

...just a reminder that you're receiving this email because you have expressed an interest in Cornell Cooperative Extension Dutchess County. Don't forget to add dutchess@cornell.edu to your address book so we'll be sure to land in your inbox! If you are only interested in receiving information from certain program areas, please click on the "Update Profile/Email Address" link at the very bottom of the newsletter to change your preferences.

You may [unsubscribe](#) if you no longer wish to receive our emails.

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Issue: #42

October/2017

### In This Issue

[Environment & Energy](#)  
[Family & Consumer Education](#)  
[CCEDC Horticulture](#)  
[4-H, YQCA Training](#)  
[Green Teens](#)



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### About Us

CCEDC, a subordinate governmental agency associated with Cornell University and its land-grant mission since 1869, provides research-based resources, tools and education for the residents and officials of Dutchess County. Our four program areas "Help People Help Themselves" through education on:

**Agriculture & Horticulture**

**Environment & Energy**

**Family & Consumer Education**

**4-H Youth Development**

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### CCEDC Newsletters

Many of our four program areas have their own specialized newsletters, which are sent out regularly, as well. If you're interested in reading the latest issue of each newsletter, click on the links below:

- [Dutchess Dirt](#)
- [Dutchess County Agriculture...It's a Growing Thing](#)
- [Environment and Energy Newsletter](#)

Hello Friends,

*Happy Fall! Read on to find out more about our programs this month.*

*The programs below are just a sample of offerings. Learn more about these and other CCEDC programs by contacting us at (845) 677-8223, visiting our website at [www.ccedutchess.org](http://www.ccedutchess.org), or checking out our [Facebook](#) and [Twitter!](#)*

### Environment & Energy

On Wednesday, November 1st, CCEDC's Environment & Energy Program will host a forum on NYSEDA's Clean Energy Communities Program and how it can help your community save both money and energy through its 10 "High Impact Action Items". Presenters from our partner, the Hudson Valley Regional Council, will provide an overview of the program, including information on the high impact action items and how the HVRC can be a resource to communities interested in any of the action items. In depth presentations will also be provided on two of the action items that communities can adopt or promote: Converting street lights to energy efficient LED technology and offering energy upgrade financing to businesses and non-profits through Energize NY Finance. The forum will conclude with a panel of Dutchess County communities who have or are currently implementing one or more of the high impact action items. Panelist will discuss and answer questions about their experience implementing action items and their benefits.

**For more information, contact Carolyn Klocker: [cak97@cornell.edu](mailto:cak97@cornell.edu) or 845-677-8223 x130**

The following evening, Thursday, November 2nd, the Environment & Energy Program will be hosting a "Dutchess County Watershed Roundtable" in partnership with the Housatonic Valley Association and the Wappinger Creek Watershed Intermunicipal Council. It is designed to provide Dutchess County municipal officials, watershed organizations, conservation advisory committees (CACs), educators, and the public with information and resources on how to protect local water resources.

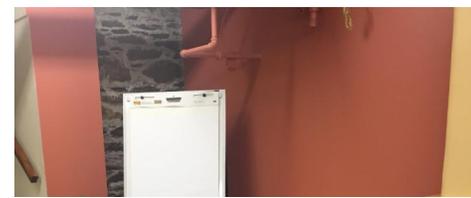
The Roundtable will be divided into two parts; the first half of the evening being dedicated to brief overviews of the respective watershed groups, their issues, and their projects. The second half of the evening will consist of facilitated small-group discussions focused on addressing commons goals, challenges, and future collaboration potential.

**For more information, contact Sean Carroll: [smc427@cornell.edu](mailto:smc427@cornell.edu) or 845-677-8223 x147**

*This project is funded in part by a grant from the NYS Environmental Protection Fund through the Hudson River Estuary Program of the NYS DEC and by a Dutchess County Agency Partnership Grant.*

### Family & Consumer Education

FCE is in full swing for this beautiful season - welcoming new members to monthly RAPP support groups. The program continues to ensure that families raising relative children who are facing challenges in parenting, family finances, and wellness and nutrition utilize the resources they need to improve their lives. FCE creates connections for residents with the latest, evidence-based research and practical information that can be directly applied to their day-to-day lives. We aim to provide



group discussion & support, kinship education & trainings, referrals to community resources and presentations from local organizations.

To hear more about the program, or to stay in touch - follow [@fcedutchess](#) on Facebook, Twitter & Instagram.

Contact us anytime by calling 85-677-8223 ext. 137 or emailing Program Leader, Jessica; [jmc646@cornell.edu](mailto:jmc646@cornell.edu)



RAPP Youth in the Halloween spirit!

