

PRESS RELEASE

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FREE Medication Management Class with CEU Credits

LIBERTY, NY— 20% of surveyed seniors have some difficulty managing their medications and 17% feel overwhelmed at least occasionally by the medications they are taking. 57% of surveyed North American seniors are taking 4 or more prescription medications on a daily basis. As the number of prescription medications a person ages 70 and older takes increases, so do challenges with medication management and potential health risks (According to research conducted by Home Instead, Inc., franchisor of the Home Instead Senior Care network).

The public is invited to a FREE web seminar on Medication Management Thursday, November 8, 2018, part of the Family Caregiver Support Series, sponsored by Home Instead Senior Care®. Cornell Cooperative Extension Sullivan County (CCESC)'s Caregiver Resource Center offers this program from 3:00 to 4:00 pm at its Extension Education Center on 64 Ferndale-Loomis Road in Liberty. This web seminar is approved for AoTA contact hours in addition to CEUs approved for all ASA web seminars.

Participants will be able to:

- Identify the potential risks of medication mismanagement
- Understand common medication challenges and signs
- Recognize risks of common conditions that impact medication management
- Help strengthen the role of the family in reducing risks
- Feel confident about keeping older adults safe at home

Lakelyn Hogan, MA, MBA gerontologist and caregiver advocate of Home Instead Senior Care presents this web seminar with Kyle Decker, PharmD Simple Meds vice president of pharmacy.

Your Trusted Resource of Choice.

This event is FREE to the public. Registration is requested in advance by visiting www.sullivanccce.org, emailing sullivan@cornell.edu, or calling CCESC at 845-292-6180. In the event of special needs, the public should contact the CCESC office.

This co-partnered program between Cornell Cooperative Extension and Office for the Aging of Sullivan County is supported by a grant from the NYS Office for the Aging's Caregiver Program.

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