for the Aging's Caregiver Program.

Cornell Cooperative Extension in Sullivan County provides equal program and employment opportunities. Contact CCE if you have any special needs.