

Cornell Cooperative Extension Dutchess County. Don't forget to add dutchess@cornell.edu to your address book so we'll be sure to land in your inbox! If you are only interested in receiving information from certain program areas, please click on the "Update Profile/Email Address" link at the very bottom of the newsletter to change your preferences.

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Issue: #50

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Cornell Cooperative Extension Dutchess County

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About Us

CCEDC, a subordinate governmental agency associated with Cornell University and its land-grant mission since 1869, provides research-based resources, tools and education for the residents and officials of Dutchess County. Our four program areas "Help People Help Themselves" through education on:

Agriculture & Horticulture

Environment & Energy

Family & Consumer Education

4-H Youth Development

Our Mission

Through quality educational programs, Cornell Cooperative Extension Dutchess County builds strong, healthy youth, adults, families and communities while enhancing the economic, social, agricultural and natural resources of Dutchess County.

Click donate to show your support & become a Friend of Extension



Hello,

The programs below are just a sample of offerings. Learn more about these and other CCEDC programs by contacting us anytime at (845) 677-8223, visiting our website at www.ccedutchess.org, or checking out our [Facebook](#) and [Twitter](#)!

Do Care, Clean Poughkeepsie

Summer is soon approaching and the No Child Left Inside youth educators have been as busy as bees wrapping up their community project. Back in January, the youth educators designed a community project around an issue they were passionate about; trash and litter in Poughkeepsie. They decided to tackle this issue by planning three community clean ups and a few lessons at an after school program at a local elementary school.



The community project, which they dubbed "Do Care, Clean Poughkeepsie", was a success! By collaborating with local organizations, they were able to educate over 150 people about trash and recycling over the course of the three clean-ups. The after school program lessons taught the

Donate

CCEDC is now on AmazonSmile!

If you would like to support us while you shop, use this link to sign in!

smile.amazon.com/ch/14-6036882

CCEDC Newsletters

Many of our four program areas have their own specialized newsletters, which are sent out regularly, as well. If you're interested in reading the latest issue of each newsletter, click on the links below:

- [Dutchess Dirt](#)
- [Dutchess County Agriculture...It's a Growing Thing](#)
- [Environment and Energy Newsletter](#)
- [4-H Newsletter](#)

CCEDC is on Social Media!

Like us on Facebook

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youth about trash and recycling through fun activities such as recycling relay game and an interesting arts and crafts project focused on reusing household materials. The NCLI youth educators encourage you to learn more about what's recyclable in your own home, by visiting: <http://ccedutchess.org/environment/recycling>



This project is funded in part by a grant from the NYS Environmental Protection Fund through the Hudson River Estuary Program of the NYS DEC and by a Dutchess County Agency Partnership Grant.



FCE is ready for summer!

Preparation is under way for our 2018 Picnic. This Picnic is held every year as an opportunity for kinship families to meet and bond in a casual setting. Free from the structure of regular meetings, families experiencing some of the same challenges get to relax in the sunshine and enjoy a casual BBQ atmosphere.

This year, our friends at the Adoptive and Foster Family Coalition of NY will be co-sponsoring the event. This will allow for some crossover among our agencies and participants. The 2018 RAPP Picnic will held at Bowdoin Park on Friday July 13th from 11:00am - 2:00pm and is open to anyone that has taken on the role of primary caregiver for a child.

[Click here for a copy of the 2018 Flier](#)

Stay tuned for more info and contact us anytime at 845-677-8223 x137, jmc646@cornell.edu, @fcedutchess.



Don't get ticked NY!

It's the height of the tick season. Are you worried about ticks when you're walking, hiking and gardening? Do you want to learn how to avoid getting bit? Check out Cornell's [new website](#) to learn what ticks look like, why you should worry about ticks, and steps you can take to protect your person, pets and property from ticks.

Annual Picnic

Presented by the CCE Dutchess County RAPP Program & the Adoptive and Foster Family Coalition of NY

Friday July 13, 2018
11:00 am—2:00 pm
Rain or Shine Event



Bowdoin Park, Pavilion 2
85 Sheafe Road
Wappingers Falls, NY 12590

Join us for Games, Activities, Food & Fun
A chance for all RAPP families to meet and enjoy the day!

New kinship families are encouraged to attend

Please RSVP with number attending, by July 6th.

