



2018 Caregiver Resource Center Support Groups

Monthly **support groups for all Sullivan County family caregivers**: two groups are geared specifically to help caregivers **caring for a relative with Alzheimer's disease or a dementia**. Meetings share educational materials with open discussions on caregiver worries and concerns. Join any/all of these **FREE** groups each and every month- you do not need to RSVP.

****Please listen to area radio stations for notices of cancellation due to inclement weather.**

Share the Care	Caring for the Caregiver	Caregiver Conversations	Alzheimer's Caregiver TELEPHONE Support Group	Alzheimer's Caregiver Support Group
<u>1st Wed. /mo.</u> 10 a.m.	<u>2nd Tues. /mo.</u> 3:30 pm	<u>Last Wed. /mo.</u> 6 p.m.	<u>3rd Tues./mo.</u> 9:30-10:30 am Call 1-646-558-8656 and use ID #235-519-5714 then press #sign	<u>3rd Thurs. /mo.</u> 1-2 pm Action Toward Independence 309E. Broadway Suite A, Monticello
Callicoon Caffe County Route 131 Callicoon	Daniel Pierce Library Rt. 55 Grahamsville <i>(If Tri-Valley School closes due to weather, so does the library)</i>	Cornell Coop. 64 Ferndale- Loomis Rd, Liberty		
<u>Jan. 3</u>	<u>Jan. 9</u>	<u>Jan. 31</u>	<u>Jan. 16</u>	<u>Jan. 18</u>
<u>Feb. 7</u>	<u>Feb. 13</u>	<u>Feb. 28</u>	<u>Feb. 20</u>	<u>Feb. 15</u>
<u>March 7</u>	<u>March 13</u>	<u>March 21</u> <i>(one week early)</i>	<u>March 20</u>	<u>March 15</u>
<u>April 11</u> <i>(one week later)</i>	<u>April 10</u>	<u>April 25</u>	<u>April 17</u>	<u>April 19</u>
<u>May 2</u>	<u>May 8</u>	<u>May 30</u>	<u>May 15</u>	<u>May 17</u>
<u>June 6</u>	<u>June 12</u>	<u>June 20</u> <i>(one week early)</i>	<u>June 19</u>	<u>June 21</u>
<u>July 11</u> <i>(one week later)</i>	<u>July 10</u>	<u>July 25</u>	<u>July 17</u>	<u>July 19</u>
<u>August 1</u>	<u>August 14</u>	<u>August 29</u>	<u>August 21</u>	<u>August 16</u>
<u>September 5</u>	<u>September 11</u>	<u>September 26</u>	<u>September 18</u>	<u>September 20</u>
<u>October 3</u>	<u>October 9</u>	<u>October 31</u>	<u>October 16</u>	<u>October 18</u>
<u>November 7</u>	<u>November 13</u>	<u>November 28</u>	<u>November 20</u>	<u>November 15</u>
<u>December 5</u>	<u>December 11</u>	<u>December 26</u> <i>No meeting</i>	<u>December 18</u>	<u>December 20</u>

The Caregiver Resource Center is a co-partnered program of Cornell Cooperative Extension (CCE) and the Office for the Aging of Sullivan County. Supported through funding from the NYS Caregiver Program. If you have special needs, contact the CCE office 845-292-6180.

Please note~

There are two more support groups in Sullivan County for caregivers assisting an individual with Alzheimer's disease or other type of cognitive decline/confusion.

1. **Achieve Rehab and Nursing Home**: 1st Tuesday/month from 6-7:30pm
 - a. (845) 292-4200 to call for information (ask for Sue Lennon for info)
 - b. During winter months (January through March) call ahead to verify meetings will be held at the facility.
2. **Sullivan County Adult Care Center**: 1st Wednesday/month at 1pm
 - a. Facilitators are Bobbi-Ann Kanoff or Lori Blank-Frushman
 - b. Please call to RSVP - (845) 513-2130