

Parenting Tweens & Teens Effectively

For Parents/Caregivers of Children of Pre-Teens and Teenagers

4-Week Series

This parenting series will explore changing family dynamics during adolescence and will teach skills to help adults enjoy these transitional years.

Topics include:

- Who is this stranger?
- Parent-teen relationships
- Talking about sensitive topics
- Keeping tweens safe
- Let's talk about Cyberbullying

4-Sessions, \$40 per family

Meets Wednesdays:

**February 28, March 7, 14 & 21
6:30 – 8:30 pm**

**Dr. Winchester-Vega & Associates
3250 US-9W
New Windsor, NY 12553**



*"I am going to use what I learned to set up a plan of action.
The plan will cover communication, technology and rules."*

– Parent and program participant in 2015

Parenting Tweens and Teens Effectively – Register online: cceorangecounty.org

Name _____

Mailing Address _____ County _____

City _____ State _____ Zip _____

Daytime Phone Number _____ Email _____

**To Pay by Credit Card, Register Online
or Call 845-344-1234**

MasterCard, Discover and Visa accepted

**4 Session Series • \$40 per family
Meets Wednesdays 6:30 – 8:30 PM**

Make checks payable to: Cornell Coop. Extension OC

Please indicate number in family attending: _____

YES / NO (Please circle one) Cornell Cooperative Extension is granted permission to use and/or publish my photograph or image (including audio, film, digital image or any other media) for educational programs, websites or promotion of Extension programs.

Register online or return form to: Cornell Cooperative Extension Orange County, 18 Seward Ave., Ste. 300, Middletown, NY 10940-1919, Attn: Parenting Tweens & Teens 2018



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**Cornell Cooperative Extension
Orange County**

www.cceorangecounty.org

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