Healthy Neighborhoods Program

Working with the Albany County Department of Health and the Rensselaer County Department of Health, Cornell Cooperative Extension Albany County has launched the Healthy Neighborhoods Program. This free health and safety program is available to residents in targeted zip codes in Albany (12202, 12206, 12008, 12208, 12210) and Rensselaer (12180, 12182, 12144) counties. Trained Healthy Neighborhoods Program educators schedule a home visit and identify environmental hazards by asking residents questions from a standardized assessment form. Residents are educated about these concerns and provided referrals and follow up resources. Free cleaning, safety, and health products are also distributed to improve the home living environment. For more information and to schedule a home visit call 518-765-3521 or register online at https://pub.cce.cornell.edu/event_registration/main/events.cfm?dept=201.

Childhood Lead Poisoning Prevention Program - Free Lead Inspections

Is Your Home Safe? Did you know that lead—a silent threat in older homes—can effect child development? Lead can poison you and your children. Children under six years of age are at the greatest risk for lead poisoning which complicates a child's growth, behavior, and ability to learn. 90% of the housing stock in 12180, 12182 & 12144 zip codes were built prior to 1970, putting these homes at a higher risk for containing lead. Do you reside in the 12180, 12182 or 12144 zip codes? Do you reside in a home built prior to 1978? Are you concerned about your child being exposed to lead? CCE offers FREE In Home Lead Inspections. If you answered yes to any of the above questions than you should call our partner, the Rensselaer County Health Department at 518-270-2640 to see if your home qualifies for a lead inspection. All qualified inspections receive free cleaning supplies.

The Asthma Project

Do you or anyone in your home have asthma? Is that person on Medicaid? If you answered yes to both questions, Cornell Cooperative Extension Albany County may have a program to help you... The Asthma Project has trained educators available to identify asthma triggers in your home AND will help to facilitate simple repairs to eliminate these triggers. This is a FREE program if you qualify. If interested or if you have questions, please contact Diane at 765-3521 or by email at dfp46@cornell.edu

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Cornell Cooperative Extension of the Capital Region - Improving Lives and Communities

To get a complete list of all Cornell Cooperative Extension’s programs and events in the Capital Region please go to: http://ccecapitalregion.org/
Find us on: Facebook - https://www.facebook.com/CCECapitalRegion
Twitter - https://twitter.com/CCECapitalReg
"Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities."
12/05/2018
7:45 AM
Holiday Gift Wrapping Workshop - Includes: Wrapping Paper, Ribbon, Colored Tape & Decorations. In this class, you will learn how to wrap gifts in a professional manner, while having some coffee & light snacks. There is no cost to attend this workshop, but registration is required. To register, call 518-275-4559 or email ARK249@cornell.edu.

12/05/2018
1:00 PM - 3:00 PM
Cookies Baking Workshop: Memories from the Past & Present - Join us to make memories for future generations! Learn to bake cookies from the past as well as modern recipes. You will also get ideas on how to package the cookies for gifting. There is no cost to attend this workshop, but registration is required. To register, call 518-275-4559 or email ARK249@cornell.edu.

12/06/2018
9:00 AM - 5:00 PM
EPA Lead Renovation Training - The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. This rule will include all landlords, carpenters, painters, window replacement companies or simply anyone who wants to help prevent or learn more about the hazards of lead and lead based paint. The class is limited to 8 registrants, so please don’t delay! To register contact Art Wheaton at acw18@cornell.edu or call her at 518-765-3520 or 518-603-4702 or contact Nancy at NK1@cornell.edu or call her at 518-765-3521. Registration is also available online at https://pub.coe.cornell.edu/event_registration/main/events.cfm?dept=201.

12/06/2018
9:30 AM - NOON
Basic Farm Finance – Looking to brush up on your accounting skills? Is it finally time to learn more about your farm’s finances? Basic Farm Finance covers the essentials of farm finance, from bookkeeping to taxes to records for management. This program is for any size operation, and anyone looking for a solid knowledge base of farm finance and related topics. Price: $15 for the first person from a business/farm, $5 for each additional person. Pre-registration is required as class size is limited, though a minimum number of participants are needed for each session. FSA Borrower Training Credit approved. To register go online http://coxest.net/CAAPPov/com/ event/register?coid=0&reset=1&tid=9.

12/08/2018
10:00 AM - 12:00 PM
Holiday Grooming & Wreath Making Workshop - Includes: Wreath Frame, Mixed Greens, Wire, Cones, and Velvet Ribbon to Make a Bow. *Extra Decorations will be available to purchase or bring your own. Bring: Your own clippers, gloves, wire cutters if desired. We will have some to share. Cost is $25.00. Pre-Registration required contact Carole Henri at ch787@cornell.edu or 518-765-3516.

