School & Community Based Program

- Food and Nutrition
- Physical Activities
- Ongoing Sustainable Activities

Actions & Strategies

- Healthy Food Retail
- Food Standards
- Complete Streets

Also Working With

- Eat Smart New York
- Farm to Institution
- Farm to School
- Catskills Kitchen Food Business Incubator Program

Implementing sustainable plans, systems, and environmental change while addressing access to healthy, affordable foods and opportunities for physical activity in communities.

Cornell Cooperative Extension | Sullivan County

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Increasing approach to healthy, affordable schools by:

- Cultivating the community and leaders about zoning benefits which require that a percentage of foods sold by convenience stores and small retailers be healthy
- Expanding and sustaining mobile produce sales
- Building cooperative buying groups
- Initiating or enhancing food hubs

Increasing:

- Availability to healthy, affordable foods
- Retail surroundings selling healthy, affordable foods
- Number of healthy food and beverage written plans in communities
- Number of community organizations, municipalities, and worksites that have embraced healthy food standards

Increase endorsements and use food standards and appropriation practices.

These include a guide for sodium, saturated and trans fats, healthy beverages, and fiber.

Targeting:

- Municipalities
- Community Based Organizations
- Worksites

Providing assistance in redressing:

- Vending Machines
- Snack Bars
- Retail nutritional strategies
- Curb appearance
- Store fronts
- Other...

Complete Streets

Working towards a safe roadway for vehicles, pedestrians, cyclists, and individuals with disabilities.

Cultivating the community and leaders on benefits in approving and achieving Complete Streets:

- Approach
- Strategy
- Practices

Increasing access for physical activities.

This includes but are not limited to walking, bicycling, and rolling.