## CCEDC is on Social Media!

Like us on Facebook

Follow us on [twitter](#)

## Eat Smart NYHV

The Eat Smart NYHV team held the event, "The Power of Collaboration and Coordination: Addressing the Issues of Food Insecurity, Health and Poverty", at the Vassar Barns, hosted by the Poughkeepsie Farm Project, on Friday, October 20th.

The Director of the Newburgh Empire State Poverty Reduction Initiative, Rae Leiner, as well as other partner agency representatives, informed the group about the efforts underway to make our communities better places for everyone. Valuable collaborative opportunities came out of the day's discussions.

To hear more about the program, follow [@EatSmartNYHV](#) on Facebook, Twitter & Instagram

## Interested in local home gardening news?

### CCEDC Horticulture

Dutchess Dirt is a monthly newsletter filled with informative articles for the home gardener written by CCEDC Master Gardener volunteers and our Community Horticulture Resource Educator. Topics include seasonal observations and advice about vegetables, trees, shrubs and flowering plants; pests and diseases; beneficial bugs; native and invasive plants; reports on recent garden tours and events; and a local events calendar alerting gardeners to plant sales, tours, classes, workshops and similar events.

To subscribe, email Nancy Halas at [nh26@cornell.edu](mailto:nh26@cornell.edu). Past issues are on our web site at [ccedutchess.org/gardening/dutchess-dirt](http://ccedutchess.org/gardening/dutchess-dirt)

## 4-H Club Program

### 4-H Prepares to Offer YQCA Training

In late September, our 4-H Educator began training to offer "Youth for the Quality Care of Animals" (YQCA) certification to our 4-H members. YQCA is designed as an annual education and certification program focused on food safety, animal well-being and character awareness for youth ages 8 to 21 producing and/or showing pigs, beef cattle, dairy cattle, sheep, goats, market rabbits, and poultry. The program has been designed by extension specialists and national livestock program managers to ensure it is accurate, current and relevant to the needs of the animal industry and shows and is appropriate for youth.

The YQCA curriculum is broken into four levels: Junior ages 8-11, Intermediate ages 12-14, Senior ages 15-18 and Young Adult ages 19-21. Three or four levels of content focused on food safety, animal well-being and character are outlined for each level. Topics include but are not limited to: The Basics of Animal Identification, Daily Animal Care, Administering Animal Health Products, Providing Quality Care, Herd Health Plan, Providing Quality Feed, Sharing The Story, Goals To Success, and Ethics In The Show Ring.



### Goals of the Program

- Ensure safety and well-being of animals produced by youth for showing and for 4-H and FFA projects
- Ensure a safe food supply to consumers
- Enhance the future of livestock industry by educating youth on these very important issues so they can become more informed producers, consumers and/or employees in the agriculture and food industry
- Maximize the limited development time and budgets of state and national youth program leaders to provide an effective quality assurance program
- Offer livestock shows a valid, national quality assurance certification for youth livestock exhibitors

**Dutchess County 4-H hopes to implement this training within the next year or so. For more information, please visit [yqca.org](http://yqca.org)**

*This program is funded through a grant with Dutchess County.*

## Green Teen Program

### Another Green and Wonderful Summer

The last week in September marked the last day of our Mobile Farmers' Market for the 2017 year. The Green Teen crew has every right to be proud of their accomplishments. Together, they harvested over 1,000 pounds of produce since July, and the market income totaled \$3,698.25. The produce is harvested less than 24 hours before being sold through our Common Greens Mobile Market, and much of it is purchased by consumers who rely on some form of food assistance and so cannot always afford fresh food.





2017 Market Training, Photo Credit Helanna Bratman



Green Teens, Fall 2017, Photo Credit Helanna Bratman

### **The Promise of a Glorious Fall**

In October a new crew of 8 teens was hired for the fall season which started on October 2nd. So far we have already trained this crew in how to work at a farmers' market stand, taught them what a food system is, and, in the process, have started to get to know each other. This season, the farmers' market training set-up was led by a former Green Teen who is now employed full time by Common Ground Farm. It is so exciting and inspiring to see young people move through the Green Teen Program and continue on to work in agriculture and teach what they have learned. We have so much to look forward to this season; yoga classes, garlic planting, and working to build a better community are only a few of the highlights to come.

*This program is funded through a grant with Dutchess County.*

### ***Our Mission:***

***Through quality educational programs, Cornell Cooperative Extension Dutchess County builds strong, healthy youth, adults, families and communities while enhancing the economic, social, agricultural and natural resources of Dutchess County.***

Sincerely,

***Cornell Cooperative Extension Dutchess County***

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the CCEDC office if you have any special needs.