12/08/2018
1:00 PM - 3:00 PM
Holiday Centerpiece Workshop - Includes: Mixed Greens, Cones, Assorted Small Decorations, Ribbon, and Dish with Oasis. *Extra Decorations will be available to purchase or bring your own. Bring: Your own clippers, gloves, wire cutters if desired. We will have some to share. Cost is $20.00. Pre-registration required contact Carole Henri at ch787@cornell.edu or 518-765-3516.

12/10/2018
6:00 PM - 7:00 PM
Wildlife Habitat Education Program (WHEP) for Youth: Birdfeeder Bird Identification - Come learn about the common birds that come to local feeders. Each participant will make a peanut butter pine cone feeder. Cloverbuds welcome! Come prepared to get dirty. No fee. Registration is required and can be accomplished by calling 518-623-3291 or email Michele Baker at mb223@cornell.edu.

12/10/2018
9:00 AM - 10:00 AM
The Magic Years: A Three Part Parent Education Program (For parents/caregivers of children ages 0-4) - Setting Routines Pt 2 - This program will explore how routines and consistency in the home can lead to positive outcomes for young children. We will understand how to set up (or better make) routines for meal time, hygiene, brushing teeth, bedtime, bathing, family meals and toilet training. Advanced registration is required by contacting Maria at 518-765-3559 or mtk59@cornell.edu.

12/12/2018
7:45 AM - 4:30 PM
IPM Exclusion Workshop - Working with New York State IPM Program, Cornell Cooperative Extension Albany County will be holding a day-long IPM Exclusion Workshop for pest professionals, Code officials, contractors, homeowners, property managers, and facility maintenance workers in the Capital District. Topics to be discussed include Pest Identification, Pest Health Risks, IPM Inspection Process, and Exclusion Techniques. The program will highlight how pests cause damage to building structures and can be the source of significant health problems. Participants will learn: How to identify pests, what to look for during a building inspection, and the most appropriate exclusion technique to use for a pest free building home. The workshop will include continental breakfast, lecture, discussion, hands-on learning activities, and resource materials. NYS Pesticide Applicator Credits (3.75) are available for Categories 7, 7F, and 8. Possible NYS Code official credits may be available. There is no charge for the program but pre-registration is required. Register online at https://pub.coe.cornell.edu/event_registration/main/events.cfm?dept=201 or by calling Al at 518-765-3525 or 765-3521. Registration is also available online at https://pub.coe.cornell.edu/event_registration/main/events.cfm?dept=201.

12/12/2018
9:00 AM - 5:00 PM
EPA Lead Renovation Training - the federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. This rule will include all landlords, carpenters, painters, window replacement companies or simply anyone who wants to help prevent or learn more about the hazards of lead and lead based paint. The class is limited to 8 registrants, so please don’t delay! To register contact Art Wheaton at acw18@cornell.edu or call her at 518-765-3520 or 765-3521.

12/18/2018
2:00 PM - 4:00 PM
Window Replacement Workshop - This class is designed to teach landlords, homeowners, tenants, and contractors if desired. We will have some to lead safe work practices. Workshop topics related to window replacement will include lead poisoning prevention education, tools needed, cost benefits, and energy savings. Educational resources and free cleaning supplies will be provided to all participants. No charge for the class however pre-registration is required. Register online at https://pub.coe.cornell.edu/event_registration/main/events.cfm?dept=201 OR by phone at 518-765-3529.

12/18/2018
9:00 AM - 10:00 AM
The Magic Years: A Three Part Parent Education Program (For parents/caregivers of children ages 0-4) - Parenting Styles & Discipline Tools Pt 3 - Join us to learn about different parenting styles and how they impact children. Develop an understanding of the difference between discipline and punishment and how to use natural consequences. Explore the myths of spanking and strategies to get your children to listen. Advanced registration is required by contacting Maria at 518-765-3559 or mtk59@cornell.edu.

12/19/2018
9:00 AM - 10:00 AM
Oasis. *Extra Decorations will be available to purchase or bring your own. Bring: Your own clippers, gloves, wire cutters if desired. We will have some to share. Cost is $20.00. Pre-registration required contact Carole Henri at ch787@cornell.edu or 518-765-3516.

12/20/2018
9:00 AM - 10:00 AM
The Magic Years: A Three Part Parent Education Program (For parents/caregivers of children ages 0-4) - Part Parent Education Program (For parents/caregivers of children ages 0-4) - Setting Routines Pt 2 - This program will explore how routines and consistency in the home can lead to positive outcomes for young children. We will understand how to set up (or better make) routines for meal time, hygiene, brushing teeth, bedtime, bathing, family meals and toilet training. Advanced registration is required by contacting Maria at 518-765-3559 or mtk59@cornell.edu.