



# 4-H Friday Focus

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## Public Presentations

### What is a 4-H presentation?

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H presentation helps youth learn to:

- Research a subject
- Organize ideas in a logical order
- Be a teacher and practice public speaking skills.

There are many different types of presentations, ranging from demonstrations to audio-visual to problem solving. Every member is encouraged to give a presentation each year.

### Why are public speaking skills important?

Public speaking skills are ranked number one among the skill sets of professionals. Other guiding factors for developing public speaking skills include:

- Discovering an important component of leadership development
- Increasing self-esteem, self confidence, and ability to accept feedback
- Expanding skills for planning, preparation and performance

Traditionally, story-telling is used to entertain and pass knowledge on from group to group. Young children begin by telling stories to friends, family, at school, and later as part of formal presentations. As youth collect new knowledge through participation in projects, they share this information with others; teaching project skills in a presentation takes advanced skills and a deeper understanding of what was learned. Giving presentations develops many life skills, including the ability to speak in front of a group, organize ideas, and create and use graphics to support the spoken word.

### How do I start?

Speakers prepare for presentations by giving talks to project groups and at community club meetings, practicing skills learned in a project, and observing other people giving presentations. Youth can get ideas for presentations from many different sources. The first place to start is with the project leaders and the community club leader. Local librarians can help develop a subject through research. Sources for presentation ideas are project manuals, books, magazines, and brochures from various organizations.

### Where and how can I give a presentation?

4-H members can present at project meetings, general club meetings, and local events. Youth can also present at official presentation days. Each county holds a presentation day, where winners advance to a sectional competition. After sectional competitions, winners compete at the state presentation day. At these county, sectional, and state events, categories are open to all age groups: junior, intermediate, and senior.



# 4-H Projects & Events

## Outdoor Adventure



Do you love being outdoors, want a new adventure, join Christina for a day of snowshoeing January 26th @ Rogers Center beginning at 9:00am.

To reserve your spot or for more information contact Christina at: [clh262@cornell.edu](mailto:clh262@cornell.edu)

## 4-H Sewing Trip to Joann Fabric



Monday, January 21, 2019, 9:00 AM - 1:30 PM

4-H Sewing Trip

January 21, 2019

4-H is having a Sewing Trip to JoAnn Fabrics on January 21. We will be getting our supplies for the 4-H Sewing Camp at the end of February. We will be leaving at 9am, shopping, having lunch and travelling back to Norwich, to arrive no later than 1:30pm.

Please RSVP with Janet no later than January 14, 607-334-5841 x12 or [jlp27@cornell.edu](mailto:jlp27@cornell.edu).

## 2017 4-H Sewing Camp



February 18-22

**Beginner (1-3<sup>rd</sup> year, dependent upon sewing experience):**

- Fleece Winter Hat with Matching Scarf & Mittens
- iPad Stand
- Bonus Project: Tissue-Pack Cover

**Junior (3-5<sup>th</sup> year, dependent upon sewing experience):**

- Pajama Pants with appliqued matching t-shirt
- Tote Bag
- Bonus Project: Wash Cloth Slippers

**Experienced (5+ years, dependent upon sewing experience):**

- Clothing item or accessory with zipper or buttons
- Clothing item or accessory with pleats, darts, or waistband
- 

Members interested in sewing a project not on this list must contact Janet at the 4-H Office to make arrangements, [jlp27@cornell.edu](mailto:jlp27@cornell.edu) or 607-334-5841 x12.

<http://ccechenango.org/events/2016/04/25/4-h-sewing-camp>

**Horse Bowl/Hippology Practices—**  
Jan 4, 11, 18, 25

**Dairy Bowl Practices ---** Jan 4, 11,  
18, 25

**Sewing Trip To JoAnn Fabric—**Jan  
21st.

**Outdoor Adventure-Snowing at**  
**Rogers Center—**Jan. 26th

**Dairy Bowl Practices ---** Feb 1, 8, 15, 22

**Anima Science Committee Meeting—**  
Feb 12th.

**Chenango County Public Presenta-**  
**tions—**Feb. 16th

**4-H Sewing Camp—**Feb. 18-22

**4-H Livestock Scholarships Due—**  
March 1

Leaders/Volunteers Association Meet-  
ing— March 6, 6:00pm

**Regional Dairy Bowl, Horse Bowl,**  
**Hippology Competition —**March 9

**Ag Literacy Week—**March 18-22

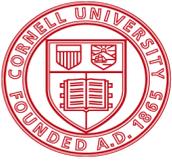
**4-H Sewing Spectacular—**March  
17th

**Dairy Discovery** March 29-30

Leaders/Volunteers Association Meet-  
ing— May 8, 6:00pm

**Horse Bowl/Hippology Practices—**  
Feb 1, 8, 15, 22





**Cornell University**  
**Cooperative Extension**  
**Chenango County**

99 N. Broad St.

Norwich, NY 13815

Thanks for catching up with the  
Chenango County 4-H Program.

Hope to see you soon!



Janet Pfromm

4-H Coordinator

*Building Strong and Vibrant New York Communities*

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

## 4-H Photo Finish



**It's Almost  
Public Presentation  
Time**

To submit your photo, send a clear, up-close shot of your  
4-H club/family activity to:

Richard Turrell, [rlt229@cornell.edu](mailto:rlt229@cornell.edu)

We're on the web: [www.cce.cornell.edu/chenango](http://www.cce.cornell.edu/chenango) or become a Friend on Facebook!