jmc646@cornell.edu • 845-677-8223 ext. 137

Or tomasine@affcnny.org • 845-679-9900

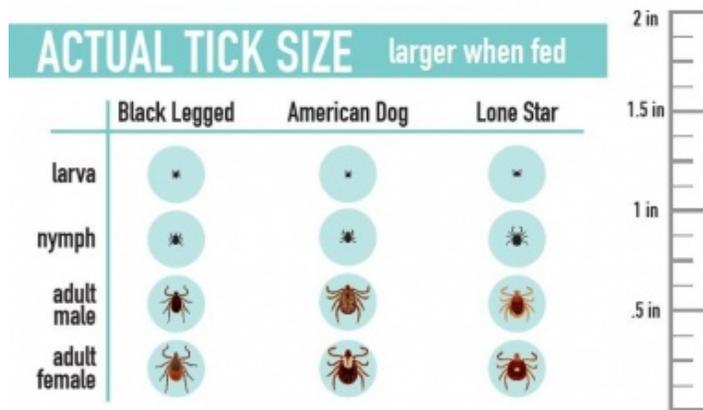


Cornell Cooperative Extension
Dutchess County

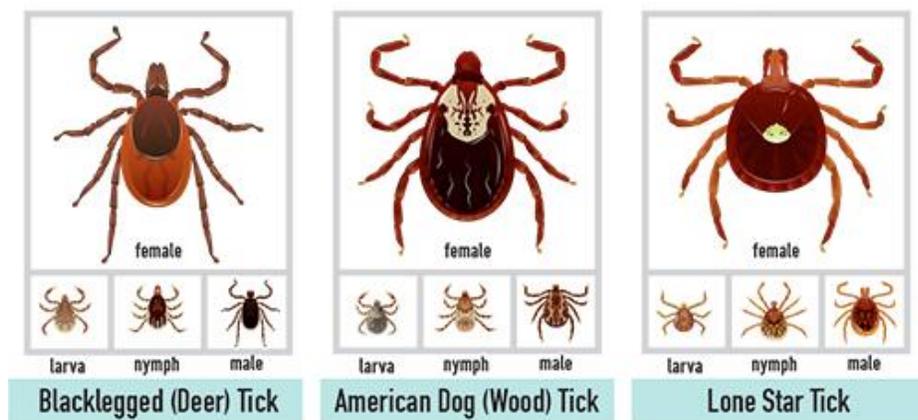
Adoptive and Foster Family Coalition
NEW YORK

NEW YORK STATE
Office of Children
and Family Services

Cornell Cooperative Extension Dutchess County provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.



"Ticks are arachnids, meaning they are closely related to mites and spiders. They have four life stages: egg, larvae, nymph and adult. Unfed ticks are flattened, teardrop shaped. Larval ticks have six legs, while nymph and adult ticks have eight legs. Three tick species are a human health concern in New York: the blacklegged tick (deer tick), the lone star tick, and the American dog tick." - Cornell CALS



For more information, or if you have any questions, please contact us! 845-677-8223

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4-H'ers Pledge Their Hands to Larger Service

An important component of the 4-H program is engaging youth in community service; as the 4-H pledge reads "I pledge...my hands to larger service." Each year Dutchess County 4-H'ers volunteer in hundreds of hours of community service, both as club projects and as individuals.

In early May, the Calico Pixies and Pixie Munchkins General Interest 4-H Club made over 1,000 meatballs for a fundraiser spaghetti dinner that took place at LaGrange Middle School. This fundraiser was raising money for a 7th grade student at LMS, who is battling cancer for the second time. The event featured a home cooked meal of spaghetti and meatballs, salad, fresh bread and dessert all for \$10! There was also a DJ, many raffles, and prizes to encourage the guests support. In addition the event hosted by LMS, held a blood drive that collected over 70 pints of blood that were delivered directly to the hospital where the student is receiving treatment.

The event really brought our community and the school together as they rallied for a common goal. The Calico Pixies and Pixie Munchkins tantalized hundreds of taste buds with their homemade meatballs!



Lily White making meatballs and Sabine Terranova packing the trays.

Farewell but Not Goodbye to Cassie Messina

4-H has been a huge part of Cassie's life. She started in 4-H at the age of 6 in Westchester County and finished at 19 as a member in Dutchess County, maintaining membership in various horse clubs the whole time. After aging out, she became a Dutchess County 4-H Club Leader then a Summer Staffer before accepting the challenge of becoming our full time 4-H Educator.

During her time as 4-H Educator, Cassie has had a very positive impact on the program. Cassie's in-depth knowledge of the program and the community, coupled with her skill, knowledge and enthusiasm for 4-H, has enabled her to strengthen and improve the program in many ways. We will certainly miss Cassie as she moves on to explore new career opportunities, and we wish her all the very best and look forward to hearing about her future successes.



The Fair is Coming!

As all 4-H'ers know, there is no real quiet time in 4-H, but with the entries already open for the



Dutchess County Fair the next few months are especially exciting! Put August 21st through 26th on your calendar and plan to visit 4-H Hill, support our youth, and round it out with a D.C. Dairy Committee Milkshake!

And for those with a passion for youth and time on their hands, why not consider volunteering? Get a free fair pass and join us for a day or the whole week and be part of this amazing experience. Contact Angela acs26@cornell.edu or Jane jr825@cornell.edu or phone 845-677-8223 for any 4-H questions.

Green Teens Community Gardening

Spring has Sprung

Flowers are fruiting, gardens are growing and plants are thriving, all thanks to hard work done by the hands of teens. All three of the Green Teen gardens have been planted and their irrigation systems set up. The teens put in hours of work moving soil and mulch to shape the beds and pathways, creating gardens worth being on the cover of any magazine. Aside from setting up all three gardens, the spring crew was involved in multiple educational sessions. They received a lesson on resume writing from Dutchess OneStop, 4 sessions of mentoring on how to handle conflict through the Mediation Center in Poughkeepsie, and 2 Beatrix Farrand workshops on landscape design and plant sex.

This season, the Green Teen staff developed "Do Nows," a set of 15 minute lessons delivered weekly, the lessons gave the teens information and tools to take concrete steps towards adulthood, some of the "Do Now," lessons included: how to open a bank account, how to write a check and how to get a New York State ID. The youth also had the opportunity to take on the role of educators when they hosted an afternoon with the 'YES!' program (Youth Experiencing Success). The Green Teens taught the 'YES!' participants (their peers) how to start seeds and transplant plants. The Spring Program wrapped up the first week of June. While the youth are no longer working, the gardens they set up are growing, thriving and looking great!

Sincerely,

Cornell Cooperative Extension Dutchess County

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Please contact the CCEDC office if you have any special needs.