## 4-H Holiday Bake Off Participation Guidelines

Saturday, Oct. 13 1:00 p.m. 4~H Acres, Lower Creek Rd.

- All youth 4 18 years of age; youth do not need to be enrolled in 4-H to participate; Cloverbud (4 7 years), Junior (8 12 years), Senior (13 18 years)
- Each youth must have an adult helper/partner; they work together to bake/create their entry at home, then bring it to the contest
- Entry fee is one non-perishable food item OR one new child's toy to be donated to a local food pantry, OR \$2.00 per exhibitor
- Categories are:

Cookies-all types, may be frosted but not decorated; 3 cookies/entry Breads/muffins/rolls -all types; quick, yeast, bread machine; 1 loaf or 3 items of smaller product

Cakes/Cupcakes -may be frosted, not decorated; 1 cake (8x8 or 9x9) or 3 cupcakes

Decorated Items-cupcakes, cakes, cookies, gingerbread; evaluated on visual appearance and will not be tasted

Healthy Choices-any baked product that is made with less fat, sugar or total calories by modifying a recipe, using an already modified recipe or making a traditionally healthy product such as Angel Food cake; indicate on recipe modifications made or why this is a healthy choice

Candies-any type; 3 items/entry

- Every entry must include the Entry Form and recipe
- Bring your creations to 4-H Acres between 12:30-1:00 on Saturday, October  $13^{\text{th}}$ ; place them on the appropriate table
- Evaluations will start at 1:00
- Stay during the evaluations and make a craft to take home
- Awards will at 3:00 p.m. or immediately following completion of evaluations,
- Cloverbud members will receive a certificate of completion and mini golden spoon award
- All entries will receive a participation certificate; the winner in each category will receive the "Golden Spoon" award; the "Best In Contest" winner receives the Giant Golden Spoon Award
- Mixes may be used in creating the product; this must be indicated on the entry form
- Contact Brenda Carpenter; 272~2292, btc6@cornell.edu

