

Just a reminder that you're receiving this email because you have expressed an interest in Cornell Cooperative Extension Dutchess County. Don't forget to add dutchess@cornell.edu to your address book so we'll be sure to land in your inbox! If you are only interested in receiving information from certain program areas, please click on the "Update Profile/Email Address" link at the very bottom of the newsletter to change your preferences.

You may [unsubscribe](#) if you no longer wish to receive our emails.

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Issue: #46

February/2018

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About Us

CCEDC, a subordinate governmental agency associated with Cornell University and its land-grant mission since 1869, provides research-based resources, tools and education for the residents and officials of Dutchess County. Our four program areas "Help People Help Themselves" through education on:

Agriculture & Horticulture

Environment & Energy

Family & Consumer Education

4-H Youth Development

Our Mission

Through quality educational programs, Cornell Cooperative Extension Dutchess County builds strong, healthy youth, adults, families and communities while enhancing the economic, social, agricultural and natural resources of Dutchess County.

Click donate to show your support & become a Friend of Extension

Donate

February

Hello Friends,

The programs below are just a sample of offerings. Learn more about these and other CCEDC programs by contacting us at (845) 677-8223, visiting our website at www.ccedutchess.org, or checking out our [Facebook](#) and [Twitter](#)!

Environment & Energy

Feelings of "cabin fever".

This time of year can bring on feelings of "cabin fever" and a desire for fresh air and sunshine. Instead of simply wishing for spring to arrive, there are many outdoor winter activities that Dutchess County residents can take advantage of during the heart of the winter season. Notable winter activities include snowshoeing, cross-country skiing, hiking, and Bald Eagle viewing.

Some parks in Dutchess County that highlight snowshoeing and cross-country trails include James Baird State Park, Lakeside Park, Burger Hill, and Ferncliff Forest.

Viewing Bald Eagles in their natural habitat is a magnificent sight and a worthwhile way spend a winter afternoon. There are many places along the Hudson River and inland to spot **Bald Eagles** at this time of year.

The New York State Department of Environmental Conservation provides [resources](#) on proper etiquette to follow when viewing eagles, as to not to disturb them.

The Environment and Energy team encourages you to enjoy what this time of year has to offer and explore the many county and state parks and local activities in your backyard!

This project is funded in part by a grant from the NYS Environmental Protection Fund through the Hudson River Estuary Program of the NYS DEC and by a Dutchess County Agency Partnership Grant.

Family & Consumer Education

Team FCE is continuing with Introductory Information Sessions for our (RAPP) Relatives As Parents Program. We hope to continue spreading the word throughout our community about resources available to families raising relative children. Our next Information Session is February 21st, at the Millbrook Library from 6:30 - 7:30pm. Following that, is the March 14th Session at Starr Library in Rhinebeck from 6:00 - 7:00pm.

We are happy to announce that we have a new location for our Poughkeepsie RAPP meetings. Beginning March 8th, they will be held at St. John's Evangelical Lutheran Church on Wilbur Boulevard in Poughkeepsie. We hope that with this new centralized location, we can better meet the needs of our current RAPP Participants.

If you are interested in the RAPP program or know someone that might qualify, please contact us anytime by calling 845-677-8223 ext.137 or emailing Program Leader, Jessica; jmc646@cornell.edu.

Our 2018 flier, meeting schedule and information session details can be found by clicking the link below.
Note, the new Poughkeepsie location on this version.

CCEDC Newsletters

Many of our four program areas have their own specialized newsletters, which are sent out regularly, as well. If you're interested in reading the latest issue of each newsletter, click on the links below:

- [Dutchess Dirt](#)
- [Dutchess County Agriculture...It's a Growing Thing](#)
- [Environment and Energy Newsletter](#)
- [4-H Newsletter](#)

CCEDC is on Social Media!

 Like us on Facebook

Follow us on [twitter](#)

[2018 CCEDC RAPP Flier](#)



Thank you to EatSmart NY for joining us at our February Poughkeepsie RAPP meeting to share information on "heart healthy" recipes.

Agriculture & Horticulture

2018 Philadelphia Flower Show

CCEDC is still accepting reservations for our annual bus trip to the Philadelphia Flower Show. The theme of the show is, "Wonders of Water" and will celebrate the beauty and life-sustaining interplay of horticulture and water.

Our trip is on Thursday, March 8th and the bus will be leaving the Farm & Home Center on Rt. 44 in Millbrook promptly at 8:00 AM. The cost is \$75 per person. Pre-registration and payment is required. Seating is limited, so act soon! Please call Nancy at 845-677-8223 x115 to register and for more information.

ISA Certified Arborist Training Program

Cornell Cooperative Extensions of Dutchess and Putnam counties present the 2018 International Society of Arboriculture Certification Training. The dates of the training are March 7, 16, 19, and 28th. The Certification Exam will be held April 13th. This training program is designed to assist green industry professional in obtaining the International Society of Arboriculture (ISA) Certified Arborist designation. Attendees of this program will gain an increased knowledge of practices pertaining to the care of trees including identification, proper pruning and safety.

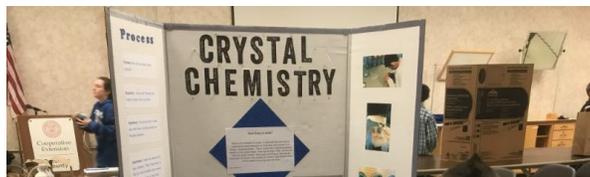
[Click here](#) for more information or to register!

4-H Program

Techno Titans Host 1st 4-H Science Fair!

On February 3rd, 2018, the Techno Titans (Dutchess County's 4-H STEM focused club) hosted their first Science Fair! 4-H'ers in 5th grade and above were eligible to compete for the opportunity to participate in the 59th Annual Dutchess County Regional Science Fair, to be held at the Dutchess Community College on April 7th.

Projects were judged on creative ability, scientific thought, engineering goals, thoroughness, skill, and clarity. Ten 4-H'ers participated, and 4 qualified to advance to the Regional event. Congratulations to Jessica Auriemmo, Caitlin Auriemmo, Michael Schappert and David Da Silva and best of luck in April!





4-H Member Carson Schappert, proudly displaying his Science Fair Certificate.
Photo credit, Cassie Messina



Techno Titans Club at the 1st Annual Dutchess County 4-H Science Fair. Photo credit, Cassie Messina

Become a Volunteer Reader During Agricultural Literacy Week! March 19-23, 2018.

Join us as we spread agriculture into Dutchess County schools next month! Looking for volunteer readers to facilitate reading of *Before We Eat: from Farm to Table* by Pat Brisson. Readings should take less than 45 minutes including time for an activity and will take place in elementary classrooms across the county.

Email 4-H Educator, Cassie Messina at cmm473@cornell.edu to get connected with a classroom!

This program is funded through a grant with Dutchess County.

Green Teen Program

Stay tuned for exciting updates to come next month!

This program is funded through a grant with Dutchess County.

Sincerely,

Cornell Cooperative Extension Dutchess County

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the CCEDC office if you have any special needs.