Creating Healthy Schools and Communities (CHSC) is a five-year (2015-2020) public health initiative to reduce major risk factors of obesity, diabetes, and other chronic diseases in 85 high-need school districts and associated communities statewide. The New York State Department of Health (NYSDOH) provides grant funding to local organizations and county health departments. The goal is to implement multi-component evidence-based policies, place-based strategies, and promising practices to increase demand for and access to healthy, affordable foods and opportunities for daily physical activity for all New Yorkers. The Obesity Prevention Center for Excellence (OPCE), led by JSI Research & Training Institute, Inc. (JSI) strengthens the CHSC Initiative’s collective impact by providing technical assistance, training, resources, and a network to collaborate.

### 1 INITIATIVE

Creating Healthy Schools and Communities

### 6 STRATEGIES

1. Revise, implement, and assess **local wellness policies** to improve the school environment.
2. Establish **Comprehensive School Physical Activity Programs (CSPAP)**.
3. Increase access to **healthy, affordable foods** and increase school districts’ ability to meet federal Healthy, Hunger-Free Kids Act of 2010 nutrition standards for foods sold outside of school meals.
4. Increase access to **healthy, affordable foods** in communities.
5. Increase adoption and use of **food standards and procurement policies that increase healthy foods** in community sites and settings.
6. Adopt and implement Complete Streets policies, plans, and practices to increase access to **opportunities to walk, bike, and roll**.

### 26 GRANTEES

- Chautauqua County Health Network, Inc.
- Cornell Cooperative Extension of Niagara
- Erie 1 Board of Cooperative Educational Services
- Finger Lakes Health Systems Agency
- Genesee-Livingston-Steuben-Wyoming BOCES
- Broome County Health Department
- Oneida-Herkimer-Madison BOCES
- Onondaga County Health Department
- St. Lawrence County Health Initiative, Inc.

With grant funding, JSI and its partners (Alliance for a Healthier Generation, PedNet, University of Rochester, and Sasaki Associates) support the 25 grantees and their partners in CHSC efforts.

Visit OPCE online at: www.nyopce.com
To find out what’s happening or to get involved, please contact:

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PARTICIPATING SCHOOLS & COMMUNITIES

• School Districts: Monticello, Fallsburg, Liberty

• Communities: Monticello, Fallsburg, Liberty, Mamakating, Thompson, Bethel, and Forestburgh