

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – October 18, 2012

In Attendance: Christine Sergent, Shayna Russo, Nancy Cimbrello, Lacie Schmidt, Rebecca Lull (CCEDC), Ozie Williams (DoH), Jackie Bucelot-Mills (Kids R Kids Feeding), Akilano Akiwumi-Assanit (Fareground), Susan Grove (PFP), Michele McKeon (Catholic Charities), Rosina Tezgeldi (Hudson Health Plan), Nancy Case (St. Francis Hospital), Kerri Washer (DCC Intern @ CCEDC), Brian Riddell (Dutchess Outreach), Lorraine Scuccimarra (Child Care Council), Edward Fredrick (HRHC), Krista Adams, Debbie LaBoy (ARCS).

Program Sharing

- Hudson Health Plan has job openings: receptionist in Newburgh office, administrative assistant part time in Newburgh, Outreach rep in Ulster County, bilingual outreach rep in Orange County, and a bilingual enrollment and retention specialist in Tarrytown. Go on website to apply. www.hudsonhealthplan.org
- Catholic Charities mentioned Food Day is on 10/21. There is an Immigration Meeting in northeast area on 10/23. There will be an immigration specialist from NYC discussing deferred action. There is monthly Circles Group for Latino women (support group) that focus on nutrition and stress reduction. Please call office for more details.
- RAPP is holding a legal seminar on 11/30 which is free to relative caregivers. There will be a few attorneys discussing topics on long term planning and guardianships. There will be youth activities also.
- Brian passed out a flyer with locations of the Coat Drive in November. Last year 6,000 coats were given out. If your organization is willing to store coats, please let Brian know. Jackie mentioned that Beacon is willing to help distribute coats.
- ARCS is hosting their annual Halloween Spooktacular fundraiser on 10/27 at Cunneen-Hacket Arts Center in Poughkeepsie. The cost is \$40 per person. On 11/3 is the Harvest of Hope Charity Ball in Rye. The cost for the fundraiser is \$150 per person. More information on website: www.arcs.org
- Nancy Case asked for any ideas on where people can go for fresh produce or financial assistance. Or alternative places to get produce. Dutchess Outreach has collaboration with Pok Farm Project where they get a large amount of fresh produce and frozen meat through regional food bank. Brian said that there was a huge increase during the summer since he has been there. Nancy also asked if there was a list of where can find turkeys for Thanksgiving dinner. An updated food pantry list is attached. Dutchess Outreach pantries are open every day from 8:30-11:30.
- There are Food Cards and NAC Brochures available to take. New changes to come.
- MyBenefit Cards are available also.
- Shayna mentioned the Action for Healthy Kids have some webinars that are available on school meals for parents and nurses.
<http://www.actionforhealthykids.org/upcoming-events/webinars/>
- Shayna passed out a hard copy of "F as in Fat". It was also emailed out to the committee.

Follow-up actions from last meeting

- Weight of the Nation Documentary: Viewing and discussion on November 29 at Farm and Home Center in Millbrook (2715 RT 44, Millbrook, NY, 12545). The thought to hold it in Millbrook is due to that fact that Millbrook is geographically centered in the county. Hudson River Health Plan, CCEDC and Department of Health will be tag teaming the discussion. A draft flyer was passed around. The time frame is 9:30-2:30; light breakfast and lunch is included. The target audience is agency workers or agency reps. The 4th film, Challenges, will be shown. This takes the place of a NAC meeting for November. If a committee member has anything to share before hand, Shayna will get it out as soon as possible.
- CCEDC had applied collectively for the Community Transition Grant. It was based on how your poverty, your demographics, and your goal were to help reduce health disparity. The response that we received was "approved but not funded." They did fund bigger organizations. They are reserving our proposal should more funds be available. They did provide feedback which was helpful. Christine mentioned that we are part of a regional sustainability project and submitting some project plans. Will keep you posted.

New Business

- The result from the Dutchess County Survey is posted on the county's website. Press release states that 2,200 residents responded, which is 7/10th of 1% of our county population. Out of total 72 program/services, the majority wanted 17 programs to increase taxes to support, and 55 programs to reduce. No programs that a majority of the residents said to eliminate the programs. 74% people responded that had an income of greater than \$50,000. Not a good representation of our low income families. Very small Spanish responded. From a research perspective not a very properly executed survey but a great way for people to engage in the process. One of the trends that the county is saying is that this is a time to increase taxes and decrease spending. The minority and the aging are underrepresented. There needs to be a better way in getting surveys out to the residents. The link to view the results: <http://www.co.dutchess.ny.us/CountyGov/Departments/CountyExecutive/22071.htm>
- Community Discussion: grants.gov is the federal website to find information on existing and new grants.
- Dutchess Outreach is in the running for the Walmart grant; backpack full of food for the weekend. Poughkeepsie was chosen to receive Walmart funding. There are 2 organizations in the running. It might be \$50,000 annually for 3 years. Brian will investigate further and will forward to Shayna.
- World Hunger Alert has put out a detailed guide to "best buy" and "expiration dates". In the past those dates were not looked at for emergency food banks.
- Edward mentioned that he would be very interested in collaborating with others to get community gardens going. With certain committee by-laws that need to be accomplished, we are available in March. Also some possibilities for CCEDC's educators come and do SNAP-ED nutrition education at a One-Time workshop.

- Education Topics: we had talked in the beginning of the year about offering different education topics. CACFP was one of the topics mentioned. We consider Weight of the Nation as an opportunity for an obesity discussion. Shayna raised the question if there were any certain topics that you are interested in or a committee member offering to educate on a topic. Jessica Pino from Hunger Solutions said that she will be in the area to discuss the new school guidelines.
- AI is now serving all Poughkeepsie School students free lunch!
- Beacon will be having a new Food Service Director.

Updates

- SNAP-ED: We are now able to utilize Census Tract data for low income areas. No matter what services a person is utilizing, as long as they live in a certain area, they will qualify for our program. The area looks like it will be north of the Arterial, within the city of Poughkeepsie limits, to the west of RT 9 of City of Pok; including the train station and Mahoney's. We are also now able to count all of our one-time educational opportunities. Last year we served about 1,000 people in a one-time setting.
- Farmers' Markets: 2 more weeks left. PFP is planning on having mobile market for next year.
- Amenia Market is moving indoors and open on Saturdays.

Next Meeting: November 29, 2012 in Millbrook
Weight of the Nation Documentary (viewing and discussion) 9:30-2:00
 (No December meeting)

2013 NAC Meeting Schedule

3rd Thursday of the month from 12:00-1:30 @ Family Partnership Center, 29 N. Hamilton, 12601

January 17, 2013	July 18, 2013
February 21, 2013	August 15, 2013
March 21, 2013	September 19, 2013
April 18, 2013	October 17, 2013
May 16, 2013	November 21, 2013
June 20, 2013	(No December meeting)

NAC is a committee of Dutchess County community and organization representatives brought together with support from Cornell Cooperative Extension Dutchess County, Eat Smart New York!, Cornell University, NYS Department of Health Eat Well Play Hard, and the County of Dutchess