## Discipline is NOT a Dirty Word

## For Parents & Caregivers of Children 2 –12 Years

Most parents/caregivers agree that getting their children to behave is both important AND difficult. This program series will help adults learn and practice seven basic principles of positive and persuasive discipline.

2-Session Series\$40 per family(Adults living in the same household)

Sundays September 23 & 30, 2018 10:00 AM – 2:00 PM

Office of Dr. Winchester-Vega Associates 3250 Route 9W New Windsor, NY 12553



## You will learn:

- ✓ Most effective parenting styles
- ✓ Why children behave the way they do
- ✓ Effective communication and conflict resolution
- ✓ How to set realistic limits
- ✓ How to provide natural and logical consequences that keep everyone's self-esteem intact

"Very grateful this program was available. It was helpful and a very good experience."

- Parent and program participant in 2017

## Discipline is NOT a Dirty Word - Register online: cceorangecounty.org

First & last name of parents/caregivers attending series (please print clearly)				To Pay by Credit Card, Register online or call 845-344-1234
Mailing Address	City	State	 Zip	MasterCard, Discover and Visa accepted
	,		•	Register online or complete the form and return it with
Ages of children in your care			the family fee (Adults living in the same house). \$40 per family. Sorry, no refunds.	
Email address	Daytime Phone Number			Make checks payable to: Cornell Coop. Extension OC

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Register online or return form and fee to:

Cornell Cooperative Extension Orange County, 18 Seward Ave., Ste. 300, Middletown, NY 10940-1919, Attn: DNDW Fall 2018

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