

## PRESS RELEASE

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### FREE Alzheimer's Programs for Seniors & Caregivers

MONTICELLO, NY— According to the Alzheimer's Association, behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage.

Cornell Cooperative Extension Sullivan County (CCESC)'s Caregiver Resource Center offers a FREE workshop on Understanding and Responding to Dementia-related Behavior Saturday, June 9, 2018. This educational event will be held at the Ethelbert B. Crawford Public Library on 479 Broadway in Monticello at 10:30 am. Participants can learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Anyone who is affected by Alzheimer's disease or dementia is invited to a two-part workshop series on Legal & Financial Planning for Alzheimer's Disease on Wednesday, June 13 (legal) and June 20 (financial). This educational series will be held at the Ethelbert B. Crawford Public Library on 479 Broadway in Monticello at 5:30 pm. The Alzheimer's Association will present the legal and financial issues to consider and how to put plans in place.

These events are free to the public. Registration is requested in advance by visiting [www.sullivancee.org](http://www.sullivancee.org), emailing [sullivan@cornell.edu](mailto:sullivan@cornell.edu), or calling CCESC at 845-292-6180. In the event of special needs, the public should contact the CCESC office.

This co-partnered program between Cornell Cooperative Extension and Office for the Aging of Sullivan County is supported by a grant from the NYS Office for the Aging's Caregiver Program and a grant from the Alzheimer's Association Hudson Valley NY Chapter.

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